

DY8

Please contact the organisation / venue for further information

Organisation: **The Elton Centre at St John's**

Address: **St John's Road, Stourbridge DY8 1EJ**

Telephone: **01384 372514**

Contact: **Eric Houghton**

Email: **ericbeblowed@gmail.com**

Activity	Day	Time
"Well I'll be blown" Harmonica Players Club.	Wednesday	7.00pm - 8.00pm

Organisation: **Redhill School Sports Hall**

Address: **Redhill School Sports Hall, Junction Road, Stourbridge, DY8 1JX**

Telephone: **01384 893346**

Contact: **Ann Myles**

Email: **anne.myles42@gmail.com**

Activity	Day	Time
Quarry Bank Badminton Club	Monday	8.15pm

Organisation: **Wordsley Library**

Address: **Wordsley Green, Wordsley, DY8 5PD**

Telephone: **01384 812765**

Contact: **Helen Brettle**

Email: helenbrettle@hotmail.co.uk

Activity	Day	Time
Poetry Group Reading, choosing and talking about poems New members welcome	Friday (1st of month)	10.30am - 11.30am
Board Games for Adults Drop Ins welcome.	Wednesday (2nd of month)	2pm - 4pm

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Organisation: Age Concern - Stourbridge

Address **The Elton Centre at St John's, St John's Road, Stourbridge DY8 1EJ**
 Telephone: **01384 390065/01384 443296**
 Website: **www.ageconcernsh.co.uk**

Activity	Day	Time
Short Mat Bowling	Monday	9.30am - 11.30am
	Tuesday	10.00am - 12.00pm
	Tuesday	1.00pm - 3.00pm
	Wednesday	9.30am - 11.30am
Keep Fit - Yoga	Thursday	10.00am - 12.00pm
Art Class Tutor: Barbara Glover	Thursday	1.30pm - 3.45pm
Craft Class	Wednesday	2.00pm - 3.30pm
Tai Chi	Friday	11.15am - 12.30pm

Organisation: Stourbridge Model Boat Club

Address **Norton Community Centre, Kempton Way, Stourbridge DY8 1AE**
 Telephone: **01384 378609/01562 741565** Contact: **Keith Gough**
 Email: reboatman@hotmail.com
 Website: www.stourbridgemodelboatclub.org

Activity	Day	Time
Make and Sail Model Boats Social Meeting Membership available	Wednesday (3rd of Month)	8.00pm
Sail at Heath Pool Mary Stevens Park, Stourbridge. All models welcome other than petrol engines.	Wednesdays and Saturdays	2.00pm - 3.30pm

Please contact the organisation / venue for further information

Organisation: Crystal Leisure Centre

Address **Bell Street, Stourbridge DY8 1AE**
 Telephone: **01384 812800**
 Email: **crystal.leisurecentre@dudley.gov.uk**
 Website: **www.dudley.gov.uk**

Activity	Day	Time
Squash / Racketball	Available everyday	
Yoga for all ages	Week days	10.30am - 12.00pm
Crystal Badminton Club	Monday and Wednesday	8.00pm - 10.00pm
Aerobics	Monday to Thursday	9.30am - 10.30am
Pilates	Tuesday Thursday	12.15pm - 1.15pm 12.30pm - 1.30pm 1.30pm - 2.30pm
Line Dancing - Beginners	Tuesday	12.15pm - 1.30pm
Line Dancing	Wednesday	11.45am - 1.00pm
Swimming for 50+ Beginners and Improvers	Thursdays Please contact centre before attending swimming lessons	10.15am - 11.00am 11.00am - 11.45am 1.00pm - 1.30pm 1.30pm - 2.00pm
AquaFit	Mon, Wed and Fri	9.30am - 10.30am
Tai Chi Traditional Li Family Style	Thursday	11.30am - 1.00pm
Zumba Gold	Friday	10.15am - 11.00am
Age Concern Mixin Morning Line Dancing / Badminton / Exercise	Various	10.15am - 11.45am

50 Plus Options Membership available

Please contact the organisation / venue for further information

Organisation: Amblecote Christian Centre

Address: 102-104 Brettell Lane, Wordsley Stourbridge DY8 4BS

Telephone: 01384 370365

Email: office@amblecotechristiancentre.org.uk

Website: www.amblecotechristiancentre.org.uk

Activity	Day	Time
New Life Over 55's Lunch followed by church service. Trips available.	Thursday	12.00pm - 3.00pm
Gentle Exercise Tutor: Debbie Jones	Monday Thursday	1.00pm - 2.00pm 10.00am - 11.00am
Friendship Group	Tuesday (monthly)	11.00am - 3.00pm

Organisation: Stourbridge Institute

Address 12 Market Street, Stourbridge DY8 1AD

Telephone: 01384 877664/07817 073921 Contact: Barry Westley

Email: barry@chibaton.co.uk

Website: www.chibaton.co.uk

Activity	Day	Time
Tai Chi	Tuesday	1.00pm - 2.00pm
Chi Baton Yoga Performed to a metronome, these simple flowing exercises strengthen both the body and the internal energy system.	Tuesdays and Fridays	10.00am - 11.00am
Meditation Various meditation practices.	Wednesday	10.00am - 11.00am

Please contact the organisation / venue for further information

Organisation: Wordsley Community Centre

Address The Green, Wordsley, Stourbridge DY8 5BN

Telephone: 01384 273186

Contact: Janet Blakeway

Email: wordsleydca@unicombox.co.uk

Activity	Day	Time
Towns Womens Guild	Monday (3rd of month)	10.00am - 12.00pm
Indoor Bowls	Monday	1.00pm - 4.00pm
Merrie Maggie's Laughter Club	Monday (2nd of month)	7.00pm - 8.00pm
Tutor: Maggie Thompson - 07565 218567		
Luncheon Club Super-2 course meal - book in advance	Tuesday	Noon
Good Companions Senior Citizens Group; entertainment, trips out.	Tuesday	2.00pm - 4.00pm
Keep Fit Light Exercise to Music Tutor: Jean Hughes - 01384 295215	Tuesdays & Thursdays	9.30am - 11.00am
Arts & Crafts	Tuesdays & Wednesdays	10.00am - 12.00pm
Lively Ladies Talks, demos and activities Tutor: Hazel Humphries - 01384 292252	Wednesday (1st & 3rd of month)	7.45pm - 10.00pm
50 Plus Group Entertainment/speakers/days out	Wednesday	2.00pm-4.00pm
Express Yourself Dance Class	Friday	10.00am - 11.00am

Other groups and activites available - please contact the Centre

Please contact the organisation / venue for further information

Organisation: Red House Glass Cone

Address **High Street, Wordsley, Stourbridge DY8 4AZ**
 Telephone: **01384 815571** Contact: **Julie Edmonds/ Kate Figgitt**
 Email: **julie.edmonds@dudley.gov.uk**
 Website: **www.dudley.gov.uk/leisure-and-culture/museums-galleries**

Activity	Day	Time
Adult Crafts	Friday	10.30am - 12.30pm
Kiln Fused Glass Workshops Work in our kiln fusing studio and learn about kiln fusing whilst making your own pieces.	Saturdays (Occasional)	10.30am - 12.30pm 1.30pm - 3.30pm

Organisation: Stourbridge Choir & Orchestral Society

Address **Gigmill Church, Glebe Lane, Stourbridge DY8 3YG**
 Telephone: **01384 373111** Contact: **Mollie Berry**
 Email: **mollie.hunton@btopenworld.com**
 Website: **www.stourcos.org.uk**

Activity	Day	Time
Orchestra Unicorn Centre, Brettal Lane, DY8 4ES	Monday	7.30pm - 9.30pm
Choir Gigmill Methodist Church	Tuesday	7.30pm - 9.30pm

Please contact the organisation / venue for further information

Organisation: St Mary's Coach House, Arts & Crafts Centre

Address **Rectory Road, Oldswinford, Stourbridge DY8 2HA**
 Telephone: **01384 441003** Contact: **John Sutton**
 Email: **st.mary.os@btconnect coachhousearts@btconnect.com**
 Website: **www.stmaryschurcholdswinford.org.uk**

Activity	Day	Time
Needlecraft for All Bring your own projects (Patchwork, Knitting, Sewing etc) Tutor: Pamela Green	Monday	2.00pm - 4.00pm
Yoga Tutor: Emma Higgins: emmahiggins6@hotmail.co.uk	Monday	9.30am - 11.00am 7.00pm - 8.30pm
Coach House Writing Group Novels, text, poetry, etc Contact: Brian Drew: 01384 371397 - http://www.coachhousewriters.co.uk	Tuesday	10.00am - 12.00pm
Meditation Tutor: Carol Deakin - 07855 749818	Tuesday (last in month)	7.00pm - 9.30pm
Pottery Club Tutor: Gina Lee - 01384 831067	Tuesday	7.00pm - 9.00pm
Healing and Reiki Share Tutor: Carol Deakin - 07855 749818	Thursday	7.30pm - 9.45pm
Life Drawing Group Tutor: Elena Thomas - 01384 567606	Friday	10.00am - 12.00pm
Art Group Watercolour Painting Tutor: Michael Warr - 01455 290030	Saturday	10.00am - 4.00pm

Please contact the organisation / venue for further information

Organisation: **Holy Trinity Church**

Address **High Street, Wordsley DY8 5RU**

Telephone: **01384 816463**

Contact: **Lisa Darby**

Email: **lisa.darby@dudley.gov.uk**

Activity	Day	Time
Gentle Exercise Sitting or Standing Tutor: Tracie Woodall - 07711 662283	Monday	2.00pm - 3.00pm

Organisation: **St Michael and All Angels**

Address **Maynard Avenue, Norton, Stourbridge DY8 3EE**

Telephone: **01384 393647**

Email: **parishadministrator@stmichaelsnorton.org.uk**

Activity	Day	Time
Light Lunches At The Well - £1.50	Wednesdays (not 1st of month)	12.30pm - 2.00pm

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Organisation: St James Church Hall

Address Belfry Drive, Wollaston, Stourbridge DY8 3SE
Telephone: 01384 441277

Activity	Day	Time
Wollaston Retirement Group	Tuesday (fortnightly)	10.00am - 12.00pm
Chair Based and Standing Exercise For balance, co-ordination and mobility Tutor: Janet Ferris - 07531 638820	Wednesday	1.30pm - 3.30pm
Stourbridge Knitters	Tuesday 1st and 3rd of month	7.00pm - 9.00pm
Belfry Bowls Club Indoor Tutor: Roy Price - 01384 372682	Tuesdays & Fridays	1.45pm - 4.15pm
Community Lunch	Thursday	12.00pm - 2.00pm
Coffee and Chat Speakers and Quizzes Leader: Nick Tromans - 07307 828172	Thursday (2nd Thursday of Month, except April - 1st Thursday)	2.15pm

Organisation: Learning4Life

Address The Wordsley School, Brierley Hill Road, Wordsley DY8 5SP
Telephone: 01384 816043
Email: studentservices@learning4life.co.uk
Website: www.learning4life.co.uk

Activity	Day	Time
Computing, First Aid, Workshops, Handicrafts, Health and Fitness, Languages, Music and Dance, Personal Development, Arts and Crafts		

Learning 4 Life offer a wide range of activities and classes. Please contact the centre to find out more information

Please contact the organisation / venue for further information

Organisation: **Mary Stevens Park Healthy Towns Hub**

Address **Stanley Road, Stourbridge DY8 2AB**

Telephone: **01384 813963**

Email: Aidan.wheeler@dudley.gov.uk charlotte.fletcher@dudley.gov.uk

Website: www.lets-get.com/healthyhubs/mary-stevens-park

Activity	Day	Time
Health Walk and Socialise	Monday	9.30am - 11.30am
Healthy footsteps for 50+ Around 1 hour - 1 to 2 miles	Monday (1st of month)	1.30pm
Lunchtime Walk	Tuesday	12.30pm - 1.00pm
Green Fit	Tuesday and Thursday	9.30am - 10.30am
Mid Week Move	Wednesday	9.30am - 10.15am
Stretch and Relax	Thursday	11.00am - 12.00pm
Nordic Walking	Sunday	11.00am - 12.30pm

Organisation: **Stourbridge U3A**

Address **New Road Methodist Church, New Road, Stourbridge DY8 1PA**

Telephone: **01384 396038** Contact: Tim O'Mara

Email: timomara@virginmedia.com

Website: www.u3asites.org.uk/stourbridge

Activity	Day	Time
Crochet	Tuesday (1st & 3rd of month)	PM
Craft	Tuesday (1st & 3rd of month)	PM
Bobbin Lace Making	Wednesday	PM
Bridge - Intermediate	Wednesday (not 3rd of month)	PM
Art Group	Thursday	PM

Health and Wellbeing - Tel: 01384 343535
Email: Health&Wellbeing@ageukdudley.org.uk

Please contact the organisation / venue for further information

Organisation: Holy Trinity Church Hall

Address **Vicarage Road, Amblecote, Stourbridge DY8 4JA**
 Telephone: **07903 783141** Contact: **Andrew Riches**
 Email: **churchhall@holyltrinityamblecote.org.uk**
 Website: **www.holytrinityamblecote.org.uk**

Activity	Day	Time
Line Dancing	Monday and Friday	10.30am - 12.00pm
Operatic Society	Tuesday	7.30pm - 9.30pm
The Crystal Quilters	Wednesday (3rd & 4th of month)	7.00pm - 10.00pm
The Scribblers' Writers Group	Friday	9.30am - 11.30am
Ballroom/Sequence Dancing	Saturdays (alternate)	8.00pm - 11.00pm
Pilates	Wednesday Thursday Saturday	6.00pm - 7.00pm 6.30pm - 7.30pm 9.00am - 11.00am

Organisation: Beacon Stourbridge - Black Country Talking Newspaper

Address **Mary Stevens Centre, 221 Hagley Road, Stourbridge, DY8 2JP**
 Telephone: **01384 440333** Contact: **Helen Brown**
 Email: **hbrown@beaconvision.org**
 Website: **www.beaconvision.org.uk**

Activity	Day	Time
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The Black Country Talking Newspaper (BCTN) is a weekly news digest for people in the Dudley borough living with sight loss. The Talking Newspaper promotes a number of groups and activities across the borough for people to get involved in. There is also the monthly Talking Magazine which features interviews with people of interest, some of which run groups that listeners may wish be part of.

Please contact the organisation / venue for further information

Organisation: Beacon Stourbridge

Address **Mary Stevens Centre, 221 Hagley Road, Stourbridge, DY8 2JP**
 Telephone: **01384 889883** Contact: **Jackie Tromans**
 Website: **www.beaconvision.org.uk**

Activity	Day	Time
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A Day Centre for the visually impaired.

Activities include Craft, Tai Chi, armchair exercises, quizzes and social times.	Monday	10.00am - 2.30pm
	Tuesday to Thursday	10.00am - 3.00pm

Organisation: Beacon Stourbridge

Address **Mary Stevens Centre, 221 Hagley Road, Stourbridge, DY8 2JP**
 Telephone: **01384 440333** Contact: **Becky Sinclair**
 Email: **bsinar@beaconvision.org** Website: **www.beaconvision.org.uk**

Activity	Day	Time
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A 'Home Visiting service' available to match a volunteer with a service user that has a visual impairment to help in the home, either for company, help sorting post, labelling and sorting items, going for a walk, to the shops etc. Volunteers usually visit once a week at a time to suit them and the service user for a couple of hours.

Please contact the organisation / venue for further information

Organisation: Stourbridge Library

Address **Crown Centre, Stourbridge DY8 1YE**
 Telephone: **01384 812945** Contact: **Melvyn / Sara**

Activity	Day	Time
Knit and Natter Socialise, knit, chat. Knit hats for Age UK Big Knit	Fridays	11.00am - 12.00pm
1 to 1 Computer Assistance Ask a member of staff to register your interest.	Wednesdays	2.00pm - 3.00pm
Tablet Taster Sessions max. 4 people per session - bring your own tablet	Tuesdays	10.30am-11.30am

Organisation: The Elton Centre

Address: **Off Parkfield Road, Stourbridge DY8 1HA (next to Bus/Train Station)**
 Telephone: **01384 390065** Contact: **Julie or Kim**
 Email:

Activity	Day	Time
Sunday Lunch Main course and sweet plus tea/coffee for £7 per person If you would like to attend then please call Julie or Kim to reserve a place. Please feel free to bring your own alcoholic beverages.	Sunday (2nd of month)	1pm sharp

Please contact the organisation / venue for further information

Organisation: Wordsley & District Community Association

Address **Richardson Hall, Lawnswood Road, Wordsley DY8 5PG**
 Telephone: **01384 273186** Contact: **Janet Blakeway**
 Email: wordsleydca@unicombox.co.uk

Activity	Day	Time
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Various	Monday to Friday	9.00am - 9.00pm
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Afternoon Teas Dance, Gentle Exercise Club, Karate, Keep Fit, YOGA, Slimming World, Table Tennis Club.

Please contact the organisation / venue for further information

Organisation: Purple Hats Writing Group

Address: **Surantha Patisserie, Upstairs room, 82, High St, Stourbridge DY8 1ED**
 Telephone: **07813 070610** Contact: **Sue Gazey**

Activity	Day	Time
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Creative Writing No experience required. Friendly support given.	Mondays fortnightly	1.00pm - 3.00pm
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Organisation: Café 105

Address: **105 High Street, Stourbridge DY8 1EE**
 Telephone: **01562-885587** Contact: **Anita Pearce**

Activity	Day	Time
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Companionship Café	Tuesday (Last in month)	2.00pm - 4.00pm
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