

Women's Walking Football



No running. Just walking. A great way to stay active and socialise.

**Join us every Wednesday
from 19 January 2022
4.30pm - 5.30pm**

**Dawlish Leisure Centre
Sandy Lane
Dawlish
EX7 0AF**

Our Age UK Walking Football Programme encourages those over 50 to be active through a slower version of the beautiful game.

First session free then £4 per session.

Astro turf training shoes or trainers required.

To book your place please call

0333 241 2340

email info@ageukdevon.co.uk
or visit www.ageuk.org.uk/devon