

# Ageing Well Volunteer

## Would you enjoy being part of a team that brightens someone's day?

Our Ageing Well Silver Link Centre is a friendly place where older people get together to enjoy each other's company over a cup of tea and a natter. Many of our clients are living with Dementia and our Ageing Well team offer people the chance to socialise in a supported and caring environment with a wide range of fun and stimulating activities to engage in.

## What will you be doing to help?

- Helping with organised activities, encouraging and supporting individuals to participate
- Listening to and talking with individuals, helping to promote positive connections
- Encouraging social interaction, especially for those who are new or who find it harder to join in
- Assisting in the preparation and serving of drinks and snacks, and serving lunch
- Assisting with setting up and clearing away
- For those with some IT skills, there is also a chance to help out with our Over 50s IT sessions.

## Is being an Ageing Well volunteer right for you? We're looking for people who are:

- This is a supervised role so we are happy to take volunteers aged 16+
- Friendly and outgoing - someone who is sociable and enjoys the company of older people
- Trustworthy, respectful and have patience with and empathy for others
- A good communicator who can be understood clearly and easily
- Able to commit to a regular week day time slot
- Willing to undergo our initial compulsory and on-going recommended training, DBS check, follow our guidance and work within the role boundaries and Age UK Doncaster policies.
- Perhaps wanting to gain experience in a social care setting and/or who want a role that is sociable, fun and rewarding

Silver Link is on Bennetthorpe in the centre of Doncaster (opposite the Earl of Doncaster). Ageing Well centre days are currently Thursdays and Fridays. IT sessions run on Mondays currently 11.30am – 3.30pm. The centre is fully accessible and there is parking on the road.

## How do I apply?

Please complete our volunteer application form and email it to Volunteering Officer, Helen, at [volunteering@ageukdoncaster.org.uk](mailto:volunteering@ageukdoncaster.org.uk). You can also email her on that address if you would like to chat about the role. Alternatively you can call us on 01302 812345. We'd love to answer any questions you might have.

We will then invite you for an informal interview, follow up your references and ask you to attend our compulsory training, which may be face to face or remote depending on circumstances. Please be aware that we reserve the right to undertake a DBS criminal records check for this role. We will reimburse you for any agreed out of pocket expenses whilst undertaking the role.

The initial sign-up paperwork/training and orientation will take up around 4 hours of your initial volunteer time with us (but we spread it out so it is doable with other commitments!) and you will have a Silver Link centre orientation on your first day at Silver Link, but when you're done you will be informed, enthused and hopefully raring to go helping people get the most from later life.

We look forward to hearing from you!