

Befriender

Make a difference by providing company and conversation to an older person in Croydon.

Our Befriending service supports older adults by alleviating loneliness and isolation, supporting independence, and increasing self-confidence, by making weekly or fortnightly visits to a client living in the borough of Croydon.

What is we ask of you:

- To provide companionship to a Client in their home for 1 hour per week, or a weekly 30 minute phone call.
- To give weekly updates of visits to the Befriending Coordinator.
- Willingness to adhere to Age UK Croydon's policies and procedures.

- **What you will gain:**

- The opportunity to make a positive difference to someone's week
- Training, and regular support and supervision
- Travel expenses where applicable
- The opportunity to take part in our Volunteering Programme events