



B63

Organisation: Age Con	cern Halesowen		
Address:Cornbow Hall, 10 Hagley Road, Halesowen, B63 3ATTelephone:01384 812814Email:ac_h@hotmail.co.uk			
Activity	Day	Time	
Gentle Exercise (some chair- based) Plus ballroom and line dancing Tutor: Tina Lloyd	Tuesday Wednesday	10.00am - 12.00pm 2.00pm - 4.00pm	
Organisation: Hasbury	Methodist Church		
Address:89 Albert Road, Halesowen B63 4SLTelephone:0121 585 7323Contact:Email:info@bhmethodist.org.ukWebsite:bhmethodist.org.ukHasbury linked with Short Cross Methodist Church			
Activity	Day	Time	
Craft Group Tutor: Eileen Adams - 01562 885721	Wednesday (2nd & 4th of month)	2.30pm - 4.00pm	
Keep Fit Tutor: Sheila Williams - 0121 501 2436	Wednesday	7.15pm	
Open Door Tutor: Maggie Jones – 0121 550 6233	Tuesday (fortnightly)	2.00pm	









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Please contact the organisation / venue for further information

Organisation: Huntingtree Park Healthy Towns Hub				
Address: Huntingtree Road, Halesowen B63 3UE				
Telephone: 01384 814305 Contact: Stuart Davies &		Stuart Davies & Dan Craggs		
Email:	stuart.davies@dudley.gov.uk Tues		Tuesday to Saturday	
dan.craggs@dudley.gov.uk				
Website: www.dudleyhealthytowns.co.uk				
https://lets-get.com/explore/healthy-hubs/huntingtree-park/				
Activity		Day	Time	
Exercise & & Knit & N	c Socialise	Tuesday	1.00pm - 3.00pm	
Nifty 50's		Wednesday	9.00am - 10.00am	
Health Wa	alks	Thursday	Short 10.00am - 11.00am	
		musuuy	Long 10.00am - 12.00pm	
Fresh Air l	functional fitness	Friday	9.30am - 10.30am	
Stretch &	tone	Friday	11.00am - 12.00pm	
Organisati	ion: Hasbury	Conservative Clu	0	

Address:91 Blackberry Lane, Halesowen B63 4NZTelephone:0121 550 1939Contact:Tina Lloyd

Activity	Day	Time
Zumba Open to all ages & abilities	Tuesday	6.30pm - 7.30pm 7.30pm - 8.30pm









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Organisation: Short Cr	oss Methodist Church		
Address: Attwood Street, Halesowen B63 3UE Telephone: 0121 585 7323 Email: shortcrossmethodist@gmail.com Website: www.bhmethordist.org.uk/Circuit/circuit calender.html Also linked with Hasbury Methodist Church			
Activity	Day	Time	
The Circuit Men's Supper ClubWednesday (1st of month)7.30pmA social group - a talk each meeting and refreshments.Freshments.Freshments.Contact: Peter Roberts - 0121 585 5678Freshments.Freshments.			
Time Out For the housebound	Monday (fortnightly)	10.00am - 12.00pm	
Contact: Margaret Hadley - 01384 821239			
Turning Point Bereavement Support Group Contact: Muriel Priest - 0121 559	Monday (2nd of month) 9 5965	10.00am - 11.00am	
Fellowship Contact: Joyce Spicer - 0121 550	Wednesday 2348	2.00pm	
Flower Class Contact: Hilda Crampton - 01384	Thursday (3rd of month) \$897776	7.30pm - 9.00pm	









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Organisation: Halesow	ven Leisure Centre		
Address: Council House, Great Cornbow, Halesowen Telephone: 01384 812800 Contact: Centre Manager Email: sport.recreation@dudley.gov.uk Website: www.dudley.gov.uk/sport			
Activity	Day	Time	
Public Swimming Cheaper rates for over 60's	Monday-Friday Anytime	7.15 am onwards	
Ladies Only (term time)	Monday	11.00am - 12.00pm	
Line Dancing	Monday Friday	1.15pm - 2.45pm 12.30pm - 1.30pm	
Low Impact Keep Fit	Monday Thursday	12.00pm - 1.00pm 10.00am - 11.00am 11.00am - 12.00pm	
Pilates	Monday	10.30am - 11.30am 10.40am - 11.40am 6.00pm - 7.00pm	
Yoga	Tuesday Friday	11.00am - 12.30pm 11.00am - 12.30pm	
Latumba Low Impact Zumba	Thursday	11.00am - 12.00pm 10.00am-11.00am	
Sequence Dancing	Friday	1.30pm - 2.30pm	
50' Plus Aquafit	Monday Tuesday Thursday Friday	11.00am - 12.00pm 11.45am - 12.30pm 12.00pm - 12.45pm 10.15am - 11.00am	









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Organisation: Halesowe	en U3A		
Address:Hasbury Methodist Church, 89 Albert Road, Halesowen B63 4SLTelephone:0121 423 2106Contact:John Dickinson			
Activity	Day		Time
Music, Ukulele, Photography, Literature, History, Chess, Scrabble, Film, Computers, Craft - Patchwork, Quilting, Beading, Art, Science and Technology, Discussion, Ramblers and Strollers, Garden, History and Visits.	Various		Various
General Meetings	Wednesdays (Altern	ate)	10.30am - 12.00pm
Organisation: Life Cent	ral Church		
Address:Little Cornbow, Halesowen B63 3AJTelephone:0121 501 3542Contact:Email:julie.mills@lifecentralchurch.org.ukWebsite:www.lifecentralchurch.org.uk			
Activity	Day	Time	
Rendezvous - Lunch Food to be pre-booked	Wednesday	12.00pm-2.0)0pm
Extend Gentle Exercise	Friday	10.30am-11	.30pm









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Organisation: Providen	ce Methodist Church		
Address:Colley Orchard, Halesowen B63 2LATelephone:01384 413513Email:church@providence-methodist.org.ukWebsite:www.providence-methodist.org/church/			
Activity	Day	Time	
Movement to Music Active exercise session Tutor: Susan Hayward	Monday	1.30pm - 2.30pm	
Luncheon ClubTuesday (1st of month)1.00pm - 3.00pmMonthly lunch with speakerContact: Pat Southall - 01384 918248Cost: £4 Lunch, Dessert and Drinks			
Organisation: Macular	Society Dudley Support Grou	ıp	
Address: Cornbow Hall, Halesowen, B63 3Af Telephone: 01384 560874 Contact: Linda Ellis Email: <u>lindacellis@talktalk.net</u>			
Activity	Day	Time	
Social Group / Talks	Wednesday (3rd of month)	2.00pm	
Organisation: Cradley	Craft and Chat		
Address: Cradley Library, Colley Lane, Cradley, B63 2TL Telephone: 01384 636533 Contact: Barbara Meredith			
Activity	Day	Time	
Craft & Chat/ Knit & Natter Refreshments provided	Thursday (1st & 3rd of month)	10.30am - 12.30pm	









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Please contact the organisation / venue for further information			
Organisation: Colley La	ane Creative Writing Group		
Address: Cradley Library, Colley Lane, Cradley, B63 2TL Telephone: 01384 564825 Contact: Maddie Williams			
Activity	Day	Time	
Writing Group Please check with Maddie William for latest meeting date.	Tuesday (2nd of month) ns	10.15am - 11.45	
Organisation: Cradley	Crime Fiction Reading Group		
Address:Cradley Library, Colley Lane, Cradley, B63 2TLTelephone:01384 812885Contact:Robert Sellers			
Activity	Day	Time	
Crime Fiction Reading Group	Tuesday (Last of month)	10.30am-12.30pm	
Organisation: St Cleme	ents Court		
Address:Hill Street, Halesowen B63 4TXTelephone:0121 550 2817Email:Audrey.Rowley@anchor.org.uk			
Activity	Day	Time	
Gentle Exercise - Movement to music Tea and biscuits. Open to non-re Tutors: Everton Rooms Cost: £3.00		3.00pm - 4.00pm	
Bingo	Monday & Thursday	6.45pm- 9.00pm	



