

Pics Photography Group
St James House, Trinity Road,
Dudley, DY1 1JB

Join us every Monday and
Wednesday 9.30am-12.30pm

Contact: Robert Couldrey
Tel: 01384 894672
Email: thepics2014@gmail.com

Knit & Natter
Age UK Community Café
Ettymore Road, Sedgley, DY3 3SG

Every Tuesday

Contact: Age UK Sedgley on 01902 883847

Coffee Morning
Jack Newell Court, Jevon Street,
Coseley, WV14 9LW

Meet new people, make new friends
Wednesday 10.30am-12.00pm

Contact: Elaine on 01384 816998

Knit & Natter
Brierley Hop House, Brierley Hill,
DY5 1XD

Get involved in the Age UK Big Knit
Starts Tuesday 25 September 2018
Then every Tuesday 2.00-3.00pm

Contact: Sue Buckingham/Maggie Brookes
Tel: 07866 492 108/01384 343535
Email: maggie.brookes@ageukdudley.org.uk



COMING IN JANUARY 2019
Community Fit Club, Halesowen

Contact: Denise Hicklin for further details
Tel: 01384 343535
Email: denise.hicklin@ageukdudley.org.uk

Newsletter November/ December 2018

These events are endorsed by
Age UK Dudley

Hi everyone,

This is just a small selection of group
activities taking place across the Dudley
Borough

For other interests/areas please contact
Age UK Dudley on 01384 343535



New Zumba Gold
Age UK Community Café
Ettymore Road, Sedgley, DY3 3SG

Low impact modified dance fitness
Small class suitable for nervous
beginners and returners to exercise
Monday 10.00-10.45am
£3.50

Contact Age UK
Sedgley to book
your place
Tel: 01902
883847



Chatty Café @ Coffee Calling
57 High Street, Halesowen, B63 3BG

Tuesday morning 10.00am-12.00pm
Drop in when you can, leave when
you need to.

If you don't drink coffee, that's ok
because there is a good selection of
teas available.

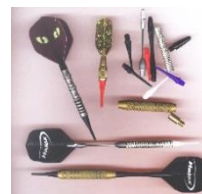
Contact: Lindsey or Paul on 0121 725 0992

Dominoes and Darts Club
Pensnett Community Centre, High
Street, DY5 4JQ

Come along for a game of dominoes
and darts every Monday from
12.30-2.30 pm
Refreshments provided
£2 per week

Contact: Elaine Blakeway
Tel: 01384 79521

www.communitycentrepensnett.co.uk



Fibromyalgia Support Group
Age UK Community Café
Ettymore Road, Sedgley, DY3 3SG

Every 1st and 3rd Tuesday
10.30am-12.30pm
Starting 15th January 2019

Contact: Maggie Brookes for further details
Tel: 07757 304 480
Email: maggie.brookes@ageukdudley.org.uk

COMING SOON!
Waterfront Writers

Contact: Maggie Brookes for further details
Tel: 07757 304 480

Craft and Chat
Cradley Library, Colley Lane,
Cradley, B63 2TL

Takes place first Thursday of every
month from 10.30am-12.30pm

Contact: Barbara Meredith
Tel: 01384 636533

COMING SOON
Poetry Aloud
Stourbridge Library, Crown Centre,
Stourbridge, DY8 1YE

Sunday morning
10.00-11.30am

Contact: Maggie Brookes to express interest
or find out more
Tel: 07757 304 480
Email: maggie.brookes@ageukdudley.org.uk

