

If this is something you might be interested in please contact

Our **Living With and Beyond Cancer** Team

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working with

**MACMILLAN
CANCER SUPPORT**

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Living with and beyond cancer

Are you living with a diagnosis of cancer?

Help and support for people aged 50 and over



It's a cause for celebration

that more people than ever are surviving after a cancer diagnosis but we know the impact of cancer doesn't suddenly stop during treatment and when treatment is over.

We believe everyone diagnosed with cancer should lead as healthy and active a life as possible.

If you have a cancer diagnosis a member of our **Living With and Beyond Cancer** team can visit you in your home or community setting and offer practical person centred holistic support to help you feel more in control of your health and wellbeing.

Age UK County Durham is working with the NHS Northern Cancer Alliance to help improve the experience of people living with and beyond cancer and is supporting the delivery of the Macmillan Recovery Package.



Ways we can help

We can help you to complete a Holistic Needs Assessment questionnaire and access a wide range of support and information:

Lifestyle choices
Mental Health
Physical Health

Social Support
Finances
Practical Help

This means

- Getting your support in a way and place that works for you
- Tailored support packages for you and those close to you
- Support to manage your recovery yourself