



Dacorum's local charity for
older people and their carers

**Are you an unpaid carer
supporting a relative or friend?**

Let us care for YOU?

Come and meet other carers, have fun,
share stories, listen to speakers.

CARERS' GROUP

**Every other Monday
1-3 p.m.**

All carers welcome

William Crook House, Green End Lane,
Hemel Hempstead, HP1 2BH

Phone Jo on 01442 221008
carersassist@ageukdacorum.org.uk

Kind, friendly volunteers always needed.