



To view this newsletter online, scan this QR code.  
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## JULY & AUGUST IN REVIEW:

July started with the 'Therapy with Neena: Charity Auction and Community Showcase, which saw several organisations get together to share information on the services and support we offer. Emily visited The memory Club, at Wheatley Golf Club to see what goes on on the third Tuesday of every month, joining the group for some chair-based exercise, a quiz and some lunch! We attended the Balby Community Arts event held at the Linney Centre, which saw several information stalls from a wide range of local organisations.



Charity Auction & Community Showcase Event at St Catherine's House



The Memory Club: One of our regular attendees very kindly donated the collection from her husbands funeral and here she is presenting the cheque; surrounded by friends, volunteers and other attendees.



Alzheimer's Society Conisbrough Music Cafe.

**In August we attended the Parkinson's UK Support group in Armthorpe to deliver a short talk about our Keep in Mind Service and the other services provided by Age UK Doncaster. There was a record number of attendee's with 93 people attending! We also had a Seaside Day held at our Silver Link Centre for the Young Onset Group which saw games, music, sand and of course a fish and chips! We attended the Summer Fayre event held at New beginnings and organised by Aspire, which saw a range of organisations on show as well as plenty of fun for families! Alzheimer's Society and their fantastic volunteers launched a new fundraising group: Doncaster Dementia Fundraisers, and held an Afternoon Tea Summertime Sunday Grooves Event- with over 80 attendees and the sun shining, this was a fantastic day. Club Doncaster Foundation ran pilot sessions for their new Remembering Rovers initiative- you can read more about this in the 'Other News' section.**



Jackson Hope Foundation celebrated one year of their women's groups!

Summer Fayre at New Beginnings



Our 'Young Friends Together' session at the Silver Link Centre had a seaside day!



Alzheimer's Society: Signing for the Brain session were joined by Tickhill and District Male Voice Choir!



Doncaster Dementia Fundraisers: Afternoon Tea Summertime Sunday Grooves Event

# USEFUL LINKS:

Other things that may be helpful.

## [Dementia Directory 2025](#)



DEMENTIA DIRECTORY

This document is full of useful information about support services and groups for people living with dementia in Doncaster, as well as their carers, families and friends.



YOUR LIFE DONCASTER

## [Your Life Doncaster- Dementia](#)

This page is full of information about Dementia. This includes signs/ symptoms, ways to minimise risk, information on making advance decisions, diagnosis as well as the support available for those living with dementia and their carers.



Live Inclusive

## [Live Inclusive](#)

Live Inclusive offer support such as benefits information and advice, energy advice, as well as community integration and social prescribing.



Jackson Hope Timetable

## [Jackson Hope Foundation Timetable](#)

Here you can find all of the dates and time's for different Jackson Hope Foundation groups throughout Doncaster.



Citizen's Advice

## [Citizens Advice:](#)

Citizen's advice offer a wealth of different support including help with benefits, debt, money and much more.



WHATS ON WHERE

## [WOW: What's On Where - 2024/25](#)

This guide gives an overview of what's on in Doncaster.



FACTSHEETS

## [Alzheimer's Society Factsheets and Publications](#)

This page has a wide range of resources that you may find useful.



SURVEY

## [Living Well with Dementia - Community Support Survey](#)

Age UK Doncaster, Citizen's Advice and Home Instead are working on putting together some workshops to offer friendly support and advice for those living with dementia, their carers, family and friends. By filling in this survey you can help shape what the workshops include.

# UPCOMING EVENTS: September

September is Healthy Ageing Month, below are some of the things on around Doncaster this month!

## **4<sup>th</sup> / 18<sup>th</sup> September: Home Instead Friendship Lunches**

A chance to meet new people, build new connections and enjoy a lunch out! For further dates see the poster on the back page.

## **5<sup>th</sup> - 7<sup>th</sup> September: DN One Live**

This three day free music festival is held in Sir Nigel Gresley Square (outside CAST), and open to everyone, this is sure to be a fantastic weekend. Feel free to bring camping chairs along to sit down!

## **6<sup>th</sup> September: Balby Family Fest**

Held in the walled Garden at St Catherines House, this is a fun-filled day for the whole family. With bouncy castles, a circus tent a BBQ and much more this is sure to be a brilliant day. Running from 9am-3pm.

## **6<sup>th</sup> September: Artisan & Craft Fayre**

Held at Lakeside Village this is a monthly showcase of independent makers, bakers and creators. This event will be running to 10am.

## **6<sup>th</sup> September: St Lawrence Church Community Cafe**

This is the first of a new monthly community cafe based in Hatfield Church. This will run on the first Saturday of each month from 9am -12pm and aims to provide a warm, inclusive and welcoming space for people from all walks of life.

## **7<sup>th</sup> September: Sunday Music at Brodsworth**

Held every week this event displays a different genre of music each time. This will be running from 10am.

## **10<sup>th</sup> September: Street Food at The Styrrup**

This is a monthly event, showcasing over a dozen of the best and award-winning street food vendors in the UK.

## **10<sup>th</sup> - 11<sup>th</sup> September: Know Your Numbers Events**

On the 10<sup>th</sup> Primary Care Doncaster will be at Clock Corner from 9am-12pm, and the Vermuyden Centre from 1pm-4pm. On the 11<sup>th</sup> they will be at Asda Denaby 9am-12pm and Woodlands Library 1pm-4pm. Here you can get your blood pressure checked and learn more about how to stay healthy!

## **12<sup>th</sup> September - 19<sup>th</sup> September: Doncaster Minster - Victorian Gothic Architecture at its best**

Between these dates (except Sunday 14<sup>th</sup>) there will be special displays relating to the history and architecture of the building between 10:30am and 3:30pm.

## **12<sup>th</sup> & 17<sup>th</sup> September: A behind the scenes tour of the Point**

Find out more about the architect behind this grade II listed building, and the lives of those who have lived there. Book via the darts website.

## **13<sup>th</sup> September: Recovery Games**

Organised by Aspire, the Recovery Games bring together people in recovery, their friends, family, and the wider community to have fun, celebrate, break stigma and make positive connections.

## **13<sup>th</sup> September - Heritage of St Lawrence's Church and the community of Adwick le Street**

There will be displays of local history, architecture and artefacts, a talk from a local historian and a photographic exhibition of local history and local churches.

## **13<sup>th</sup> September: Viking open day at Conisbrough Castle**

This event will see history brought alive with the support of the Sudorivik Living History Group.

## **15<sup>th</sup> September: Hatfield Woodhouse Methodist Church Coffee Afternoon in aid of Yorkshire Air Ambulance.**

There will also be a raffle held at 2pm- this will be held from 1:30 pm until 3pm.

## **17<sup>th</sup> September: Vincent Van Cough Mobile GP Clinic (Hatfield Woodhouse)**

Drop in GP Clinics available from 1:30-4:30pm at DN76GB.

## **24<sup>th</sup> September: Healthy Ageing Day - 9:30am - 4:30pm**

Held at CAST, this will be a day dedicated to informed healthy ageing- expert advice, valuable resources and trusted support. The Keep in Mind Service, RDaSH, Lets b:friend, The buddy scheme, Free NHS health checks, Ride Strive and Thrive and a GP on board Vincent Van Cough will all be present.

## **27<sup>th</sup> September: Women's Health Event**

This event, held at Bullcroft Memorial Hall in Carcroft, will be dedicated to raising awareness about women's health. This will be running from 10am until 4pm.

## **5<sup>th</sup> October: Silver Sunday**

Age UK's Silver Sunday is a national event to celebrate older people. Look out for events that may be taking place this week!

# OTHER PARTNER SESSIONS:

If you are interested in attending any of the following, please get in touch with the Keep in Mind Team at Age UK Doncaster.

Phone: 01302 812813

Email: [keepinmind@ageukdoncaster.org.uk](mailto:keepinmind@ageukdoncaster.org.uk)

## Alzheimer's Society:

- Thorne Dementia Café. First Monday of the month. 11am-1pm.
- Cantley Music Café. First Wednesday of the month. 1pm-3pm. FULL, waiting list in place.
- Singing for the Brain. Third Wednesday of the month. 1pm-3pm. FULL, waiting list in place.
- Conisbrough Music Café. Fourth Wednesday of the month. 1pm-3pm.
- Doncaster Dementia Support Group. Second Friday of the month. 11am-1pm.

## Club Doncaster Foundation:

- Doncaster Lakeside. Chair based exercise, walk, bingo and more. Every Tuesday 11am-2pm.
- Askern Lakeside. Walk and bingo. Every Wednesday 10am-12pm.

## Crossroads Care:

- Crossroads Dunsville. Every Tuesday. 1:30pm-3:30pm.
- Crossroads at the Silver Link Centre. Every Wednesday 1:30pm-3:30pm.
- Crossroads Denaby. Every Thursday. 1:30pm-3:30pm.
- Crossroads Scawsby. Every Friday. 1:30pm-3:30pm.

## darts:

- Singing for Memory. Every Monday. 2pm-3:30pm. FULL, waiting list in place.

## Royal Voluntary Service:

- Dementia Support Balby. Every Tuesday. 10am-12pm.
- Dementia Support Stainforth. Every Wednesday. 1pm-3pm.
- Dementia Support Bentley. Every Thursday. 10am-12pm. 1pm-3pm. FULL, waiting list in place.
- Dementia Support Rossington. Every Friday. 1pm-3pm. FULL, waiting list in place.

# OTHER NEWS:

Any further notes and updates.

## Age UK Doncaster:

- Our Circles Team are running Inclusive Cycling sessions at The Dome Leisure Centre, on Wednesday's throughout September. With plenty of bikes to choose from, for all ages and abilities, this is a great opportunity to try something new! No need to book- call 07808 271251 for more information.
- They are also running a new Qigong and All Things Mindful sessions both in Rossington on the 3<sup>rd</sup> and 10<sup>th</sup> of September and Bentley on the 5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> of September. To book on to any of these free sessions please call 07808 261251.
- Finally, we are running a new Healthy Plates, Healthy Lives course- a cooking and nutrition programme for older adults. Learn simple and tasty recipes whilst connecting with others! Running at our Silver Link Centre, and at Tickhill Parish Rooms. You must book onto these sessions by calling 07808 271251.



## Club Doncaster Foundation:

- Club Doncaster have launched a new initiative called 'Remembering Rovers'. This is for people living with dementia and their carers on match days. People can meet up to two hours before kick-off to enjoy activities and refreshments before watching the game together in a designated area. For further information please contact [fitrovers@clubdoncasterfoundation.co.uk](mailto:fitrovers@clubdoncasterfoundation.co.uk).

## Jackson Hope Foundation:

- The Jackson Hope Foundation have several programmes running throughout Doncaster, including Hope Hubs, Hope Circles, Hope Socials and much more. From September 5<sup>th</sup> they will be starting a new Hope Walk in Carcroft- meeting in the Asda carpark at 2pm.

## Firefly:

- Firefly is an award winning charity in Doncaster which provides free transport to health appointments with volunteer drivers. Firefly are now starting to take health appointments for people with dementia and their carer's as well as those receiving cancer treatment. This service will run 8am-8pm Monday - Friday, and 9am-3pm over the weekend. Simply call 07738 390541.

## Other:

- There will be Police Drop In's running at Lindholme Visitors Centre and Hatfield Village Hall on the 20<sup>th</sup> September and 18<sup>th</sup> October respectively. These meetings are community led and a chance to discuss local issues with police.

# DONCASTER DEMENTIA COLLABORATIVE

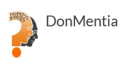
Come and join us to influence the dementia services in Doncaster!  
Bi-monthly meetings:

- Thursday 25<sup>th</sup> September
- Thursday 27<sup>th</sup> November

10:30am - 12:00pm.  
Wheatley Golf Club,  
Armthorpe, DN25QB



*Photo Credit: Hannah Baines, City of Doncaster Council*



## VOLUNTEERING OPPORTUNITIES

### AGE UK DONCASTER:

Age UK Doncaster has a range of volunteering opportunities on offer. These include:

- Information and Advice Volunteer
- Ageing Well volunteer (based at our Silver Link Centre)
- Circles volunteer (community connector)
- Handyperson volunteer
- Keep in Mind volunteer
- Local distribution and Engagement volunteer
- Befriending volunteer.

For more information either call 01302 812345  
or email [volunteering@ageukdoncaster.org.uk](mailto:volunteering@ageukdoncaster.org.uk)

### ROYAL VOLUNTARY SERVICE:

Royal voluntary service are looking to recruit new volunteers to help at their Bentley and Rossington sessions.

For more information please contact:

[jan.burrows@royalvoluntaryservice.co.uk](mailto:jan.burrows@royalvoluntaryservice.co.uk)



# HEALTHY AGEING DAY



WEDNESDAY 24<sup>TH</sup>  
SEPTEMBER 2025

9:30AM - 4PM



CAST  
WATERDALE, DN1 3BU

Join us at CAST for a day dedicated to informed healthy ageing - expert advice, valuable resources and trusted support!



## THE EXPERTS

- Keep In Mind Service - Dementia Support
- RDaSH
  - Specialist falls service
  - Enhanced care homes team
  - Community rehabilitation team
  - Healthy Hospitals Service - Smoking Cessation
- Let's B:Friend
- The Buddy Scheme
- FREE NHS Health Checks
- Ride Strive and Thrive Team
- GP on board Vincent Van-Cough

AND MORE!



EMPOWERING YOU TO AGE WELL

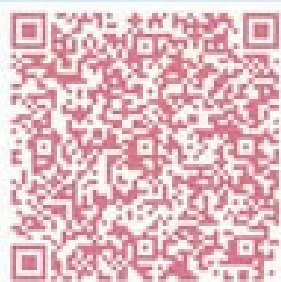
# HELP US SHAPE YOUR LOCAL **WOMEN'S HEALTH EVENT**

We want this day to be a celebration of women's health.

The event will be dedicated to raising awareness about women's health - there will be an opportunity to ask your burning questions, connect with women in your area & support services in Doncaster. Laugh about things that feel embarrassing and leave feeling empowered.

**We want to know what you  
want to see on the day.**

**Scan here to register your  
interest!**



**Got any questions or want to be involved on the day?**

**Get in touch with us at**

**[WellDoncaster@doncaster.gov.uk](mailto:WellDoncaster@doncaster.gov.uk)**

**By filling out the survey, you have a chance to win a £30  
Amazon gift voucher & a LUSH gift set!**

**TIME: 10 AM - 4 PM**

**DATE: 27<sup>TH</sup> SEPTEMBER 2025**

**LOCATION: BULLCROFT MEMORIAL HALL, CARCROFT**

Well Doncaster

**Be Well**

**Well Doncaster**



# Doncaster *Friendship* Lunches



**All Friendship Lunches run 12.30pm  
to 3pm, locations:**

**Woodfield Farm – 01302 311 164**

Bullrush Grove, Balby, DN4 8SJ

4th Sept 25, 2<sup>nd</sup> Oct 25 and 6<sup>th</sup> November 25

**Highwayman – 01302 723 559**

Great N Rd, Woodlands, Doncaster DN6 7HU

18th Sept 25, 23<sup>rd</sup> Oct 25 and 20<sup>th</sup> November 25

Choose a meal from the menu  
Entertainment  
Bingo, Games and Raffle

**Contact the venues to book your  
place**

**[www.homeinstead.co.uk/doncaster](http://www.homeinstead.co.uk/doncaster)**

Doncaster Friendship Lunches are sponsored by Home Instead Doncaster

**BOOKING AT THE  
VENUES IS REQUIRED**

“Why not join us and  
make some new  
friends?”