

Type	Instructor Name	Contact number	Time	Day	Cost	Status
PSG	Emma Yates	07554 868161	9am	Tuesdays	£5.50	space
CBE/Otago	Emma Yates	07554 868161	3:30pm	Wednesday	£5.50	space
CBE/Otago	Sue Washington	07875 952874	9:15am	Thursdays	£3	space
Tai Chi/Qigong	Sue Wain	07973 527233	6pm	Thursdays	£6	space
CBE	Katie and Kirsty, Derbyshire Carers	01773 766922	1:30pm	1 Friday a month		space
Tai Chi/Qigong	Sharon Wall	01246 827379 (5)	7pm	Tuesdays		
CBE/Otago	Natasha Lincoln	07876 022496	9am	Mondays	£4	space
