

## Please contact the instructor or our office before attending a session

Class Name	Type	Address	Postcode	Contact name	Contact number	Day	Time	Status	Cost
Staveley CBE & Otago	CBE/Otago	Healthy Living Centre, Barlow Road, Staveley	S43 3XR	Andrea Walker	01246 345689	Mon	1.30pm	space	
Stonegravels Tai Chi	Tai Chi	Please ring the office to be put on class waiting list			01773 766922			currently full and temp instructor	
Whittington Moor Tai Chi	Tai Chi	Whittington Moor Methodist Church, Sheffield Road Chesterfield	S41 8LX	David Barrow	07771 856038	Tue	10am	space	
Brimington CBE/Otago	CBE/Otago	Brimington Community Centre, Heywood Street	S43 1DB	Diane Ball	07891 100561	Mon	10am	space	
Brimington CBE/Otago 2	CBE/Otago	Brimington Community Centre, Heywood Street	S43 1DB	Diane Ball	07891 100561	Mon	11:30	space	
Hasland CBE	CBE	FULL - NO WAITING LIST AT PRESENT			01773 766922			FULL	
Hasland CBE/Otago	CBE/Otago	FULL - NO WAITING LIST AT PRESENT			01773 766922			FULL	
Walton Strength and Balance	Strength & Balance	FULL - NO WAITING LIST AT PRESENT			01773 766922	Fri		FULL	
Walton Strength and Balance 2	Strength & Balance	St Johns Church, Back Lane, Walton	S42 7LT	Hazel Platt	07530 185273	Mon	1:30pm	space for Walton residents	£3.00

Walton CBE	CBE	St John's Parish Church, Walton Room 3	S42 7LT	Helen Allsop		Fri	1pm	space	please ask instructor
Newbold Strength and Balance	CBE/Otago	St Andrew's Church		Diane Ball	07891 100561	Mon	1:45pm	space	please ask instructor
Chesterfield Strength and Balance	CBE/Otago	Queen's Park Leisure Centre		Karen Troke	01246 345555	Mon	11am	space	please ask instructor
Chesterfield Strength and Balance2	CBE/Otago	Queen's Park Leisure Centre		Karen Troke	01246 345555	Tues	2:30pm	space	please ask instructor
Newbold Strength and Balance2		Olde House, Newbold Road, Chesterfield	S40 4NR	Craig		Mon	12:30	space	free
Spital Tai Chi, beginners	Tai Chi	St Leonards, Valley Road, Chesterfield		Sharon Wall	01246 827379	Wed	11:15am	space	£6