

Type	Instructor Name	Contact number	Time	Day	Cost	Status
CBE/Otago	Emma Yates	07554 868161				
CBE/Otago	Sue Washington	07875 952874	9:30am	Thursdays	£3	space
Tai Chi	Lisa Dengate	07989 449875	6pm	Mondays		
Tai Chi/Qigong	Sharon Wall	01246 827379 (5)	7pm	Tuesdays		
CBE/Otago	Michelle Abercrombie-Riva	01629 815168	2pm	Fridays		
Tai Chi	Sue Wain	07973 527233	6pm	Thursdays		
CBE	Adele Gould	01663 744196	11am	Tuesdays	£2	space