

Walking Football

No running. Just walking. A great way to stay active and socialise.

Every Tuesday at 10.30am - 12noon

Devon FA, Newton Abbot

Beginners and more advanced players welcomed with all abilities catered for. This session is led by FA trained volunteers and followed by a cuppa and chat.

Every Friday at 12.30pm - 1.30pm

Devon FA, Newton Abbot

This session is for all abilities led by FA trained volunteers. This session is followed with a cuppa and a chat.

First session free, £4 per session thereafter
Astro turf training shoes or trainers required

To book your place please call

0333 241 2340

email **info@ageukdevon.org.uk**

or visit **www.ageuk.org.uk/devon**

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