

DY5

Please contact the organisation / venue for further information

Organisation: Quarry Bank Community Centre

Address: Sheffield Street, Quarry Bank

Telephone 01384 567247

Contact: Karen Mullard

Email: karen@quarrybank.org

Website: www.quarrybank.org

Activity	Day	Time
Music Club	Monday (1st & 3rd of month)	7.30pm - 9.30pm
Dolls House Club Making accessories	Monday (1st of month)	7.30pm - 9.30pm
Luncheon Club/Act of Worship	Monday	11.30am - 1.30pm
Sewing & Craft Club	Tuesday	10.30am - 1.30pm
Sewing Bee	Monday & Tuesday	6.00pm - 8.00pm
Computer Club	Tuesday (2nd & 4th of month)	8.00pm - 10.00pm
Darby & Joan Senior Citizens	Wednesday	1.30pm - 3.30pm
Cross Stitch & Craft Club	Wednesday (last in month)	7.30pm - 9.30pm
Library Link/Coffee morning	Thursday (also available other days)	10.00am - 12.00pm
Quarry Bank Mature Movers Extend Gentle Exercise to music Catherine Greenaway - 01384 277198 cath.greenaway@btinternet.com	Friday	10.00am - 11.30am
Coloured Canary Bird Association	Saturday (3rd of month)	2.30pm - 5.00pm
Sid's Beat for Dancing Feet Ballroom Dancing	Occasional Saturdays	8.00pm - 11.00pm

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Organisation: **Dudley Stroke Association**

Address: **Dudley MBC Sports & Social Club, Hillcrest Avenue, Brierley Hill DY5 3QL**
Telephone **01384 271982** Contact: **Roger Edwards**

Activity	Day	Time
Extended Gentle Exercise Large includes tea, coffee & biscuits (2nd & 4th of month) Tutor: Debbie Jones	Thursday	10.30am - 12.30pm 10.30am - 1.00pm
Talkback	Monday	10.30am - 12.30pm

Organisation: **St Michael's Church**

Address: **Bell Street South, Brierley Hill DY5 3AA**
Telephone **07711 662283** Contact: **Tracie Woodall**

Activity	Day	Time
Gentle Exercise Sitting and standing Tutor: Tracie Woodall	Thursday	11.00am - 12.15pm

Organisation: **St Paul's Community Centre**

Address: **Hawbush Road, Brierley Hill DY5 3NL**
Telephone **01384 816842/812371** Contact: **Kim Thompson-Jones**
Email: kim.thompson-jones@dudley.gov.uk

Activity	Day	Time
Zumba and Aerobics Suitable for all Tutor: Tracie Woodall	Monday Friday	12.00pm 11.30am

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Organisation: Nine Locks Community Association

Address: **Hill Street, Brierley Hill DY5 2UE**

Telephone **01384 822603**

Contact: **Norma Johnson**

Email: ninelockscommassoc@btconnect.com

Activity	Day	Time
Sequence Dance (Monday tution session)	Monday	8.00pm - 10.00pm
	Tuesday	2.00pm - 4.00pm
	Thursday	2.00pm - 4.00pm
	Friday	8.00pm - 10.00pm
	Saturday	8.00pm - 10.00pm
	Indoor Bowls	Tuesday
Strength & Balance exercise	Wednesday	10.30am - 12.30pm
Fibromyalgia Support Group	Thursday (3rd of month)	11.00am - 1.30pm
Art Self Help Group	Friday	10.00am - 12.00pm

Organisation: Fenspool Community Centre

Address: **Tennyson Street, Pensnett DY5 4HZ**

Telephone **01384 571464/812371**

Contact: **Kim Thompson-Jones**

Email: kim.thompson-jones@dudley.gov.uk

Activity	Day	Time
Sewing - All Kinds of	Tuesday	10.00am - 12.00pm

Please contact the organisation / venue for further information

Organisation: **Church of God of Prophecy**

Address: **High Oak, Pensnett, Brierley Hill DY5 4LA**

Telephone **07950 439328**

Contact: **Joyce Thompson**

Email: joycecake@hotmail.co.uk

Activity	Day	Time
High Oak Womens Group Cookery, sewing, speakers, fellowship and lots more - open to all ages	Thursday	6.30pm - 9.00pm

Organisation: **Age UK Dudley - Daybreak**

Address: **Myles Court, John Street, Brierley Hill, DY5 1RJ**

Telephone **01384 340608**

Contact: **Mandy Hopeton**

Email: mandy.hopeton@ageukdudley.org.uk

Website: www.ageukdudley.org.uk

Activity	Day	Time
Provide activities, outings and lunches	Monday to Wednesday	9.00am - 4.00pm

Organisation: **The Photographic Image Club**

Address: **St John Ambulance Centre, Bent Street**

Telephone **07885 345123**

Contact: **Roger Bowater**

Activity	Day	Time
The Photographic Image Club Tutor: Roger Bowater	Wednesday	10.30am - 12.30pm

Please contact the organisation / venue for further information

Organisation: Oakfield Community Centre

Address: Brettell Lane, Amblecote, Brierley Hill DY5 3LT

Telephone 01384 79188

Contact: Yasmeen Wootton

Activity	Day	Time
Keep Fit Over 50's	Monday	10.00am - 12.00pm
Tea Dance	Monday	1.30pm - 4.30pm
Stourbridge Cycle Club	Monday	8.00pm - 10.00pm
Keep Fit	Wednesday	9.30am - 10.30am
Over 60's Club Bingo, Afternoon Tea, Jumble Sales, Raffles and Day Trips	Wednesday	1.00pm - 4.00pm
Exercise & Line Danc (Over 50's)	Thursday	1.30pm - 3.00pm
Sequence Dancing	Friday	7.45pm - 10.30pm
Pilates	Friday	10.00am - 12.00pm

Organisation: J & S Social Dance

Address: Oakfield Centre, Brettall Lane, Brierley Hill, DY5 3LT

Email: julie_r_w@hotmail.com

**Contact: Julie Willetts - 07587 066544
Shirley Stockdale - 07801 58021**

Activity	Day	Time
Advanced Social Dance £3.50	Monday	2.00pm - 3.00pm
Beginners Social Dance £3.50	Monday	3.00pm - 4.00pm

Please contact the organisation / venue for further information

Organisation: J & S Social Dance

Address: St. Pauls Community Centre, Hawbush Road, Brierley Hill, DY5 3NL

Email: julie_r_w@hotmail.com

**Contact: Julie Willetts - 07587 066544
Shirley Stockdale - 07801 58021**

Activity	Day	Time
Social Tea Dance £2.00	Tuesday	3.00pm - 5.00pm

Organisation: Brierley Hill Neighbourhood Learning Centre

Address: Hill Street, Brierley Hill DY5 2UE

Telephone 01384 812371

Contact: Kim Thompson-Jones

Email: kim.thompson-jones@dudley.gov.uk

Website: www.online.dudley.gov.uk/community/education/knowledge

Activity	Day	Time
Art - Watercolour Painting		
Family History for beginners		
Get Cooking		Other courses available Please contact Brierley Hill Neighbourhood Learning Centre for
Computers		
Sewing		

Organisation: Brierley Hill Library

Address: 122, High Street, Brierley Hill DY5 3ET

Telephone 01384 812874

Contact: Any Librarian

Website: www.better.org.uk/libraries

Activity	Day	Time
Knit & Natter Weekly adult activities	Tuesdays	10.00am - 12.00pm noon

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Organisation: **Pensnett 14 - 19 Campus**

Address: **Tile House Lane, Brierley Hill DY5 4LN**

Telephone **01384 353797**

Contact: **John Cheadle**

Email: john.cheadle15@googlemail.com

Activity	Day	Time
Bromley & Pensnett Table Tennis Club Coaching Sessions for new players	Saturday	11.00am - 1.30pm
Table Tennis Club	Sunday	10.30am - 1.00pm

Organisation: **Pensnett Community Centre**

Address: **High Street, Pensnett, Brierley Hill DY5 4JQ**

Telephone **07399 789 303**

Contact: **Phil/Elaine Blakeway**

Email: pensnettcommcentre@hotmail.co.uk

Website: www.communitycentrepensnett.btck.co.uk

Activity	Day	Time
Monday Afternoon Group for Over 50's	Monday	12.30pm - 2.30pm
Tap Dancing	Tuesday	7.30pm - 9.00pm
Aerobics Tutor : Tracie Woodall	Wednesday	10.00am - 11.00am
Slimming World	Thursday Friday	5.00pm and 7.00pm 9.30am

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Organisation: St Paul's Community Centre

Address: Hawbush Road, Brierley Hill DY5 3NL

Telephone 07548 875457

Email: stpaulsclc@hotmail.com

Activity	Day	Time
Cuppa, Cake & Chat	Mondays (not Bank Holiday)	2.00pm-4.00pm

Organisation: Bromley Table Tennis

Address: Pens Meadow School, Tiled House Lane, Pensnett, Brierley Hill, DY5 4LI

Telephone 01384 353797

Contact: John Cheadle

Email: john.cheadle15@gmail.com

Activity	Day	Time
Table Tennis	Wednesday	7.30pm - 10.00pm
	Saturday	11.00am - 1.30pm
	Sunday	10.30am - 1.00pm

Organisation: Brierley Hop House - Anything Goes

Address: The Waterfront, Level Street, Brierley Hill, DY5 1XD

Telephone: 01384 422684 / 07756 473283

Contact: Kath / Carol

Activity	Day	Time
Anything Goes Social Group - various activities / games	Tuesday	2pm

Please contact the organisation / venue for further information

Organisation: Green spaces for health

Address: Saltwells Lane, Brierley Hill, Dudley DY5 1AX

Website: www.dudley.gov.uk/greenspacesforhealth

Contact See activity

Activity	Day	Time
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<p>Conservation Action Days Improve habitat for wildlife & visitors. All tools and training provided. Contact - Alan Preece - 07920 235036</p>	<p>Sunday (1st of month)</p>	<p>10.00am - 1.00pm</p>
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<p>Dementia Friendly Mindfulness Walk Gentle walks for early stage dementia patients and their families and carers. Informal chat in Saltwells Inn possible. Contact - Alan Preece - 07920 235036</p>	<p>Thursday (1st of month)</p>	<p>11.00am - 1.00pm</p>
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<p>Health Walk Approx. 90 minutes walk around Saltwells Nature Reserve with local historian Dennis Rydes. Contact - Balraj Johal - 01384 816460</p>	<p>Fridays</p>	<p>10.00am</p>
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<p>Carer's Amble Gentle 60 minutes walk for carers to relax, meet friends, learn what support is available from Healthwatch Dudley. Buy your own Lunch at Saltwells Inn Contact - Alan Preece - 07920 235036</p>	<p>Thursday (2nd of month)</p>	<p>12.30pm</p>
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<p>Saltwells Explorer Family fun outdoors at Saltwells Nature Reserve. Adults must be accompanied by a child! Contact - Emma Woolley - 07799 070115</p>	<p>Sunday (3rd of month)</p>	<p>10.00am - 12.00pm</p>
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Please contact the organisation / venue for further information

Organisation: **Brockmoor Community Cycle Club**

Address: **Pensnett Road, Brierley Hill DY5 3YH**

Telephone **07867 175716**

Contact: **Lesley Easter**

Email: lesley.easter@cyclinuk.org

Activity	Day	Time
Adult Only Cycling sessions Learn to ride, get back to cycling. Bikes and helmets can be provided. ADVANCE BOOKING REQUIRED.	Thursdays	9.30am - 11.30am

