

KEEP IN MIND

BI- MONTHLY NEWSLETTER

November - December 2025.



To view this newsletter online, scan this QR code.

Just open your camera, and a link will appear on screen!

SEPTEMBER & OCTOBER IN REVIEW:

Alzheimer's Society 'Singing for the Brain' had a Disco themed event; think fancy dress and glow sticks! This was enjoyed by all and will mark the beginning of more themed sessions!



Our Tuesday Young Onset Dementia sessions and our Friday session have been busy making their Halloween decorations! We've also celebrated a couple of birthdays!



Our Crossroads Care groups celebrated Leger week in September and Halloween in October!



We attended Redhouse Park Information Day, along with Well Doncaster, South Yorkshire Integrated Care Board and Better Busses for South Yorkshire. Held in their lovely warm marquee this was a great opportunity to meet and speak to residents about Age UK Doncaster services.



VOLUNTEERING OPPORTUNITIES

AGE UK DONCASTER:

Age UK Doncaster has a range of volunteering opportunities on offer. These include:

- Information and Advice Volunteer
- Ageing Well volunteer (based at our Silver Link Centre)
- Circles volunteer (community connector)
- Handyperson volunteer
- Keep in Mind volunteer
- Local distribution and Engagement volunteer
- Befriending volunteer.

For more information either call 01302 812345 or email volunteering@ageukdoncaster.org.uk

CROSSROADS CARE:

Could you spare a few hours to support in our Doncaster Carer's groups 1-4pm? Crossroads Care are looking for kind, reliable volunteers to offer a listening ear, making refreshments, supporting group activities and helping with setting up and clearing away. You'll be part of a friendly team and make a real difference to someone's day.

Full training and ongoing support provided.

Make connections. Build confidence. Support your community.

For more information call 01709 360272 or email rebecca.bellis@crossroadsrotherham.co.uk

ROYAL VOLUNTARY SERVICE:

Royal voluntary service are looking to recruit new volunteers to help at their Bentley and Rossington sessions.

For more information please contact: jan.burrows@royalvoluntaryservice.co.uk

USEFUL LINKS:

Other things that may be helpful.

Dementia Directory 2025

This document is full of useful information about support services and groups for people living with dementia in Doncaster, as well as their carers, families and friends.



Your Life Doncaster- Dementia

This page is full of information about Dementia. This includes signs/ symptoms, ways to minimise risk, information on making advance decisions, diagnosis as well as the support available for those living with dementia and their carers.





Live Inclusive offer support such as benefits information and advice, energy advice, as well as community integration and social prescribing.



<u>Jackson Hope</u> <u>Foundation Timetable</u>

Here you can find all of the dates and time's for different Jackson Hope Foundation groups throughout Doncaster.



Citizens Advice:

Citizen's advice offer a wealth of different support including help with benefits, debt, money and much more.



Free tickets to Doncaster Festival of Light 2025!



Alzheimer's Society Factsheets and Publications

This page has a wide range of resources that you may find useful.



Tickets for the 'Ask The Expert' Event 27/11/25



More information on the Remembering Rovers project, including the referral form for a space at a match!

UPCOMING EVENTS: November

Wednesday 5th November: Festival of Fireworks

With tickets at just £3 in advance or £5 on the day, Eco-Power Stadium will be hosting the Festival of Fireworks. Gates will open from 5pm, with the childrens display at 6:30pm and the main event at 8:45pm.

Thursday 6th November: Free Piano Concert

At 1pm at Howden Minster there is a free Piano concert from Benjamin Frith and Heidi Rolfe. There is free admission with the chance to give donations if you wish.

Saturday 8th November: DonMentia, Remembering the Forties

Held at Wheatley Golf Club this event will include an afternoon tea with live music from Marina-Mae. This is free to attend but please contact Eileen on 01302 723322 so that numbers can be accommodated.

Saturday 8th November: Remembrance Day Coffee Morning and Crafts

Remembrance day crafts, coffee and cake. 10am -1pm at Skipwith Community Hall, Rossington.

Saturday 8th November: Doncaster Art Market

The newly relaunched Art Market is returning to the Doncaster Corn Exchange just in time for the festive season. This is free to attend and will run from 9am-3pm.

Wednesday 12th November: DonMentia Forum

Held at Scawsby Community Centre from 1pm - 3pm. This takes place on the second Wednesday of every month, and is a space for people living with dementia and their carers to come together and raise any questions or concerns which Eileen (Founder) will then pass on to the Doncaster Strategic Partnership.

Friday 14th November - Sunday 23rd November: Doncaster Festival of Light

Doncaster Festival of Light is back for 2025! This is a free event and is open every day inside the Doncaster Minster. There will be a series presented featuring Coral, Flora and Fauna. Free tickets can be bought through the link on the 'Useful Links' page.

Saturday 15th November: Doncaster Local History Fair

This free event will be running at Danum Gallery, Library and Museum from 11am until 3pm. Discover Doncaster's rich history with local experts!

Saturday 15th November: Christmas Light Switch On

The Wool Market and Market Square will be filled with fun, food and festive spirit. Expect live street entertainment, a Brass Band performance, a visit from Father Christmas and the big switch on (including a firework display) at 7:30pm.

UPCOMING EVENTS: November

Monday 17th November: Safeguarding Week Launch Event

Held in the Rail Heritage Centre at Danum Gallery, Library and Museum this event will inlcude a presentation on online safety from the NSPCC, a presentation on Clare's Law from South Yorkshire Police (domestic violence disclosure scheme) as well as stalls from Healthwatch, Police, Victim Support, DA Hub, RDaSH, Social Care and much more.

Wednesday 19th November: Ragusa Christmas Market

Happy Hearts Drop-In will be hosting a small Christmas Market from 5pm-7pm.

Thursday 20th November: Carer's Rights Day, Carer's Celebration

Held in St Peter in Chains Church Hall, Chequer Road, DN12AA. There will be information on carers and cared for rights, henna tattoos, live music, delicious food and a chance for carers to share their stories and meet other carers.

Thursday 20th November: Carer's Rights Day, Information Day

Join us to celebrate Doncaster's carers at the Eco-Power Stadium from 1pm - 6pm. Discover support available through a range of organisations, peer support and join the conversations with health and social care leads.

Saturday 22nd November: Police Drop-In Session

This is a monthly drop in meeting which is community led, with Police Community Support Officers as well as a range of representatives from partner agencies who can contribute to resolving issues such as anti-social behaviour and neighbourhood crime.

Sunday 23rd November: Bentley Miners Memorial Service

This will take place at Arksey Cemetery at 12 noon. Refreshemnst will be available after the service in The Cricketer's Club. All are welcome.

Thursday 27th November: Healthwatch; Ask the Expert

Held in the Common Room at Doncaster College, this event puts a GP in the spotlight to answer your questions! Come along to learn more about local health services, share your experiences, and connect with your community. The event will run from 3pm - 4:30pm. Book online by using the link on the 'Useful links' page.

Friday 28th November: Epworth Christmas Light Switch On. 5:45pm - 7:15pm.

Saturday 29th November: Connecting Communities Conference

Connecting Communities is about creating space for connection. There will be a variety of stands, presentations as well as a chance to have informal chats about what matters to you in your community.

UPCOMING EVENTS: December

Wednesday 3^{rd/} /17th December: Social Cafe and Christmas Mini Market
Craft and Creations are holding this at Skipwith Communal Hall, see their facebook
for further information.

Thursday 4th December: DonMentia Christmas Dinner

A Christmas Dinner has been booked at the Brigg Garden Centre. Transport will be provided and will be free as well as the meal! To register contact Eileen on 01302 723322.

Saturday 6th December: Mayflower Christmas Market

From 11am -2pm there will be a Christmas Market at the Mayflower (Austerfield), hosting stalls filled with all things festive.

Sunday 7th December: Hatfield & Askern Colliery Band presents The Snowman Held at Askern Miners Welfare Club, you can experience The Snowman on the big screen, accompanied by Doncasters preinmere Brass Band. There will be showings at 12pm, 3pm and 6pm. Tickets are £8 (under 5's go free) and there is parking on site although limited. To buy a ticket, visit: www.hatfieldandaskern.band/snowman.

Sunday 7th December: Shakers Xmas Market

Held inside Shakers in Askern the Christmas markets will be running from 11am to 3pm. Expect a variety of festive food and drinks, Santa's Grotto as well as a range of crafts and stalls.

Wednesday 10th December: DonMentia Forum / Christmas Party

Free for all, there will be a DonMentia Christmas Party taking place at Scawsby Community Centre.

Saturday 20th December: Police Drop-In Session

This is a monthly drop in meeting which is community led. Present will be Police Community Support Officers from your local neighbourhood policing team along with representatives from partner agencies who can contribute to resolving issues such as anti-social behaviour and neighbourhood crime.

Sunday 21st December: Christmas Buffet and Entertainment

Craft and Creations are holding this event from 1pm - 4pm, see their facebook for more information.

Wednesday 24th December: Christmas-Eve Dinner

If you are going to be alone this Christmas or are struggling financially, book a space for this Christmas-Eve Christmas Dinner.

OTHER PARTNER SESSIONS:

If you are interested in attending any of the following, please get in touch with the Keep in Mind Team at Age UK Doncaster.

Phone: 01302 812813

Email: keepinmind@ageukdoncaster.org.uk

Alzheimer's Society:

- Thorne Dementia Café. First Monday of the month. 11am-1pm.
- Cantley Music Café. First Wednesday of the month. 1pm-3pm. FULL, waiting list in place.
- Singing for the Brain. Third Wednesday of the month. 1pm-3pm. FULL, waiting list in place.
- Conisbrough Music Café. Fourth Wednesday of the month. 1pm-3pm.
- Doncaster Dementia Support Group. Second Friday of the month.
 11am-1pm.

Club Doncaster Foundation:

- Doncaster Lakeside. Chair based exercise, walk, bingo and more. Every Tuesday 11am-2pm.
- Askern Lakeside. Walk and bingo. Every Wednesday 10am-12pm.

Crossroads Care:

- <u>Crossroads Dunsville</u>. Every Tuesday. 1:30pm-3:30pm.
- Crossroads at the Silver Link Centre. Every Wednesday 1:30pm-3:30pm.
- Crossroads Denaby. Every Thursday. 1:30pm-3:30pm.
- Crossroads Scawsby. Every Friday. 1:30pm-3:30pm.

darts:

• Singing for Memory. Every Monday. 2pm-3:30pm. FULL, waiting list in place.

Royal Voluntary Service:

- Dementia Support Balby. Every Tuesday. 10am-12pm.
- Dementia Support Stainforth. Every Wednesday. 1pm-3pm.
- Dementia Support Bentley. Every Thursday. 10am-12pm. 1pm-3pm. FULL, waiting list in place.
- Dementia Support Rossington. Every Friday. 1pm-3pm. FULL, waiting list in place.

OTHER NEWS:

Any further notes and updates.

Age UK Doncaster:

- The Keep in Mind Service is finally on Facebook. Have a look at our page 'Keep in Mind Age UK Doncaster' to keep up to date with all things Keep in Mind!
- We have launched our 'Be a Santa for a Senior' campaign alongside Home Instead. See the reverse of the newsletter for more information and to see how you can help us to make a difference this Christmas.

Alzheimer's Society:

 One of the attendees of our Alzheimer's group: Singing for the Brain used to be a conductor of an orchestra. He has asked whether they can form a choir for Christmas so that he can conduct it- they will begin practicing through November and performing at the Christmas Party on December 3rd!

Club Doncaster Foundation:

 Club Doncaster Foundation successfully launched their 'Remembering Rovers' initiative. This has been a huge success so far, making match days accessible for people living with dementia and their carers. For further information please visit the link on the 'Useful Links' page.

Royal Voluntary Service:

• RVS have launched a new volunteer platform: GoVo. All registered charities can upload their volunteering opportunities for free to support with volunteer recruitment- the platform will also complete the initial identity check for free.

Sew Mindful Crafts:

 Sew Mindful crafts have launched a new, free, 'Know Your Neighbourhood' community project. This project is about people, wellbeing and connection and offers a chance to enjoy something new, build friendships and boost wellbeing. To book on, please follow this link: <u>Bookings</u>.



















DONCASTER DEMENTIA COLLABORATIVE

Come and join us to influence the dementia services in Doncaster!

Our next meeting: Thursday 27th November

10:30am - 12:00pm. Wheatley Golf Club, Armthorpe, DN25QB



Photo Credit: Hannah Baines, City of Doncaster Council











CROSS ROADS CARE



DATE: SATURDAY 29 NOVEMBER 2025 LOCATION: C-VIEW, CHURCH VIEW, DONCASTER, DNI 1AF We want you to help us shape the event - tell us what topics & activities you want to see on the agenda! Tell us your ideas by scanning the OR code!





NEW: Ageing Well Network!

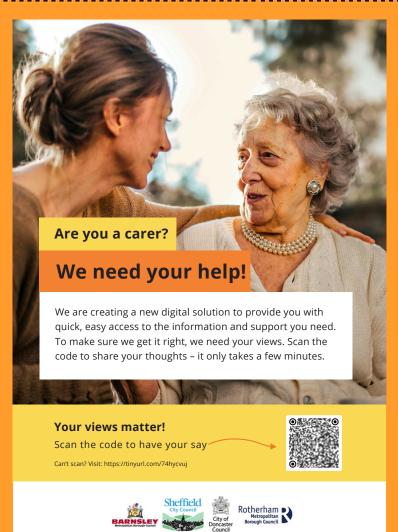
Are you over 50 and want to shape how we age well in Doncaster?

We'd like your help to create an Ageing Well Network – a group where adults aged 50+ can come together, share their ideas and talk about the issues that matter most to them. The network will give older adults a voice. It will be a place to listen, learn from each other and work with local organisations and decision makers to make real changes.

We want to build this network with older adults from the very beginning. Your knowledge, life experience and ideas will shape the network, so it truly works for you and others in the community. How should the network look? Do you want to attend in person meetings, fill in surveys and questionnaires or just respond to consultations when the topic interests you? We want to make the network accessible to all, so please share your thoughts with us.

By working side by side, we can create something meaningful, impactful and long lasting. A place where older adults feel heard, respected and valued.

To find out more, visit <u>Ageing Well Network - YourLifeDoncaster</u> or contact Nikki.greenfield@doncaster.gov.uk



South Yorkshire Carers Digital Solution

Want to Stay Involved?

We're building a new digital tool to support unpaid carers, and we'd love your input as we go. If you'd like to help test early versions, give feedback on design, or stay informed, just fill in your details below. You can opt out any time.

Please scan this QR code to register your interest online:



Carers Rights Day 2025

Because carers matter. Your rights matter.



Know Your Rights, Use Your Rights CARERS CELEBRATIONEVENT

Thursday, 20 November 2025, 11am-2pm St Peter in Chains Church Hall, Chequer Rd, Doncaster, DN1 2AA

- Information on carers' & cared-for rights
- 🦈 Henna tattoos
- Live music
- Red carpet for carers to share their stories
- Delicious food & refreshments

Booking essentiaโ Don't miss out!

For more information...

Reserve your place to avoid disappointment.

Rosemary Stephen – 07813 555705 rosemary.stephen@makingspace.co.uk



Looking after someone? Know your rights #CarersRightsDay







KNOW YOUR RIGHTS, USE YOUR RIGHTS

20th November 2025

1.00pm - 6.00pm

Eco Power Stadium

Stadium Way Doncaster South Yorkshire DN4 5JW

CAKERS RIGHTS DAY 2025

JOIN US AS WE CELEBRATE CARERS IN DONCASTER JUST DROP IN - NO NEED TO PROVIDED

COME AND LOOK ROUND OUR
CARERS MARKET PLACE, FIND OUT
CARERS SUPPORT IS AVAILABLE TO
WHAT SUPPORT AS A CARER

JOIN THE CONVERSATION
WITH OUR PANEL OF
HEALTH AND SOCIAL CARE
LEADS

WHAT'S OUT THERE FOR YOUNG CARERS, PARENT CARERS AND OLDER CARERS? DISCOVER HELP, PEER SUPPORT & LOTS MORE! SUBMIT YOUR QUESTIONS FOR THE PANEL TO:

MANAGER@DONCASTERCARERS.ORG.UK



Doncaster Carers Action Group



Be A Santa To A Senior



Following a huge success last year, Home Instead and Age UK Doncaster are partnering once again for the 'Be A Santa To A Senior' Campaign'.



We are welcoming any donations of Christmas gifts (new items only please).

Whether this is a cosy blanket, fluffy socks, nice toiletries, puzzle books or festive treats- your donation will make a difference.



Join us in spreading joy to older adults this Christmas.

Wrapped gifts are preferred, however we can wrap them for you if needed! If you wrap them please label as Male/ Female/ Neutral so that we can make sure it goes to the right person!

Deadline for donations: Wednesday 17th December



Any donations can be delivered to: either

Age UK Doncaster, Unit 1, Ten Pound Walk, Doncaster, DN45HX, (Monday -Friday 8:30am - 4:30pm)

or

Club Doncaster Reception, c/o Home Instead Doncaster, Eco-Power Stadium, Stadium Way, Doncaster, DN45JW.

(Monday - Friday 9am - 5pm)















