

WV14

Please contact the organisation / venue for further information

Organisation: **Rainbow Community Centre**

Address: **49 Rainbow Street, Coseley WV14 8SX**

Telephone: **07725 592593**

Contact: **Jamie Davies-Morgan**

Email: rainbowcoseley@gmail.com

Activity	Day	Time
Painting - Water Colours	Monday	7.00pm - 8.00pm
Bingo	Friday	1.00pm - 3.00pm

Organisation: **Rainbow Community Centre**

Address: **49 Rainbow Street, Coseley WV14 8SX**

Telephone: **01384 816039**

Contact: **Natalie (Dementia Advisor)**

Telephone: **07725 210092**

Contact: **Shona & Dave
(Community Connectors)**

Activity	Day	Time
Rainbow Memory Café Dementia sufferers and their friends welcome. Share stories and information. Check with contacts before attending!	Tuesday (1st of month)	2pm - 4pm

WV14

Please contact the organisation / venue for further information

Organisation: **Silver Jubilee Park Healthy Towns Hub**

Address: **Mason Street, Coseley WV14 9SZ**

Telephone: **01384 814307**

Website: **<http://www.lets-get.com/healthyhubs/silverjubileepark>**

Activity	Day	Time
Greenfit	Monday	9.15am - 10.00am
Health Walk	Monday	1.00pm - 2.30pm
Fresh Air Functional Fitness	Tuesday	9.30am - 10.30am
Walk and Talk	Wednesday Friday	9.00am - 9.45am 3.00pm - 3.45pm
Nordic Walking and Fitness	Thursday	10.00am - 11.30am
Nordic Walking	Sunday	2.15pm - 3.15pm

Organisation: **Jack Newell Court**

Address: **Jevon Street, Coseley WV14 9LW**

Telephone: **01384 816988**

Activity	Day	Time
Coffee Mornings Age 50+ welcome for a drink and a chat	Wednesdays	10.30am - 12.00pm

WV14

Please contact the organisation / venue for further information

Organisation: Jack Newell Court (Rainbow Memory Café)

Address: **Jevon Street, Coseley WV14 9LW**

Telephone: **01384 816039**

Telephone: **07725 210092**

Website:

Contact: **Natalie (Dementia Advisor)**

Contact: **Shona & Dave**

(Community Connectors)

Activity	Day	Time
Rainbow Memory Café Dementia sufferers and their friends welcome. Share stories and information. Check with contacts before attending!	Tuesday (3rd of month)	10.00am - 12.00pm

Organisation: Summerhill Community Centre

Address: **28b Summerhill Road, Coseley WV14 8RD**

Telephone: **01902 445562**

Contact: **Cllr. Sue Ridney**

Activity	Day	Time
Mens Snooker Club	Tuesday, Wednesday & Thursday	12.30pm - 3.00pm
Sit and Sew User Led - can also include quilting when tutor available	Wednesday	1.30pm - 3.30pm
Watercolour Painting Club	Thursday	4.00pm - 6.00pm