



Join our ranger led sessions to explore and enjoy the beautiful marshland and reedbeds

Starting Friday 15 September
Every other Friday thereafter until Friday 8 December
10.30am - 12noon

Sessions for people over 50 include a range of activities, from gentle walks, pond dipping, mindfulness activities, bird watching to craft activities.

£3 per session to include refreshments.

For more information, please call

0333 241 2340

email info@ageukdevon.org.uk or visit www.ageuk.org.uk/devon

Meeting Point:

Seaton Wetlands car park what3words location:

///fronted.amaze.thinnest

Trampers available on request

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