LOCAL SOCIAL ACTIVITIES (as at June 2018)

Exercise

Bowls
Lido Park, Droitwich Spa, Tel: 01905 778032 or 799342

Ten pin bowling
Young at Heart Bowling - Mon-Fri 10am-2pm Perdiswell, Worcester.
Tel: 01905 757475 email: worcester@tenpin.co.uk

Droitwich Spa Guided Town Walks
Walks usually start at 11am on Saturdays from Droitwich Spa Heritage and Information Centre and cost £2.
Advance booking is recommended. For further information call 01905 774312.

Fitness First
Gentle exercise for 50+ to aid fitness, postural stability, strength & balance - Cost £5.00
Tuesdays 9.15 - 10.15 Community Hall, Heritage Way, Droitwich Spa.
Tel: Terry 07710 821306 email: thsportdancer@gmail.com

Pam's Upton Wellbeing Wanderers
Gentle walks at Upton Warren Nature Reserve on Saturdays and Sundays.
Tel: Pam on 07816 230110 or pop into the café at 12.00 noon on Saturday or Sunday for an informal chat.
Website: www.merciannordicwalking.co.uk Website lists many Nordic walking groups in the area.

BREATHEHAPPY
A walking and support group run by a trained specialist respiratory nurse. It is ideal for people who suffer from breathlessness and struggle with walking. The walks are geared to the individual ability of each participant; anyone can take part - even if they are on oxygen or can only walk a few steps.
Every Thursday afternoon at 1pm and 3pm. Meet at Rotary House, Corbett Ave.
Tel: Elaine on 07805 609056 or Liz on 07805 909201 Email: breatheliz@hotmail.com
The Fitness League - Ladies Only  
Wednesday 10.00 - 11.00. for beginners  Cost £4.00 (Annual Enrolment Fee Required)  
Wednesday 11.00 - 12.00 for others  
The Sacred Heart Parish Hall, Droitwich Spa. Tel: 01905 773426

Walking For Health  
Wednesdays at 10.30am  
Sociable short walks around Droitwich Spa

Tel: Sue 01905 778813 or Mike 01905 775485  Email: spawalkers@hotmail.co.uk

Walk with Wychavon Leisure  
Country Walks Programme Tuesdays and Thursdays 50+  
Droitwich Sports & Leisure, Briar Mill, Droitwich Spa WR9 0RZ  Tel: 01905 771212

Line Dancing  
Absolute Beginners Line Dancing class. 6.00 - 6.45 pm  
Chawson First School, Wych Road, Droitwich  
Absolute Beginners Line Dancing class. 9.30 - 10.15 am  
Droitwich Methodist Church Hall  
Tel: Jen 07555 104100  email: jeanettefontanari784@gmail.com

Lunch Clubs

The Heriotts, Worcester Road  
Lunch Club Monday - Friday. Meals need to be pre-booked 24 hours in advance and cost £6.50.  
Tel: 01905 795036

Salvation Army Hall  
Wednesday 11:30am - 2.30pm Lunch Club  
Thursdays 11.30 - 2.30pm Lunch Club  
Please book in advance.  
Tel: Hall 01905 794179

Historical Societies  
Droitwich Spa Civic Society
**Other Groups & Societies**

**Age UK Day Activities**  
Scrabble  
Tues 10am - 12pm (Drop in) £1.00  
Norbury Theatre, Friar St, Droitwich Spa, WR9 8ED tel. Carole on 01905 795403

**Droitwich Spa & District Horticultural Society**  
Tel: Val Jancey 01905 778384, 80 Blackfriars Ave, Droitwich Spa, WR9 8RH

**Just Us Group**  
Social Group for Over 50's  
Fortnightly at Droitwich Spa Library  
Cost £2.00  
Tel: Val Johns 01905 773094

**Knitting Groups**  
**Knitting Circle**  
-Droitwich Spa Library  
Every other Wednesday 10am - 12pm (Drop in) cost £1.00

**Emms Knit and Natter**  
-Droitwich Spa 01905 778381  
11am - 1pm Every Thursday - Cost £3.00

**Knit and Natter**  
-Copcut Court, Waveney Rd, Droitwich, WR9 8TS  
10.00 - 12.00 Every Thursday. Small charge for refreshments  
Tel: Sue Long 01905 909458

**Bingo**  
-Copcut Court, Waveney Rd, Droitwich, WR9 8TS  
6.30 - 8.00. Every Saturday. Small charge for refreshments  
Tel: Sue Long 01905 909458

**Worcester North Friendship Club**  
Outings, meals, speakers, singles group.  
1st Friday in month 10.30 for 11am  
Perdiswell Young Peoples Centre, Worcester tel.no. for centre 01905 451372

**U3A  (University of the 3rd Age)**  
3rd Monday in month  2.30 - 4pm (unless a Bank Holiday) at Norbury Theatre  
Contact leshazelwoodu3a@btinternet.com
Droitwich Stroke Club
Fridays 10am - 2.15 pm - £7.50 includes Lunch, tea or coffee
at Copcut Court, Waveney Rd, Droitwich, WR9 8TS
Contact Mrs Chris Bowden 07922 270027

Mr Corbett’s Coffee Stop - Droitwich Library
Monthly Coffee Club at Droitwich Library
First Friday in the month. 10.30 - 11.30. Cost 50p per person

BDMakeSpace Repair Café and Tech Thursday
Repair Café: Last Saturday in the month 10.00 - 4.00
Basic repairs to any small items, fitting batteries, repair help & advice, etc
Droitwich Spa CVS (The Old Library), 65 Ombersley Street East, WR9 8QS

Tech Thursday: Third Thursday in the month 7.00 - 9.00 pm
Including robotics, programming, electronics, microcontrollers, radio control and other tech projects
Droitwich Spa CVS (The Old Library), 65 Ombersley Street East, WR9 8QS

Contact info@bdmake.space.org.uk or visit www.bdmakerspace.org.uk

Craft & Chat @ 2 - Olive Branch Community Centre
Alternate Thursdays 2pm - 4pm Cost £2.00 includes a hot drink and a cake
Olive Branch Community Centre (inside the Baptist Church, opposite Barclays)
Informal meeting to share your craft: knitting, crochet, painting, puzzles, flower arranging, decoupage, etc
Contact Gwendydd Askew: 01905 770063 or Kim Briggs-Zurek: 07944 795183

A full list of Clubs and Societies can be found on www.droitwichspa.com/clubs and societies