



Become more active in a natural environment while connecting with others

2nd & 4th Monday of every month 10.00am–12.00pm

Our social club for people over 55 to enjoy a range of outdoor activities, from gentle walks to forest crafts and mindfulness.

£3.50 per session.

For more information please call

03332412340 email info@ageukdevon.org.uk

or visit www.ageuk.org.uk/devon

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