



To view this newsletter online, scan this QR code. Just open your camera, and a link will appear on screen!

JANUARY & FEBRUARY IN REVIEW:

Remembering Rovers is still proving a hugely successful initiative from Club Doncaster Foundation. They are providing free tickets to home matches for people living with dementia and their carers. For further information please see the QR code/ link on the 'Useful Links' page!



Bill and Kath scaled Sydney Harbour Bridge in Australia to raise money for the 'Doncaster Dementia Fundraisers' to help with the Alzheimer's Society Dementia Cafe's across Doncaster.



Crossroads Care Groups have celebrated birthdays, pancake day, and have continued to enjoy a range of activities and complimentary therapies!



Thorne Dementia Café celebrated Valentines Day with chocolate covered marshmallows- a lovely way to celebrate the day together!



The 'Young Friends Together' Silver Link group went for lunch at the Earl of Doncaster- everyone had chance to pre book what they wanted for lunch, and had a fantastic time!



Our Silver Link Groups have been busy baking, making Valentines crafts, and making some new displays for the walls!



We celebrated Teresa's 90th birthday at Conisbrough Music Café! There was even a performance from Doncaster Rock Choir!



Cantley Cafe also celebrated another special birthday on the 4th February! John Kellow joined everyone in singing Terry a very happy birthday!



DonMentia members visited Toby Carvery for the first DonMentia lunch!

Please bare in mind that access to these lunches is limited to those who attend the DonMentia Forum on the second Wednesday of every month.



UPCOMING EVENTS: March - April 2026

Wednesday 4th March: Cost of Living Hub

From 10am - 12pm at the Martinwells Centre, Edlington there will be a range of organisations present to offer support and guidance including St Leger Homes Doncaster, Age UK Doncaster, Doncaster Council, Citizens Advice and more!

Thursday 5th March: Older Adults Wellbeing Course

NHS/ RDaSH Talking Therapies are running a new six week 'Wellbeing and Wisdom' course for people aged 65+. The first block starts on the 5th March, and there will be further blocks announced shortly! You can book on by calling 03000 211 556.

Friday 6th March: Women's Wellbeing Hub

The topic of this months womens wellbeing hub is diabetes. Held at Bullcroft Memorial Hall, from 10am - 12pm this will be a friendly and supportive space to learn more about managing your diabetes!

Friday 6th March: Vincent Van Cough GP Drop In

Vincent Van Cough will be at the Corn Exchange on Friday offering walk in GP Clinica, advice and support from a smokefree advisor and free carbon monoxide tests! 9:30am -12:30pm and 1:30pm - 4:30pm.

Wednesday 11th March: DonMentia Forum

Held on the second Wednesday of every month at Scawsb Community Centre at 1pm. The DonMentia forum is a place for people living with dementia and their carers to come together and raise any questions or concerns regarding dementia support available in Doncaster, which can then be passed on by Eileen (Founder and Chair) to the Doncaster Strategic Partnership. For further information please email eileen@donmentia.org

Thursday 12th March: WISEUP EVENT

This is an event aimed at South Yorkshire residents aged over 50, or anyone with carer responsibilities for an older person. This will be held at Lifewise Centre Hellaby Rotherham S66 8LB, from 10am - 12:30pm. There will be inputs from South Yorkshire Police, South Yorkshire Fire Service and Sheffield Council including home fire safety, Safer driving for older drivers and Herbert Protocol plus much more. To attend you must email lifewise.booking@southyorkshire.police.uk with you full name, home postcode and contact number.

Saturday 14th March: Club Doncaster Foundation Annual Community Day

Coinciding with the Doncaster ERovers F.C vs Blackpool F.C. home fixture, this is a day dedicated to highlighting and promoting the work of Club Doncaster within the community! From 1pm there will be a variety of activities taking place outside the stadium, with the match starting at 3pm.

Free tickets are available for this match for people living with dementia and their carers through the 'Remembering Rovers' programme- to reserve a spot contact Nick on 07523 905254 or email nick.gillott@clubdoncasterfoundation.co.uk before Wednesday 10th March!

UPCOMING EVENTS: March - April 2026

Wednesday 18th March: Free Wellness Workshop

Held at the Stone Castle Centre in Conisbrough from 10:30 - 12:30 this session will focus on gut healthy easter treats! Run by Sabine Horner, a gried nutritionist will guide you through these recipes which can support our bodies when dealing with grief. To book, email tracy@foundmyniche.co.uk.

Wednesday 8th April: Cooking Workshop and Community Chat

Organised by Doncaster Council, Age UK Doncaster and Recipe for Change this is a chance to attend a cooking class, enjoy what you make together and have a conversation around what challenges people are currently facing in Doncaster, whether these are social, cultural or environmental. There are limited spaces available, so if you are interested please contact Dawn Ashton by calling 07808 271251 or emailing dawn.ashton@ageukdoncaster.org.uk

Wednesday 8th April: DonMentia Forum

Held on the second Wednesday of every month at Scawsb Community Centre at 1pm. The DonMentia forum is a place for people living with dementia and their carers to come togher and raise any questions or concerns regarding dementia support available in Doncaster, which can then be passed on by Eileen (Founder and Chair) to the Doncaster Strategic Partnership. For further information please email eileen@donmentia.org

Saturday 18th April: East Womens Wellbeing Event

This is an event shaped by the community, covering womens health, wellbeing and empowerment. The time is yet to be confirmed but you can check the Be Well Doncaster facebook page for updates- this is also linked on the 'Useful Links' page

DEMENTIA SUPPORT DROP-IN INFORMATION SESSIONS:

Age UK Doncaster and Home Instead will be hosting several infomation stands from January - March to offer information and advice surrounding the dementia support available in Doncaster. These sessions are left:

04/03/2026 09.30 am - 12pm

Denaby Springwell Centre, Church Road, Denaby, Doncaster, DN12 4AB.

11/03/2026 09.30 am - 12pm

White Wings Centre, Spa Pool Rd, Askern, Doncaster, DN6 0HZ.

17/03/2026 9.30 am - 12pm

The Stone Castle Centre, Gardens Ln, Conisbrough, Doncaster DN12 3JW

25/03/2025 9:30am – 12pm / 2pm - 4pm

Sandringham Centre, Sandringham Rd, Intake, Doncaster DN2 5JH

USEFUL LINKS:

[Dementia Directory 2026](#)



This document is full of useful information about support services and groups for people living with dementia in Doncaster, as well as their carers, families and friends.



[Your Life Doncaster- Dementia](#)

This page is full of information about Dementia. This includes signs/ symptoms, ways to minimise risk, information on making advance decisions, diagnosis as well as the support available for those living with dementia and their carers.



[Age UK Doncaster website](#)



[Jackson Hope Foundation Timetable](#)

Here you can find all of the dates and time's for different Jackson Hope Foundation groups throughout Doncaster.



[Citizens Advice:](#)

Citizen's advice offer a wealth of different support including help with benefits, debt, money and much more.



[Be Well Doncaster Facebook Page](#)



[Alzheimer's Society Factsheets and Publications](#)

This page has a wide range of resources that you may find useful.



[Updated WOW Guide for 2025-26](#)



More information on the Remembering Rovers project, including the referral form for a space at a match!

We want to hear from you!

We are looking into a potential Age UK Doncaster Daytime Disco, and we want your help to plan it!



Scan the QR Code or follow the link in the caption to fill in our short survey! You can help shape this event in just 5 minutes!



New Session at our Silver Link Centre!

We are pleased to share that starting on the 26th of February we are launching a new weekly session at our Silver Link Centre!

Every Thursday!
9:30am - 3:30pm!

Silver Link Centre,
Bennetthorpe,
DN2 6AA



For further information please contact:



07880 742206



helpline@ageukdoncaster.org.uk

OTHER PARTNER SESSIONS:

If you are interested in attending any of the following, please get in touch with the Keep in Mind Team at Age UK Doncaster.

Phone: 01302 812813

Email: keepinmind@ageukdoncaster.org.uk

Alzheimer's Society:

- Thorne Dementia Café. First Monday of the month. 11am-1pm.
- Cantley Music Café. First Wednesday of the month. 1pm-3pm. FULL, waiting list in place.
- Singing for the Brain. Third Wednesday of the month. 1pm-3pm. FULL, waiting list in place.
- Conisbrough Music Café. Fourth Wednesday of the month. 1pm-3pm.
- Doncaster Dementia Support Group. Second Friday of the month. 11am-1pm.

Club Doncaster Foundation:

- Doncaster Lakeside. Chair based exercise, walk, bingo and more. Every Tuesday 11am-2pm.
- Askern Lakeside. Walk and bingo. Every Wednesday 10am-12pm.

Crossroads Care:

- Crossroads Dunsville. Every Tuesday. 1:30pm-3:30pm.
- Crossroads at the Silver Link Centre. Every Wednesday 1:30pm-3:30pm.
- Crossroads Denaby. Every Thursday. 1:30pm-3:30pm.
- Crossroads Scawsby. Every Friday. 1:30pm-3:30pm.

darts:

- Singing for Memory. Every Monday. 2pm-3:30pm. FULL, waiting list in place.

Royal Voluntary Service:

- Dementia Support Balby. Every Tuesday. 10am-12pm.
- Dementia Support Stainforth. Every Wednesday. 1pm-3pm.
- Dementia Support Bentley. Every Thursday. 10am-12pm. 1pm-3pm. FULL, waiting list in place.
- Dementia Support Rossington. Every Friday. 1pm-3pm. FULL, waiting list in place.

VOLUNTEERING OPPORTUNITIES:

AGE UK DONCASTER:

Age UK Doncaster has a range of volunteering opportunities on offer. These include:

- Information and Advice Volunteer
- Ageing Well volunteer (based at our Silver Link Centre)
- Handyperson volunteer
- Keep in Mind volunteer
- Local distribution and Engagement volunteer
- Befriending volunteer.

For more information either call 01302 812345 or email volunteering@ageukdoncaster.org.uk

CROSSROADS CARE:

Could you spare a few hours to support in our Doncaster Carer's groups 1-4pm? Crossroads Care are looking for kind, reliable volunteers to offer a listening ear, making refreshments, supporting group activities and helping with setting up and clearing away. You'll be part of a friendly team and make a real difference to someone's day.

Full training and ongoing support provided.

Make connections. Build confidence. Support your community.

For more information call 01709 360272 or email rebecca.bellis@crossroadsrotherham.co.uk

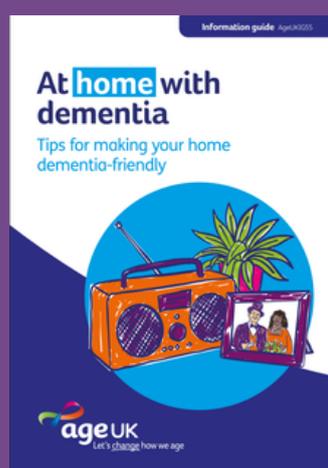
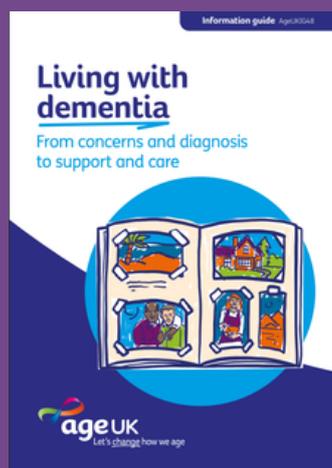
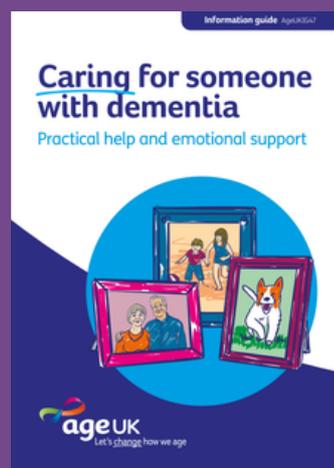
ROYAL VOLUNTARY SERVICE:

Royal voluntary service are looking to recruit new volunteers to help at their Bentley and Rossington sessions.

For more information please contact: jan.burrows@royalvoluntaryservice.co.uk

AGE UK RESOURCES:

All of the booklets shown below as well as many more can be found on the Age UK National website: www.ageuk.org.uk



DONCASTER DEMENTIA COLLABORATIVE

Come and join us to influence the dementia services in Doncaster!

Our next meeting:
26th March 2026

10:30am - 12:00pm.
Wheatley Golf Club,
Armthorpe, DN25QB



Photo Credit: Hannah Baines, City of Doncaster Council



DonMentia



City of Doncaster Council



NEW: Ageing Well Network!

Are you over 50 and want to shape how we age well in Doncaster?

We'd like your help to create an Ageing Well Network – a group where adults aged 50+ can come together, share their ideas and talk about the issues that matter most to them. The network will give older adults a voice. It will be a place to listen, learn from each other and work with local organisations and decision makers to make real changes.

We want to build this network with older adults from the very beginning. Your knowledge, life experience and ideas will shape the network, so it truly works for you and others in the community. How should the network look? Do you want to attend in person meetings, fill in surveys and questionnaires or just respond to consultations when the topic interests you? We want to make the network accessible to all, so please share your thoughts with us.

By working side by side, we can create something meaningful, impactful and long lasting. A place where older adults feel heard, respected and valued.

To find out more, visit [Ageing Well Network - YourLifeDoncaster](#) or contact Nikki.greenfield@doncaster.gov.uk

