



# Social Cafe

**Talk, share and laugh with others in a friendly and welcoming space.**

**Join us every Thursday  
10.30am – 12.00pm**

Socialise with others from your community to build confidence and improve wellbeing.

Free to attend and hot drinks available at a discounted price.

For more information please call

**0333 241 2340**

email **[info@ageukdevon.org.uk](mailto:info@ageukdevon.org.uk)**

or visit **[ageuk.org.uk/devon](https://ageuk.org.uk/devon)**

**Zest Cafe  
9 Black Lion Yard  
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