



Our Services

In Coventry and Warwickshire

About us:

At Age UK Coventry and Warwickshire, we believe in a society where everyone can thrive as they age. We support older people to improve their wellbeing, maintain independence and stay socially connected through services that make a positive difference.

Information and Advice

We offer a free, confidential and quality-accredited information and advice service for local people aged 50+, their families and carers.

Our experienced and friendly team can help with a wide range of issues affecting older people. If we are unable to help you directly, we will signpost you to someone who can.

Counselling

Our free Counselling service supports individuals aged 50+ who may be experiencing a range of emotional and psychological difficulties, helping them to make positive changes to enhance their overall wellbeing.

In 2025/2026, we identified:

£2.2 Million

in benefits for older people



In 2025/2026, our services were used on:

78,507

separate occasions



Dementia Day Opportunities (DDO)

Our Dementia Day Opportunities is delivered across Warwickshire for anyone living with mild to moderate dementia or memory problems. The service provides a sociable atmosphere and engaging activities tailored to the needs of each person.

Memory Connections

Maintenance Cognitive Stimulation Therapy is an evidence-based treatment recommended by the National Institute for Clinical Excellence (NICE) for people experiencing mild to moderate dementia or memory problems.

Financial Support Services

The service provides practical support to adults who need help managing their financial affairs. The support provided is tailored to the individuals needs, helping them to make informed financial decisions, maintain their independence and improve their overall financial wellbeing.

Home Support

Home Support provides a reliable, friendly service, offering practical support around the home to help people aged 50+ continue to enjoy living independently.

In 2025/2026, we provided:

30,054

hours of support in the home and garden



Social Groups & Activities

We provide a variety of social activities across Coventry and Warwickshire, helping people stay connected, active and engaged within their local communities.



Befriending

Our Befriending service helps to alleviate loneliness and isolation for people aged 50+ by providing friendly, regular companionship and support.

Community Outreach

The Community Outreach team works across Coventry and aims to improve the quality of life for people aged 18+ with a long-term condition or dementia.



Visit our website to find out more at
ageuk.org.uk/coventryandwarwickshire/



Get in touch:

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Support us:

- Please shop with us and donate your unwanted but saleable items to our High Street and Reuse Shops.
- Become a volunteer. Without the time and skills that our volunteers offer, we would be unable to deliver our services.
- Support our work with a one-off or regular donation.

