

FREE
Please take one

Winter 2021/22

EngAGE

We will remember them

Befriending



Careline

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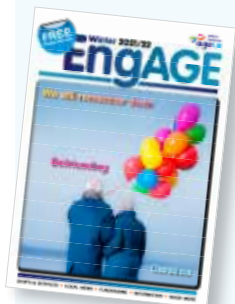
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from the Editor

Welcome to the Winter edition of our EngAGE magazine.



I hope that you had a good Christmas and a safe start to the New Year. As always, there is lots to share about what has been going on.

We start with a lovely story about a generous florist who has donated flowers to make isolated people smile, which is a lovely gesture.

We also share a story of 106-year-old Donald whose dreams are coming true thanks to the Care Home where he lives.

For Remembrance Day, Gatepost Theatre Company put on a packed show in Chaddesden which included lots of singing and some poems.

Our shops also did some lovely windows for Remembrance. It is the end of an era for two of our shops that closed their doors for the last time, but we are grateful to all those who supported them over the years.

As the temperature gets cold and heating bills are rising, there is some information about where to get help when you are struggling with concerns about heating.

If you shop on Amazon, there is a way that you can generate donations for us every time you shop on the site.

Finally, our Careline telephone befriending service is looking for more volunteers to make regular phone calls to older people in Erewash who may feel isolated.

Thank you for reading our magazine and for all of your support. Please do get in touch if we can help with further information.

Stay safe.

Phil

Phil Brown Editor

Befriending

Age UK Derby and Derbyshire were contacted by Sophie, a local High Peak horticulturalist who grows cut flowers for a living – at Chatsworth House and also in a personal capacity. She was interested in donating a large portion of her personal cut flower crop this year, to people in the community who may be experiencing isolation or loneliness, or just in need of a floral pick me up.

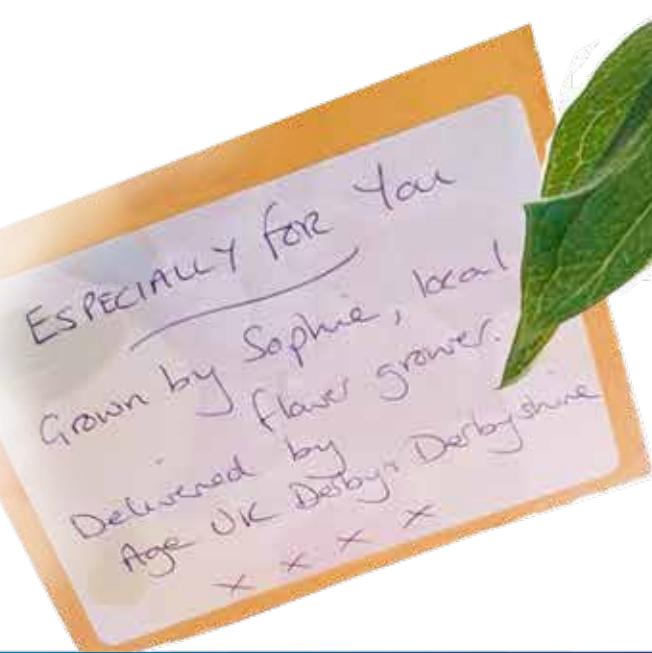
Sophie wondered if **Age UK Derby and Derbyshire** (AUKDD) would like to partner with her in some capacity, in order to identify members of the community that may benefit from this. The Befriending service run by AUKDD jumped at the chance seeing as it is based in the High Peak and North Derbyshire Dales, therefore local to Sophie. The aim of the service is to reduce loneliness and isolation and so was a perfect link with Sophie.

Throughout the year Sophie has provided several bouquets of seasonal flowers that have been full of colour and scent which have included roses, sweet peas, stocks, snapdragons amongst others, and lots of beautiful foliage to complement the flowers.

We have shared the bouquets out amongst our Befriending service users and it has been a real treat to see the joy on people's faces when presented with the flowers. We've also shared the pleasure of making the deliveries with some of our volunteer befrienders who very kindly offered to help with that.

We are extremely grateful to Sophie for getting in touch with us and for her generosity; it is such a kind and caring thing to do and has brought a lot of joy to a lot of people. So on behalf of AUKDD, the Befriending Service, its volunteers and service users.

Thank you Sophie!





Call for volunteers

If you like the sound of being a Befriender and would like to find out more about volunteering with us, please contact the **Befriending Service** on **01433 620263** or at **befriending@ageukdd.org.uk**

Heating

Concerns and Advice



Rising gas and electricity bills

Older people on low incomes (in particular) will be adversely affected by the current crisis in the energy sector. With the increase in the energy price cap, consumers are facing average increases in their annual gas and electric bills of £139. This could lead to older people cutting back on their heating, which is dangerous as older people are more vulnerable to the impacts of living in a cold home during the winter months.

Worried about your energy bills?

Rising fuel bills are a big concern for many people right now, but there is support available. Before you turn your heating down or off altogether, please call Age UK Derby and Derbyshire or Age UK National's Advice Line to check if you are receiving all the financial help you're eligible for. Lots of people don't realise they're entitled to extra money, which can really help with bills.

Information guides

National Age UK have produced copies of the 'Winter Wrapped Up' guide and other supporting winter materials. This guide gives lots of tips and advice about keeping yourself and your home warm in the winter.

The following guides have also been updated and subject to stock are now available:

- **Save energy, pay less**
- **Wills and estate planning**
- **Your mind matters**
- **Staying safe**

They, and many more, are all available to download from the Age UK website <https://www.ageuk.org.uk/services/information-advice/guides-and-factsheets/> or you can call our **Information and Advice team** for a copy on **01773 768240**.

How to find out more:

There is information on the Information and Advice pages of the Age UK national website about the changes to energy prices and the options available to older people

<https://www.ageuk.org.uk/information-advice/money-legal/debt-savings/energy/changes-to-energy-prices/>

David Southgate from the Age UK has written an article about the causes of the current energy crisis, and the Government's options for supporting older people to stay warm and well this winter. Here is the link - <https://www.ageuk.org.uk/discover/2021/september/explaining-the-energy-crisis-and-what-can-be-done-about-it/>

The Information and Advice Team at **Age UK Derby and Derbyshire** are able to give you information over the phone, to help with age related matters, which includes benefits checks.

Please call **01773 768240** and select option **1**. You will be able to leave your details and one of the advisors will call you back.

The national Age UK Advice Line is 0800 678 1602. They're open 8am to 7pm every day of the year.



REDUCE THE RISK THIS

Get vaccinated

There are vaccinations available for both the coronavirus and flu. Everyone aged 18 and over is eligible for a coronavirus vaccine. If you haven't booked yours already, it's a good idea to do so – it's the best way to protect yourself and those around you from coronavirus. All approved vaccines have been assessed to ensure that they're safe.

It doesn't matter if you've turned down the vaccine before – it's not too late to change your mind.

WINTER


If you've had your first, but haven't already booked your second dose of the COVID-19 vaccine, or your booster, it's important to do so.

Flu vaccines are also available, in many cases these are free, you can book to have your vaccine with your GP practice or community pharmacy.


Keep good infection prevention and control measures in place

- flu spreads in a similar way to Covid-19. The measures in place for Covid-19 such as ventilation, hand hygiene, social distancing, PPE, cleaning and avoiding symptomatic individuals entering the setting will all help to reduce the risks from flu.

Know the symptoms



**Fever of
37.8 °C
or above**



New onset or acute worsening of one or more of these symptoms.

- cough
- hoarseness
- runny nose or congestion
- shortness of breath
- sore throat
- wheezing
- sneezing
- chest pain



Sudden decline in physical or mental ability



To advertise in the next issue of this publication, please contact

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Amazon Smile

If you shop online at Amazon, using **Amazon Smile** instead means that Amazon will donate a percentage of your purchase value for free to **Age UK Derby and Derbyshire**. Here's the details:

What is AmazonSmile?

AmazonSmile is a website operated by Amazon that lets customers enjoy the same wide selection of products, low prices, and convenient shopping features as on amazon.co.uk. The difference is that when customers shop through the URL smile.amazon.co.uk, **Amazon Smile** will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the charitable organisations selected by customers.

How does AmazonSmile work?

When first visiting smile.amazon.co.uk, you will be prompted to select a charitable organisation. Amazon will give 0.5% of the net purchase price (excluding VAT and other shipping fees) of eligible AmazonSmile purchases to the charitable organisations selected. Only purchases made through smile.amazon.co.uk are eligible to generate donations.

Is there any cost to charitable organisations or to Amazon customers?

No. There is no cost to charitable organisations or to Amazon customers. The shopping experience is identical to amazon.co.uk with the added benefit that Amazon will donate to the charitable organisations selected by customers.

Does Amazon charge any administrative fees or take any deduction from the donation amount?

No. Charities must enrol to receive donations and have a valid bank account to which they receive donations, but there is no charge to participate and no fees are deducted from the donation amount.

How do I get AmazonSmile?

If you already have an Amazon account, you can begin shopping instantly. All you need to do to get started is to visit smile.amazon.co.uk.

- Log in to your Amazon account
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- Select '**Age UK Derby and Derbyshire**
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WE WILL



REMEMBER



THEM



We will remember them' was a bespoke show written especially for Age UK Derby and Derbyshire by Jude Cliffman from Gatepost Theatre Company. Gatepost have worked with Age UK Derby and Derbyshire in Chaddesden Park for four years.

The Remembrance Show reflected on the conflicts of WW1 and WW2 and acknowledged current and recent conflicts around the world.

All the songs of the times were incorporated into the show and a sea of flags could be seen waving during the show, along with lots of singing. It was lovely to see

the huge turnout. Our friends from Memory Lane, Darley Dale came along too for the afternoon.

Originally the cast had put together the show to commemorate the 75th anniversary of VE Day in 2020, but this was cancelled along with other events due to Covid. The decision then came this year, to adapt the VE Day show and Remembrance Day in November.

We could not have put on this show without the fabulous cast of Gatepost Theatre Company. Huge thanks to the Jubilee Club in Chaddesden who have been an amazing support with the show, without their large venue we could not have accommodated the

many people that attended. Also, we want to thank them for their kind donation earlier in the year for £500 towards the running of the Chaddesden Park Community Centre. Thanks to Robin and Sharon from The Chaddesden Traders Association who helped with their sound equipment; to Councillor Rob Cooper for support with local information and doing a reading of the poem '**In Flanders Field**'.

Finally, we must not forget the support of the regular volunteers at Chaddesden Park that are always on hand to help not with just lunches but any event associated with the centre.

Thank you!

HEALTH AT EVERY AGE AWARD
FINALIST

AWARD NOMINATION



Our Strictly No Falling team attended the RSPH Awards Ceremony on 21st October at the East Wintergarden, in London, as one of the finalists in the 'Health at Age' category. It is because of all the hard work and dedication of the class instructors that we were nominated, a huge thank you to you all, well done!

We didn't win but it was an incredible achievement from the whole team and worthy recognition of such hard work and commitment from the whole team of staff and instructors.

Age UK Derby and Derbyshire submitted a bid for the Royal Society for Public Health awards for the 'Health at Every Age' category. The bid was for the work our Strictly No Falling team undertook during the pandemic. Between March 2020 and March 2021 Strictly No Falling instructors made over 40,000 contacts with older people across the county, our team broadcast Chair Based Exercise classes on Radio Derby and Erewash sound and at one point instructors were even conducting (socially distanced) CBE sessions in cul-de-sacs with participants joining in at the end of their drives! Over 80% of group participants reported being more physically active during the pandemic than before as a result of the weekly contact with instructors.

Physical strength and balance are crucial in preventing falls and the life-changing injuries they cause and the fear of falling which debilitates so many older people. During the pandemic we also supported people's emotional strength and balance by helping them keep motivated in their exercise and by providing much needed social contact. Our work and the instructor's dedication to their classes helped many older people stay active and return to face to face classes as restrictions eased. Their regular mentoring calls meant they were physically and mentally ready to get out and about again.

All of the instructors were invited to a meal at the Gate Inn in Tansley as a thank you for their hard work, and to celebrate us getting into the top 3 in the Health at Every Age category. The contribution of instructors and our older people in the classes, and working hard during the pandemic helped us get to the finals.

For more information about our **Strictly No Falling** service, please visit

www.ageuk.org.uk/derbyandderbyshire/falls

or call **01773 766922**

DREAMS CAN COME

After 106 years, decorated veteran Donald has completed his bucket list and it's all thanks to Naomi Allsop, Activities Coordinator at Canal Vue Care Home where Donald now lives.

For someone with a passion for mechanical engineering, Donald has driven lorries, vans, cars, motorbikes and even tanks, but he still hankered after the experience of riding in a fire engine and flying a plane. For a man who has achieved many things in his life it was a surprise for Naomi to learn he had always wanted to ride in a fire engine and fly a plane.

In wanting to make dreams come true for Donald, Naomi appealed to the fire and rescue services around Nottingham and Derbyshire but had no luck. Thinking it was the end of the road for the idea, a casual discussion with Mrs Wheatley, teacher at Chaucer school, reignited the idea as she immediately contacted Tanya Prime Presenter at Erewash Sound.

The radio station put out an appeal and this is when Derbyshire Fire and Rescue made contact.

They worked with Dean, a fireman at Derbyshire Fire and Rescue, who put together a big fire display and fire service presentation in which the station came out to applaud Donald. Donald's dreams then came true with a front seat ride in a fire engine from Ripley Fire Station to Canal Vue Care Home and back to the station.

Next on Donald's bucket list was to pilot a plane. Naomi says: "Donald told me a story about him and his friend in the war. Donald wanted to fly his friend's plane but his friend refused. After that Donald has always wanted to fly a plane.



TRUE - AT 106

"With Donald being 106 years young I didn't want to risk his health by putting him in a plane therefore I thought something much more suitable would be a flight simulator."

Naomi approached Airavana Flight Simulators in Shirebrook, Grantham, and received an immediate response from the company only too happy to make Donald's dreams come true. Donald said: "I never thought this could even happen to me. Never in a million years."

Lastly, Donald loves motorbikes, his passion in life was riding and doing up motorbikes, his favourite motorbike was the spitfire! Naomi wanted to do something for VE day that would bring joy to Donald rather than sadness of the memories of war. She got in touch with a local motorbike enthusiasts club, The Classic Motorbike Club, who were eager to come down to the Care Home and show Donald their bikes.

Naomi Allsop, says: "Donald doesn't think he's special, he doesn't think he's a hero. He

thinks he's nothing but ordinary. He is such an inspiration to me, which is why I wanted to do something special for him. "I just think he's amazing, as are all veterans, everything they've done for us, is amazing. Making Donald's dreams come true is just a small thing but it means a lot to me to have done this for Donald.

"I would like to say thank you to Fireman Dean, Tanya and Erwash Sound, Kerry Weatley from Chaucer School, Airavana Flight Simulators and The Classic Motorbike Club Derbyshire for helping me make Donald Rose's dreams come true."



Thank you to Chew PR and Canal Vue Care Home for supplying the information and photographs for this article. For further information please contact Colette Lowe at Chew PR on 07946 508607/01924 658007 colette@chewpr.com

DONALD COMPLETES HIS BUCKET LIST

Remembrance Day shop windows



Alferton



Duffield



Bakewell



Heanor

2021  Thank you to all of our shop staff and volunteers who worked so hard to make sure the Remembrance Day windows looked so elegant and poignant.

For individual shop updates and window displays over the coming months, check out the shop Facebook pages or webpages.

To find out more about our shop locations or for information about volunteering, please call **01773 766922** or visit:

www.ageuk.org.uk/derbyandderbyshire/shops

Matlock



Wirksworth

Chaddesden Park Centre

Our lunch club is very busy and we have the support of the Derby Food for Thought Alliance who help out with surplus food from our friends at Costco. Our great team of volunteers create a lovely home cooked meal on site and much appreciated by those that attend.

Many thanks to the WGB Foundation in Chaddesden for their donation towards the Christmas meals at the centre.

The centre also received a grant from the local Crime Commissioner funding to help with security, so new CCTV will be installed at the centre very soon. Thanks for the help and support of Community Action Derby.

Flash mob local CO-OPs Nottingham road, Chaddesden and Oakwood Store

Our Monday morning tea dancers like to get out and about so we helped out with a fundraising event providing a surprise flash mob. Our tea dancers went out in force and proceeded with a square tango and a slow fox trot down the shopping aisles. This brought some smiles to Monday morning shopping in store. Thanks to Tony Waldron for taking the group on Monday mornings.

Thank you!

CO-OP Community Fund –

Chaddesden Park has been chosen as the Co-op's local good cause for 2021/22. Please see in store for details and how to support their charities this year. Thanks to Claire, Craig and Simon at our local Oakwood and Nottingham Road stores for their support.



For more information about the Chaddesden Park Centre, please call Di on **01332 674562**.

Fundraising

With restrictions being lifted we were glad to be back fundraising, trying to organise as many events that we can, having lost so many months during lockdown.

Long Eaton Carnival was a fantastic day finally taking place in September. Our charity was lucky enough to have the opportunity to coordinate the parking for the day which contributed massively towards our fundraising total. Thank you to all our wonderful volunteers that were able to help. We also had a pre-loved bag stall full of a variety of handbags and purses. Our "special thanks" must go to Tammy who kindly donated £160 in memory of her mother Julie Parker, who for 20 years was a volunteer with Help the Aged!!

This is a fabulous event each year that we are honoured to be a part of.

Our **Family Fun Day at Trent College** returned in September and this year we managed to grow the event significantly, with handmade gift stalls, and wonderful activities to keep the children occupied with a bouncy castle, nature trail, beat the goalie, hook a bag, and the famous name the teddy and dance performances, to name but a few. Inside the hall we offered cream tea's and cakes which went down a treat! We must say a big thank you to our sponsors' Booker Cash & Carry and Costco wholesalers for kindly donating catering supplies.

Other treats were also donated by Birds Bakery, Paisley Pig Bakery, Asda at Long Eaton and Spondon. Worksop Grill served up a fantastic BBQ kindly donating a percentage of their sales to the charity! Again, thank you to each and every volunteer, stall holder and all of you for making the day a huge success. We do hope we will see you all next year.

Special thanks to the Mayor for attending, Derbyshire Fire & Rescue Service, Long Eaton, who delighted both young and old; and to the paramedics who travelled all the way from Wales to be with us and last but not least, Trent College for allowing us to use this beautiful venue.



Our knitters for 'Ann and Arthur's Big Knit' this October have been busy making hats, scarves and gloves for this year's theme. On 1st October we celebrated International Older Person's Day at English Martyrs Church Hall in Alvaston. Some of our knitters joined us for tea and cake and we had people pop in to purchase some of the lovely items.

Big thank you to all our knitters, we are very grateful!

Our runners took part in the **Derby 10k** on 17th October and we are so pleased they chose to join our friendly team, you were all fantastic! If you are an avid runner and would like to get involved in future events then please get in touch with us as we would love to hear from you!

In September we accepted an invitation to speak to year 2 pupils at **St Joseph's Catholic School in Derby**. The children were delightful and they will be supporting us throughout this academic year with various fundraising activities. Really looking forward to working with them.

We also attended **Queen Elizabeth's Grammar School's student fair** for their sixth form students. It was great to meet their bright and talented students and discussed possible 'work experience' volunteering opportunities within our organisation.

Our **coffee mornings** are back in full swing with the members being very pleased to be out again. If you would like to come along to one of our sessions either to have a coffee or perhaps share your talents and provide entertainment then please get in touch with us as we like to keep the mornings fun and varied. Special thank you to Fred from the Police Neighbourhood Support Team that comes along regularly to speak with the members and generally support the group.

The **winter raffle** was drawn on the 14th December, thank you to everyone that purchased tickets, and congratulations to all the winners. Once again, we would like to thank Linar in Denby for buying raffle tickets for each member of their staff. We couldn't have done it without these wonderful companies for kindly donating a prize: Team Works Karting, Haddon Hall, Cosy Club, The Orangery, Hoop and Bloom, Best Western Yew Lodge, Jumping Clay and The Merlin.

Throughout next year we will be adding to our fundraising events. We are always looking for volunteers to help at our events so if you would like to support in anyway then please do get in touch with us via the details below:

**Email: fundraisingteam@ageukdd.org.uk
01773 766922**

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SHOP CLOSURES

It is with sadness that unfortunately we have made the decision to close both the Mickleover and Matlock Bath shops.

The Mickleover shop has been going for 20 years, with Jennie Butler as manager for the last 9 of those. The shop has been a big part of the community in Mickleover with lots of regular customers, but unfortunately with rising running costs, it was no longer feasible to keep it open. Thank you to Jennie for all the lovely window displays over the years and for her years of service along with her volunteers.

The shop will be missed by all and we thank everyone for their support.

The Love Me Again shop in Matlock Bath always offered a warm welcome and good bargains but faced a series of unprecedented events including the Derbyshire flooding, big events being cancelled and then Covid restrictions. Thank you to Angie Lane who set up and managed the shop at the start and also the hard work of subsequent managers.

Volunteers are a key part of all of our shops and without the volunteers, we would not be able to keep them open. So, here's a big thank you to all the volunteers in both shops, who over the years have been loyal and dedicated and made a huge difference.

Finally, thank you to all the customers who have supported both shops. Littleover shop is now the nearest to Mickleover; and for Matlock Bath it is Matlock or Wirksworth.



For details of all of our shops or to find out how to volunteer, please visit www.ageuk.org.uk/derbyandderbyshire/shops or call **01773 766922**

Careline

“ We talk about loneliness in society. This is such a rewarding way to offer support ” Martin, Careline volunteer.

Each week, 45 isolated older people in the Erewash area have their day brightened by a call from a Careline volunteer. Careline is a telephone friendship service, and our team of 9 volunteers make between 4 and 12 calls each on their regular Careline day. It's not a one-to-one befriending relationship, as volunteers call several people, and some service users receive a call from more than one volunteer during the week.

Before Covid-19, volunteers would come into the Derby office to make their calls, but when lockdown forced the closure of the office, volunteers began to make their calls from home. Since then, we have welcomed 5 new volunteers and the flexibility to make calls from home has no doubt helped to attract them. Two of the team combine volunteering on Careline with paid employment with AUKDD.

This is what a some of our current volunteers have to say about their Careline role:

“ My weekly calls have become a vital part of my own mental wellbeing. ”

“ It's good to be able to help combat loneliness in older people in some way and feel

appreciated when our clients say they look forward to our calls. ”

“ I know I am really helping to keep elderly, often housebound, people in touch with the world - a friendly chat each week helps to give them other things to think about - they have so many personal difficulties. ”

As you can imagine, the service is in high demand and we would welcome a couple of new volunteers to the team. If you are a good listener, have a genuine interest in older people and have an hour or two to spare on the same day each week, we'd love to hear from you. It doesn't matter where you live as you can call from home. The cost of phone calls can be reimbursed – we are extremely grateful that currently, our volunteers do not ask for reimbursement, but this is not an expectation!

If you're interested and would like an informal chat about volunteering with Careline, please call **Heanor office** on **01773 766922** and leave a message for Cathy Lomax or email: **cathy.lomax@ageukdd.org.uk**



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Whether you're making memories with those most special to you or laughing over a glass of sherry in the Owner's Lounge, a new Churchill apartment gives you the time to enjoy your retirement. With fewer maintenance worries and new friendships to discover, our apartments are designed with you in mind. You'll have more time on your hands to enjoy the little things in life that mean the most.

Why not pop in anytime during December for sherry and mince pies. Our door is always open so when it's cold outside, it's warm in here.



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	DAYS	LOCAL JOINING FROM	DOOR-TO-DOOR FROM	SINGLE ROOM SUPP
Fri 15 April 2022	3	£229	N/A	£50

Harrogate & Holmfirth in Springtime



London with *Optional View from The Shard Champagne Experience



	DAYS	LOCAL JOINING FROM	DOOR-TO-DOOR FROM	SINGLE ROOM SUPP
Fri 25 March 2022	3	£235	N/A	£60

	DAYS	LOCAL JOINING FROM	DOOR-TO-DOOR FROM	SINGLE ROOM SUPP
Sat 2 April 2022	1	*£66	N/A	N/A

Spring in Bloom Featuring Evesham Blossom Trail



	DAYS	LOCAL JOINING FROM	DOOR-TO-DOOR FROM	SINGLE ROOM SUPP
Mon 25 April 2022	5	£329	£344	£99

TO BOOK CALL: 0115 9770 080 | VISIT: WWW.SKILLS.CO.UK

VIEW OUR FULL RANGE OF HOLIDAYS AT WWW.SKILLS.CO.UK Prices are subject to availability and are correct at the time of print. Full terms and conditions apply please visit www.skills.co.uk/terms-and-conditions.



Coxbench Hall Residential Home

Are you worried that your parents are going to fall, break their hip and be left in agony for hours before anyone knows?

The Home is specifically designed to aid those who have limb weakness. We have specialist Physiotherapists and qualified Falls Prevention Instructors providing classes twice a week. Along with a call button right by their side to summon help whenever they may need it.

Imagine how great you'll feel knowing they are finally safe, secure and happy with our online portal that you can log into 24/7 anywhere in the world to see how they are.



Contact us: 01332 880200

office@coxbench-hall.co.uk

Alfretton Road, Derby, Derbyshire, DE21 5BB



As seen on the



LET'S GET YOU ONLINE!

AT NORMANTON LIBRARY

Whether it's ordering groceries for home delivery, booking a GP appointment, or talking to family and friends, these days it seems we all need to be online. If you're wondering where to start, Derby Libraries is here to help you!

Our free, friendly, expert support will help get you online. We will get you familiar with using a keyboard and mouse and help you set up your email account. Discover the Internet, with us on hand to guide you. Learn at your own pace in a relaxed and welcoming environment. There is even a follow-on package for you to explore; get savvy with online banking, online shopping or keeping safe online!

Best of all, once you're online you can choose and renew your library books from home. Or how about an eBook, eMagazine or eNewspaper? There are thousands of titles you can read without ever leaving the kitchen table! Oh, and did we mention? All this is absolutely free of charge!



INTERNET TASTER SESSIONS - Every Thursday 2pm - 3.30pm

Phone Normanton Library on 01332 642640 to book your first session.

Normanton Library, St Augustine's Community Centre, Almond St, Derby DE23 6LX

Derbyshire Dementia Support Service

Worried about your memory?

Received a dementia diagnosis and wondering 'what now'?

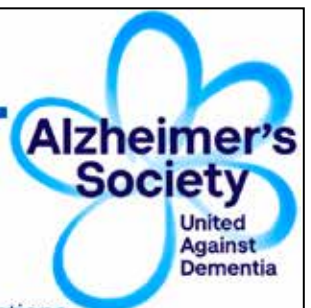
Contact the Derbyshire Dementia Support Service to find the answers to these questions and any others you may have concerning memory loss and dementia. As part of the Alzheimer's Society, our service will support you through information provision and signposting regardless of whether or not you have a diagnosis of dementia. From non-dementias, such as Mild Cognitive Impairment, to any of the 100+ different types of diagnosable dementias, the Alzheimer's Society focuses on the individual, not the diagnosis, by understanding what is important to them and assessing their holistic needs.

From information about carer support to available financial benefits, legal information to questions about general living, involvement with professional and social groups - we have support workers in each area of Derbyshire to help. To find out which groups are currently up and running, to ask a question or to reach out for help, please feel free to contact us on:

Tel: 01332 208 845

Email: derbyshire@alzheimers.org.uk

or visit: **www.dementiaderbyshire.org.uk**



Canal Vue

Residential Home with Dementia Care

Canal Vue, Awsworth Road, Ilkeston, Derbys DE7 8JF

- Open for admissions, visitors allowed, staff and residents are vaccinated.
- Care Services; Residential, Dementia, Respite, Convalescence.
- Our spacious en-suite rooms are tastefully decorated and furnished.
- Fully qualified staff, with 24 hour care & specialist call systems.
- The comfortable welcoming lounges overlook fabulous canal side views.
- We host regular visits from local GP's, chiropodist, optician, dentist, physiotherapist, hairdresser and religious ministers.
- Our meals are home cooked and we cater for special diets
- Regularly organised activities, pastimes and pursuits with local community links. Recent 'wish list' achieved for resident Donald, as seen in the local media.
- Our priorities are quality care and comfort for all residents.

We are open for new residents
Please phone;
07399 289956
or contact the home manager



"The staff at Canal Vue are always wonderful with Mum, so friendly and willing to help, especially during the Covid situation, where they have always made sure that she is safe and happy. Zoom chats with me, have been brilliant & it's lovely being able to see her smiling and looking so well: little things like having her hair brushed especially for the chat, help her maintain her dignity. Her room is always clean and tidy and there lots of activities for her to take part in. All in all, I'm so pleased with Canal Vue"
Current relatives comments



As recommended on carehome.co.uk

Also nearby, our popular Nursing Care Home Alexandra House, at Eastwood Hill Top, Notts NG16 3GP



For home vacancies call enquiries on: **07399 289956**
Or email the manager at: canalreception@eastgatecare.co.uk

Our other Nottinghamshire Homes:

Melbourne House, Aspley

Park House, Bulwell

Full details at www.eastgatecare.co.uk



Over 30 Years providing care - August 2021