

New Mills Death Café 19th September 7pm

Our Compassionate Communities Project is hosting a Death Café as part of the 2018 New Mills Festival Fringe.



Jane Butler, coordinator of the project explains, at a Death Cafe people, often strangers, gather to eat cake, drink tea and discuss death. Death is often a taboo subject, much is left unsaid, which can often add to people's worries and fears.

The objective of the Death Cafe is *'to increase awareness of death with a view to helping people make the most of their (finite) lives'*. They are a 'social franchise' and to date there have been nearly 7,000 Cafes in 56 countries. With a relaxed and friendly atmosphere a Death Cafe is a group directed discussion of death with no agenda, objectives or themes. It is a discussion group rather than a grief support or counselling session.

There is more information on the Death Café website, <http://deathcafe.com/> where you can book for this café or you can get in touch with Jane directly phone 07421 227078 or email her jane.butler@ageukdd.org.uk.