



Coffee Morning
Jack Newell Court, Jevon Street,
Coseley, WV14 9LW

Meet new people, make new friends
Wednesday 10.30am-12.00pm

Contact: Elaine on 01384 816998

Calling all Knitters
Stourbridge Library, Crown Centre,
DY8 1YE

Come and knit a hat for charity
while enjoying a coffee or two
Friday 11.00am-12.00pm

Contact: Stourbridge Library on
01384 812945 for further details

Craft and Chat, Knit and Natter
Cradley Library, Colley Lane,
Cradley, B63 2TL

Takes place first and third Thursday
of every month
From 10.30am-12.30pm

Contact: Barbara Meredith – Quote “Knit &
Natter” - Tel: 01384 636533

CHIT CHAT @ The Gongoozler Café
Dudley Canal Trust, Birmingham New
Road, Dudley, DY1 4SB

Join us for an informal chat every
Tuesday 10.00am-12.00pm
Free talks by guest speakers on first
Tuesday of each month

Contact: Sarah Fellows (Heritage Activities
Officer) - Tel: 0121 557 6265

Coffee and Chat
Lye Library, Chapel Street, DY9 8BT

Come along for a coffee and a chat
Tuesday morning 10.00am-12.00pm

Contact: Lye Library on 01384 812835 for dates
in February

DUDLEY MIND - Growing in the Park
Stevens Park, Wollescote, DY9 7JG

Learn new skills, including growing food
crops, caring for plants and how to design
a garden.

Mondays and Wednesdays
10.00am-12.00pm

Contact: Jill Hogan at Dudley Mind if interested
Tel: 01384 442938

Community Groups WHATS ON February/March 2019

**These events are endorsed by
Age UK Dudley**

Hi everyone,

This is just a small selection of group
activities taking place across the Dudley
Borough

For other interests/areas please contact Age UK
Dudley on 01384 343535





Companionship Café
Café 105, 105 High Street,
Stourbridge, DY8 1EE

Meet up with friends old and new, whilst reminiscing and take part in fun activities such as board games and crafts.

Last Tuesday of every month
From 2.00pm-4.00pm

Contact: Anita Pearce on 01562 885589

Dudley Carers Forum, Queen's Cross
Network Centre, Wellington Road,
Dudley, DY1 1RB

We run a lively social programme of events aimed at giving carers a little respite.

Meet first Wednesday of every month 11.00am-2.30pm

For full details of all our activities please check our website @ www.thecarersforum.co.uk or call 01384 572404 for further details

Chatty Café @ Coffee Calling
57 High Street, Halesowen, B63 3BG

Tuesday morning 10.00am-12.00pm
Drop in when you can, leave when you need to.

If you don't drink coffee, that's ok because there is a good selection of tea's available.

Contact: Lindsey or Paul on 0121 725 0992

Seniors Exercise Class
Crystal Leisure Centre, Bell Street,
Stourbridge, DY8 1AE

Friday mornings in Sports Hall
2 sessions from 10.15-11.00 and
11.00-11.45am - £2.70

Text Tina on 07787 116 889

COMING SOON
MINDFULNESS

Workshop taster session to be held at Age UK Sedgley

Contact: Health & Wellbeing Team at Age UK on 01384 343535

Knit & Natter
Age UK Community Café
Ettymore Road, Sedgley, DY3 3SG

Every Tuesday

Contact: Age UK Sedgley on 01902 883847

Tablet Taster Sessions
Stourbridge Library, Crown Centre,
Stourbridge, DY8 1YE

Free 3 week course for beginners
Tuesday 10.30-11.30am

Contact: Stourbridge Library to book
Tel: 01384 812945

Family History Group
Savoy Centre, Northfield Road,
Netherton, DY2 9ES

Friday morning 10.00am-12.00pm
£5 per session

Contact: Liz Cope on 07731 773 001
Email: lizzycope63@outlook.com