

Outdoor Activity Club



Become more active in a natural environment while connecting with others.

**Every 2nd & 4th Monday each month
10.00am –12.00pm**

Our social club is for people over 55 to enjoy a range of outdoor activities, from gentle walks to forest crafts and mindfulness.

£3 per session.

To book a place please call

0333 241 2340

email info@ageukdevon.co.uk

or visit www.ageukdevon.co.uk

Age UK Devon is a charitable company limited by guarantee and registered in England and Wales
Registered Charity Number: 1019018
Company Number: 2773453
Registered office is 1 Manaton Court, Exeter Devon EX2 8PF



Outdoor Activity Club Timetable

Date	Activity
09.05.22	Bird Walk
23.05.22	Dawlish Warren Visit
13.06.22	Canal Walk
27.06.22	Woodland Activities
11.07.22	Pond Dipping
25.07.22	Sensory Adventures
08.08.22	Walk and Talk
22.08.22	End of summer camp fire

Book your place by calling Age UK Devon on **0333 241 2340** or email info@ageukdevon.co.uk.

If you have any Covid - 19 symptoms such as a continuous cough or high temperature please do not attend the session.