



# DY6

Please contact the organisation / venue for further information

### Organisation: Kingswinford Community Association

Address:The Community Centre, High Street, Kingswinford DY6 8APTelephone:01384 273625Email:kingswinfordcommunitycentrel@btinternet.com

Activity	Day	Time
Art Class	Monday	6.30pm - 9.00pm
Sequence Dancing	Tuesday	11.30am - 1.00pm
Quilt Group	Wednesday	9.30am start
Towns Womens Guild - Group Activites	Wednesday (3rd of month)	7.30pm - 9.30pm
Good Companions	Thursday	1.30pm - 3.45pm
Christadelphian Bible Class	Sundays Wednesday	6.00pm - 7.00pm 6.00pm - 7.00pm

### Organisation: Kingswinford & District U3A

Address: The Community Centre, High Street, Kingswinford DY6 8AP			
Telephone	: 01384 278016	Contact:	Sue Keeling
Email:	<u>suekeeling@talktalk.net</u>		
Website: www.kingswinfordu3a.org.uk			

Drop in sessions	Friday (4th of month)	10.00am - 12.00pm
Members take part in activity groups doing eveything from art to zoology, with walking, photography, Scrabble. Joining fee applicable	Monday to Friday	Various
Activity	Day	Time



Health and Wellbeing - Tel: 01384 343535 Email: Health&Wellbeing@ageukdudley.org.uk







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### Organisation: Dingle Community Centre

Address:Madeley Road, Kingswinford DY6 8PFTelephone:01384 671303Contact: GillEmail:thedinglecommunitycentre@hotmail.co.ukWebsite:www.dinglecc.co.uk

Activity	Day	Time
Multiple Sclerosis Group	Tuesday	9.00am - 3.00pm
Karate	Wednesday	6.30pm - 8.00pm
	Thursday	6.00pm - 9.00pm
Zumba	Thursday	10.00am - 11.00am
Boogie Bounce	Monday	6.30pm - 9.30pm
-	Sunday	9.30am - 10.30am

Organisation: King George VI Park

Address:	Address: Park Lane, Kingswinford DY6 8AY		
Telephone	: 07891 858378	Contact:	Philip Insull
Email:	philip.insull@sky.com		
Website: www.communigate.co.uk/bc/kingswinfordmodelboatclub/			

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ACLIVILY	Day	Time
<b>Kingswinford Model Boat Club</b> Electric, sail or steam model boats. Annual membership fee £25	Sundays & Tuesdays Summer - Wednesdays	9.00am - 12.00pm 5.00pm - 8.30pm
Social meetings during autumn, winter and spring months in the lounge bar at: The Old Courthouse, 55 High Street, Kingswinford, DY6 8AX (almost opposite the park)	Wednesday (1st of month)	7.30pm onwards

Time



Activity







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#### Organisation: Wall Heath Community Association

Address: Enville Road, Wall Heath DY6 0JT Telephone: 01384 273744

Activity	Day	Time
Bowls for 50+	Monday	10.00am - 12.00pm
Short Mat Bowls Club	Monday	1.45pm - 4.30pm
Horticultural Guild	Tuesday (1st of month)	7.30pm- 10.00pm
Flower Club	Tuesday (4th of month)	7.30pm - 9.30pm
<b>Fifty Plus Club</b> Talks, Slideshows & Outings	Wednesday (2nd & 4th of month)	1.45pm - 4.00pm
Yoga	Wednesday	6.00pm - 7.00pm
<b>Thursday Afternoon Club</b> Guest Speakers, Tea and Biscuits	Thursday	1.45pm - 4.00pm
Flower Arranging	Thursday	7.30pm - 9.00pm
Active Seniors	Thursday	9.45am - 10.45am
Strength & Balance Exercise Ring 07512 546480 or email activeseniorsclass@gmail.com	Thursday	11.00am - 12.00pm
<b>Crafty Chatters</b> Sew, crochet, knit, embroider, draw, paint or any other crafts Cuppa & a Chat Ring Karen Page - 01384 27374	Monday	10.30am - 12.00pm
Indoor Kurling for 50 plus	Monday (2nd & 4th of month)	10am - 12 noon)

Indoor Kurling for 50 plus		Monday (2nd & 4th of mo	
	Book via phone	leap over	
	01384 343535	over 50	
	or email		
	leapover50@ageukdudley.or	rg.uk	



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Organisation: Kings	swinford Christian Centre		
Address:Summer Street, Kingswinford DY6 9NATelephone:01384 297106/01384 297400Contact:Pastor Gary TavenerWebsite:www.kingswinfordchristiancentre.co.uk			
Activity	Day	Time	
<b>Gentle Exercise</b> Tutor: Marva Green	Friday (not 1st of month)	1.30pm - 2.30pm	
<b>At One Luncheon Club</b> 2 course meal & chat Charge: Donation	Fridays (1st of month)	1.00pm - 3.30pm	
<b>Truly Scrumptious</b> Coffee, Cake & Chatter	Fridays (2nd of month)	2.30pm - 4.30pm	
Organisation: Sgt. I	Peppers Friendship Group		
Address: Wall Heath Community Centre, Enville Road, Wall Heath, DY6 0JT			

Address:Wall Heath Community Centre, Enville Road, Wall Heath, DY6 0J1Telephone:07512 338594Email:sgtpeppersfriends@aol.co.ukWebsite:www.sgtpeppersfriends.co.uk

Activity	Day	Time
Friendship Group	Tuesdays	10.30am - 12.30pm
Activities, laughter and fun.	Tuesuays	10.50am - 12.50pm









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Organisation: Wall He	eath Tennis Club	
Address: Enville Road, Wall Telephone: 01384 293849 / 83		Adrian Hyde
Activity	Day	Time
Tennis Sessions for	Thursdays	9.30am - 11.00am
-	and non members. Opportunities f asis. Court bookings and coaching	
Organisation: Our La	dy of Lourdes Church Hall	
Address: Summerhill, Kings Telephone: 07944 769037 Email: <u>deanie@blueyonde</u>	Contact:	Deanie Abbiss
Activity	Day	Time
<b>Zumba Gold</b> No need to book!	Thursday	11.30am - 12.30pm
Just turn up! £3.50 per class		
£3.50 per class	inford Methodist Church	
E3.50 per class Organisation: <b>Kingsw</b>	<b>Xingswinford DY6 9NP</b> 17866 203988 Contact:	Sue Bracher
E3.50 per class Organisation: Kingsw Address: 89, Stream Road, H Telephone: 01384 296247 or 0	<b>Xingswinford DY6 9NP</b> 17866 203988 Contact:	Sue Bracher Time



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Organisation: Dudley	Stroke Association	
Address:16 High Street, Pensnett, Kingswinford, DY6 8XDTelephone:01384 271982Email:mail@dudleystrokeassociation.org.ukWebsite:www.dudleystrokeassociation.org.uk		
Activity	Day	Time
<b>Talkback</b> Group for people with speech and confidence issues Based at Brierley Hill Methodist	<b>Mondays</b> Church	10.30am - 12.30pm
<b>Coffee &amp; Chat Group</b> Based at Kingswinford Hotel	Tuesdays (1st & 3rd of month)	11.00am - 1.00pm
<b>The Dell Exercise</b> Moderate exercise with equipment provided Based at The Dell Stadium	Wednesdays	10.30am - 11.30am 1.15pm - 2.15pm
<b>Family and Carers Exercise</b> Light exercise and other activities Based at Kingswinford Christian	<b>Thursdays</b> Centre	10.30am - 12.30pm
Lunch Group	Thursdays (1st of month)	1.00pm - 3.00pm









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Organisation: Kingswinford Library		
Address:Market Street, Kingswinford DY6 9LGTelephone:01384 812740Email:Sara.baker@dudley.gov.uk		
Activity	Day	Time
<b>Reading Group</b> Charge: £2	Tuesday (2nd of month) Thursday (1st of month)	9.15am - 10.15am 5.30pm - 6.30pm
Adult Coffee and Board	Mondays (weekly)	9.30am - 11.30am
<b>Games</b> Coffee & chat, play a board game or assemble a jigsaw.		
Knit & Natter	Thursdays	10.00am - 12.00pm noon
Ancestry Group	Thursdays	1pm - 3pm
Adult Arts & Crafts	Fridays	10.00am - 12.00pm noon
ADHD Parent Support Group Contact Charlotte on 07840 285771	Fridays	11.30am - 12.30pm



