

Senior Souper Club



Dacorum's local charity for older people and their carers



Our Senior Souper Club is a healthy eating lunch club, which is available to all older people living in Dacorum.

Our aim is to share ideas for nutritionally rich meals that are easy to make and affordable, whilst also enjoying a relaxing lunch.

- Fresh and nutritious home-made soup lunch enjoyed in a social setting
- Seasonal, locally sourced ingredients
- Recipes shared, with occasional cookery demonstrations
- Monthly, on the first Thursday, between midday - 2pm.
- At the Quaker Meeting House, 293 High Street, Berkhamsted, HP4 1AJ
- Booking essential, please contact us to reserve your space



For further information, please contact:

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