



Dementia Day Opportunities (DDO)

About DDO

Age UK Coventry and Warwickshire's Dementia Day Opportunities provide a sociable atmosphere where engaging, fun activities alongside periods of quiet time, are tailored to meet the needs and preferences of each person.

These include:

- Arts and crafts
- Interesting and interactive activities
- Socialising and conversation
- Reminiscence therapy
- Games
- Physical Activity

Choice and Independence

We aim to encourage choice, independence, and improvement in quality of life. At our centres we provide a safe, caring and secure environment - a "home from home" with the added opportunity to form new friendships and enjoy the company of other local people.

Hot meals and refreshments available.

We have a team of committed, experienced staff that are professionally trained and benefit from regular development opportunities and skills.

in 2024/2025:

159

people attended dementia services which encourage choice, independent thinking and providing respite for carers.

DID YOU KNOW?

we also offer a standalone dementia service named Maintenance Cognitive Stimulation Therapy (MCST).



Who can attend?

Anyone who

- Lives in Warwickshire.
- Has a diagnosis of dementia.
- Is able to join in activities and interact with group members.
- Is able to move safely around building-based support.

New referrals are assessed to ensure support is tailored to individual needs.

Please note this service does not provide personal care.

Where and when do groups meet?

We provide a range of dementia support services for individuals with dementia and their carers with centres in:

- North Warwickshire
- Nuneaton
- Rugby
- South Warwickshire

Our Day Opportunities run from 9.00am - 3.00pm.

Warwickshire County Council funded clients are able to access transport.



Contact Us



Email & telephone on
the back page



For further information on our Dementia
Day Opportunities including pricing:



Rugby / North Warwickshire Team Lead:

Tel: **07967 315 294**

E: **Rugby.DayOps@ageukcovwarks.org.uk**
Atherstone.DayOps@ageukcovwarks.org.uk

South Warwickshire Team Lead:

Tel: **07780 684 383**

E: **Warwick.DayOps@ageukcovwarks.org.uk**

Nuneaton Team Lead:

Tel: **07881 812941**

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For any other needs or concerns:

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