

Class Name	Type	Address	Postcode	Contact name	Contact number	Day	Time	Cost	Status
Aston-on-Trent CBE	CBE	Recreation Centre, Shardlow Road Aston-on-Trent	DE72 2AN	Lindsay Robins	07874 862287	Mon	10.30-11.30	£3.50	Space
Barrow Tai Chi	Tai Chi	Barrow-Upon-Trent Village Hall	DE73 7HA	Lisa Dengate	07989 449875	Mon	2.00-3.00pm	£6.00	Currently full
Etwall PSI	PSI	School Rooms, Methodist Church, Willington Road	DE65 6HX	Emma Yates	07554 868161	Tue	11:00 - 12:00	£5.00	Space
Findern CBE	CBE	Brook Close Community Rooms Derby	DE65 6BJ	Maisie Williams	01283 703047	Tue	1.45-2.45		Space and open every other week
Hatton CBE	CBE	Hatton Sports and Social Club, Scropton Road Hatton	DE65 5DT	Helen Baker	07426 569780	Wed	11.00-12.00	£2.00	Space
Melbourne Otago	Otago	Melbourne Assembly Rooms, High Street Melbourne	DE73 8GJ	Douglas Mclay	07969 126940	Wed	2.30-3.30pm	£3.50	Space
Melbourne Postural Stability	PSI	Melbourne Assembly Rooms, High street, Melbourne	DE73 8GJ	Rachel Hudson	07896 031084	Mon	13:45 to 14:45	£5.00	Space
Oaklands Village CBE/Otago	CBE/Otago	Oaklands Village, Hall Farm Road Swadlincote	DE11 8LH	Lisa Dengate	07989 449875	Tue	11:00 - 12:00	£4.00	Currently full
Oaklands Village Otago 2	Otago	Oaklands Village, Hall Farm Road Swadlincote	DE11 8LH	Douglas Mclay	07969 126940	Mon	1:30-2:30pm	£3.50	Space

Oaklands Village Tai Chi	Tai Chi	Oaklands Village, Hall Farm Road Swadlincote	DE11 8LH	Lisa Dengate	07989 449875	Wed	14:30 - 15:30	£6.00	Currently full
Overseal PSI	PSI	St Matthews Community Centre, Woodville Road, Overseal	DE12 6JG	Sue Washington	07875 952874	Mon	1:30-2:30	£5.00	full
Repton Tai Chi (once a month at The Den)	Tai Chi	Repton Village Hall, Askew Drive	DE65 6GR	Lisa Dengate	07989 449875	Tue	14:00 - 15:00	£6.00	Currently full
Swadlincote PSG	PSG	Swadlincote Fire Station, Community Room Civic Way	DE11 0AE	Rachel Hudson	07896 031084	Fri	10.30am- 11.30am	£4.50	Space
Willington Village Hall CBE/Otago	CBE/Otago	Willington Village Hall, Twyford Road	DE65 6DE	Emma Yates	07554 868161	Mon	11:15- 12:15	£5.00	space
Willington Village Hall CBE (Dementia Friendly Group)	CBE	Willington Village Hall, Twyford Road	DE65 6DE	Lisa Dengate	07989 449875	Thu	12.45 - 13.45	£5.00	Currently full
Willington Village Hall Tai Chi	Tai Chi	Willington Village Hall, Twyford Road	DE65 6DE	Lisa Dengate	07989 449875	Thu	14:00 - 15:00	£5.00	Currently full
Willington Village Hall PSI	PSI	Willington Village Hall, Twyford Road	DE56 6DE	Emma Yates	07554 868161	Mon	10:00- 11:00	£5.00	Currently full
Church Gresley PSI	PSI	Methodist Church, York Road, Church Gresley	DE11 9QQ	Sue Washington	07875 952874	Mon	3.15pm- 4.15pm	£5.00	Space
Scropton CBE	CBE	Parish Hall, Scropton Road Hatton	DE65 5PS	Michelle Cogan	07854 226631	Fri	10am- 11am		Space

Rosliston and Cauldwell & Seated Yoga	Otago & seated yoga	Rosliston and Cauldwell, Rosliston Road	DE12 8JW	Hayley Miller hayleymiller1979@outlook.com	Wed	12:00- 13:00	£7.00	Space
Newhall Strength and Balance CBE/Otago	CBE/Otago	Bretby Road, Newhall	DE11 0LH	Sue Williams 07940 580891	Fri	1:30-2:30	£5.00	Space
Wildminds Tai Chi / Strength & Balance	Tai Chi	St George & Mary's Church Hall, Church Gresley		Becki and Jodi 07445 209725	Tue	1pm	£5.00	Space
Wildminds Beginners Tai Chi	Tai Chi	St George & Mary's Church Hall, Church Gresley		Becki and Jodi 07445 209725	Thu	6pm	£7.00	Space
Wildminds Tai Chi	Outdoor Tai Chi	Moira Furnace, Moira		Becki and Jodi 07445 209725	Sat	9am	£7.00	Space
Doveridge CBE/Otago	CBE/Otago	Village Hall, Sand Land, Doveridge, Ashbourne	DE6 5JQ	Annie 07779 575752	1pm Mon			space