

Health & Wellbeing Project

Healthy Footsteps for 50 Plus

Books on the Move Reading 4 Fun

Fun, Friendly and Informal “Walk and Talk Book Club”
Refreshments served after the walk

Wednesday's

10am - 11.30am

2nd January - Kingswinford Library
Market Street, Kingswinford, DY6 9LG

6th February - Netherton Library
The Savoy Centre, Northfield Road, Dudley, DY2 9ES

6th March - Stourbridge Library
Crown Centre, Stourbridge, DY8 1YE

MEET near reception

For more information and to BOOK your FREE place contact
Health and Wellbeing
tel: 01384 343535 email: Health&Wellbeing@ageukdudley.org.uk