

LEAP Over 50 Project

Healthy Footsteps for 50 Plus

Walks with a Difference Series

Forestry Skills

**Thursday 5th September
2019**
11.00am start
2 hours
£3 per person

**Saltwells Local Nature
Reserve (carpark),
Off Coppice Lane,
Quarry Bank, Dudley,
DY5 1AX**

Join the wardens for a morning of green woodworking, bush craft and forest school activities.

Very enjoyable!



As always please come dressed prepared for the weather and stomping about in the woods!

It was fantastic!

For more information please contact the Health & Wellbeing, LEAP Over 50 Project on:
tel: 01384 343535 email: Health&Wellbeing@ageukdudley.org.uk
www.ageukdudley.org.uk