

A photograph of an elderly man and woman sitting on a wooden bench in front of a large window. The man is on the left, wearing a dark blue jacket and dark trousers, smiling. The woman is on the right, wearing a green jacket over a light blue top and dark trousers, also smiling. The window behind them is bright, suggesting a sunny day.

Annual Review 2018 - 2019

Improving lives of older people in Devon

How we made a difference

Active in Later Life

Mr H, who has autism, attended the Outdoor Activity Group with his carer. He was initially uncommunicative and preferred to walk alone but gradually increased the length of his walks and started to communicate with group members and volunteers, including starting a conversation about the wildlife and area. Over time Mr H's confidence grew and he now walks as part of the group and stays longer to have a chat. Alongside his increased confidence, Mr H's social skills and activity levels have also greatly improved and he really looks forward to each session.



4,913 social and activity sessions attended



512 lunches served at our lunch clubs.



71 people trained to deliver exercise activities

Advice and Wellbeing

Mrs A contacted us shortly after her husband died. She felt unwell, isolated and struggled to understand changes to her finances. Age UK Devon's adviser helped her apply for Attendance Allowance and advised on council tax support and local housing allowance. Mrs A was supported to find out about local social opportunities and planned to attend seated yoga and to start some volunteering. Mrs A was appreciative of the emotional support and the advice she received, and now feels able to take advantages of local opportunities. She said "I have told everyone about Age UK Devon! I couldn't have done it without you – you have helped so much."



6,204 enquiries to our Information and Advice service.



£1,777,427 won in unclaimed benefits for older people.



23 foot care sessions provided in older peoples' homes.

Enabling and Home Support

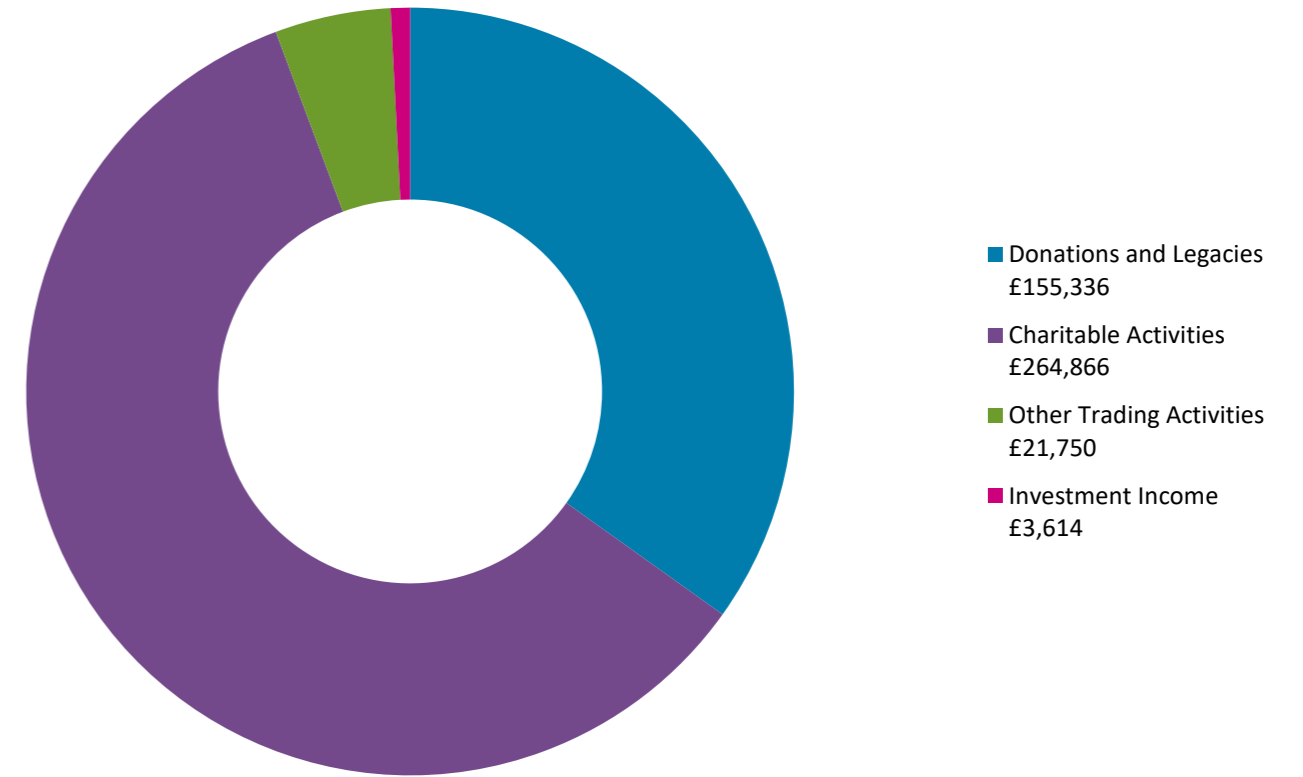
Following the death of her husband, Mrs JK and her small dog had to downsize to a small flat. She hadn't been there long when she was diagnosed with Alzheimer's Disease. Although physically able to continue to take her dog for a walk, Mrs JK began to worry that she might go out and not be able to find her way home again. She had lost all confidence. Her family decided to put a range of support in place for her. Our Support Assistant now visits twice a week to take Mrs JK for a long walk with her dog, sometimes walking from home, sometimes driving to some nearby woods where her dog can run free. We are already discussing other ways we can offer further support, such as shopping and cleaning, in the future as Mrs JK's situation changes.



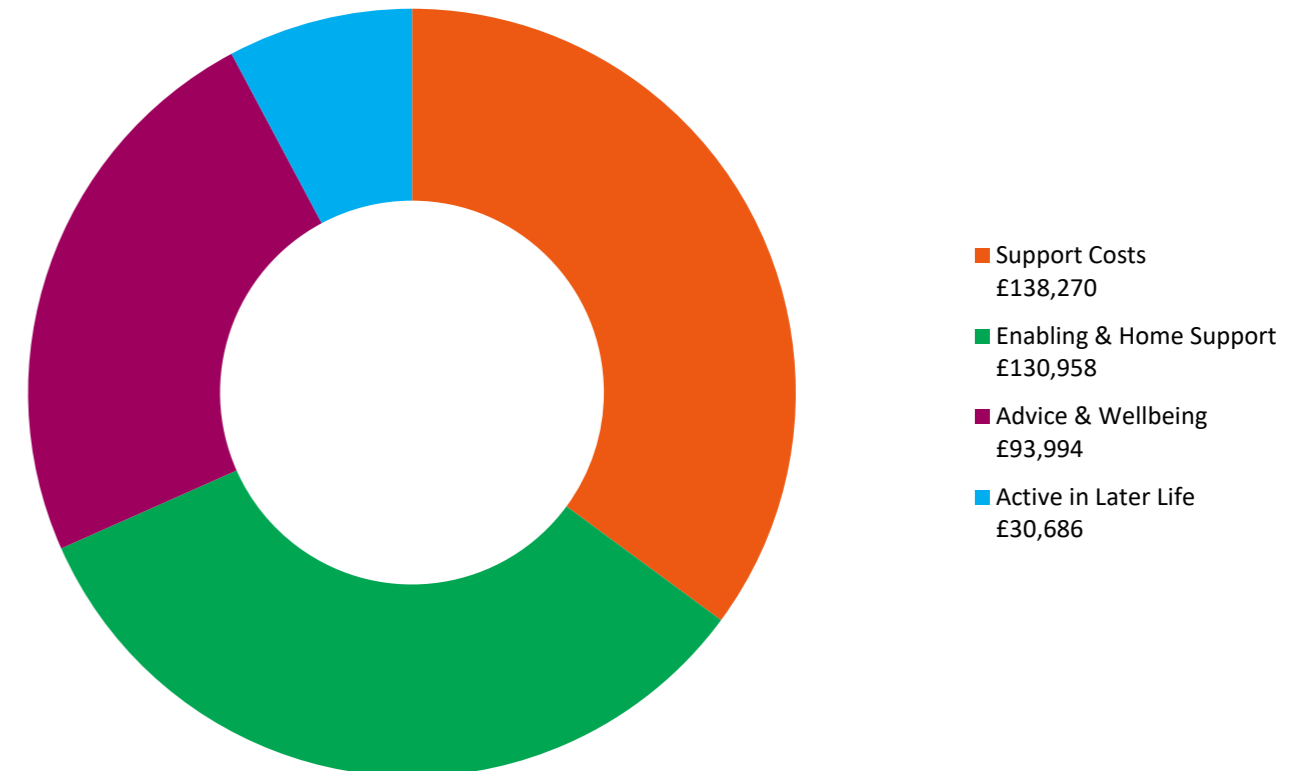
7,984 hours of one to one enabling support provided.

Financial Summary

Total Income £445,566



Total Expenditure £393,903



Reserves

As at the 31st March 2019 our total Reserves stood at £655,855.

We would like to thank the following organisations and individuals for their financial support during 2018 -19:

Grants received

Active Devon
Age UK
A R Dyer Charitable Trust
Office of the Police and Crime Commissioner
Devon County Council
The May 29th 1961 Charitable Trust

Other Business Supporters

Buckfast Abbey for continuing to select us as their chosen Charity of the Year
Forestry England for supporting our work in getting older people active and using Haldon Forest Park
McClures Solicitors for providing will clinics and a home visiting service to our clients
South West Water for continuing to select us as their chosen Charity of the Year

The people who generously remembered us in their wills

Miss P Cooke
Mrs B Cullen
Mr J B Morris
Mr H R Foreman

We would also like to thank everyone who kindly made financial donations and to those who donated their time and energy to make Age UK Devon a success.

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Age UK Devon is a charitable company limited by guarantee and registered in England and Wales
Registered Charity Number: 1019018
Company Number: 02773453