Eight-O by Betty Harris

Now you have reached The tender age Of 79+1 Don't look to the past With any regrets For there will be Lots more fun

You are only beginning Your second childhood days So look to yourself And make sure you are fit In so very, many ways

Which is why I've made These stress balls To keep your fingers supple Use them daily, I'm sure you will find They're a very useful couple

They'll help your stress And help your hands Without you even noticing However, if there's a problem, Just pick up the phone and ring





Children Seings back se This word brings back se Involved and early days of teach, small, sound a of teach, misterious The feel of the sur-file The magic of snow on the The magic of snow on the Sen the Frost on the wor

Times Full of Easts call. Through the latter main is when I revisit a cert I's even better than with Menories are different. For each and everyone, Depending on yout child. Perhaps not all were fu

Is I grow even block Second childhood days I'm lucky when I real We still have lots of a Of filling life up to th with good memories t Allong with all the oth We had in mind before

It is knowing which Brings back the soun So open up the door And enjoy for them r Each moment passes But con't be re-enac So make the most o And share what you

a look to yourself ni make sure you are fit n so very, ming ways Nich is why I've make Pase stress balls a keep your Angers Supple So them daily, in sure your will find to them daily.

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