

Please contact the instructor or our office before attending a session

Class Name	Type	Address	name	Contact number	Day	Time	Status	Cost
Shirebrook CBE 1	CBE	Shirebrook Leisure Centre	Cain	01623 748313	Mon	12pm	Contact Shirebrook LC	£3.00
Shirebrook CBE 2	CBE	Shirebrook Leisure Centre	Cain	01623 748313	Wed	12pm	Contact Shirebrook LC	£3.00
Shirebrook CBE 3	CBE	Shirebrook Leisure Centre	Cain	01623 748313	Tue	12pm	Contact Shirebrook LC	£3.00
Bolsover Church CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Thu	10am	Contact BWP	£3.00
Bolsover/Welbeck CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Tues	10am	Contact BWP	£3
Glapwell CBE	CBE	Please ring the office to be put on class waiting list		01773 766922			FULL	
Clowne CBE 1	CBE	Bolsover Wellness Programme	Craig	01246 242361	Mon	10am	Contact BWP	£3
Clowne CBE 2	CBE	Bolsover Wellness Programme	Craig	01246 242361	Wed	10am	Contact BWP	£3
Clowne CBE 3	CBE	Bolsover Wellness Programme	Craig	01246 242361	Thu	10am	Contact BWP	£3.00
Pinxton CBE (BWP)	CBE	Bolsover Wellness Programme	Craig	01246 242361	Fri	10:30	Contact BWP	£3
Pinxton 2nd CBE (BWP)	CBE	Bolsover Wellness Programme	Craig	01246 242361	Mon	10:30	Contact BWP	£3
Whitwell CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Mon	9:45am	Contact BWP	£3

Mayflower Court CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Tues	1pm	Contact BWP	£3
Post Mill CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Wed	9:30am	Contact BWP	£3
Creswell CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Wed	1pm	Contact BWP	£3
Newton CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Thurs	09:30	Contact BWP	£3
Hilcote CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Thurs	1pm	Contact BWP	£3
Blackwell CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Thurs	2:30 PM	Contact BWP	£3
Tibshelf CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Fri	1pm	Contact BWP	£3
Bolsover CBE	CBE	Bolsover Wellness Programme	Craig	01246 242361	Mon	10am	Contact BWP	£3.00
New Houghton Strength and Balance	CBE/Otago	Community Hub, Maddocks Store, New Houghton	Ren	07927 532466	Thurs	1:30pm	this is a mixed age class supporting the local community	£2 inc refreshments
Doe Lea Strength and Balance	CBE/Otago	Doe Lea Resource Centre, Mansfield Road, S44 5PD	Ren	07927 532466	Thurs	10am		£2 inc refreshments