

Basic Aromatherapy Skills for Carers

You are invited to a **FREE** course to explore the value of aromatherapy oils for people with Dementia. First Taste are delivering a pilot course aimed at carers of people with dementia to learn about the effects of essential oils and try for themselves.

The course will be in two parts

Day 1 – July 13th at 10.15am until 12.30 pm

Day 2 - July 27th at 10.15am until 12.30 pm

You will need to attend both days and will be expected to try the techniques learnt in between the sessions.
(it does not involve massage)

YOU WILL BE SUPPLIED WITH OILS FREE OF CHARGE,

The course will be held at the
Medway Centre Bakewell New Street Bakewell Derbyshire DE45 1DY
PARKING AT THE MEDWAY CENTRE is restricted so please use public car parks.

Please don't miss this exciting opportunity.



To book a place or for more information on course content or other enquiries contact Cecilia Harris

tel 01629 760127

or email cececececelia@aol.com

Or speak to Mary Ward at Bakewell Day services.