



Daybreak Day Opportunities.

Join us for a full day of activities, friendship and good food.

Based at **Myles Court in John Street, Brierley Hill**, Daybreak offers a home from home environment for Day Opportunities for clients aged 60 and above.

A day at Daybreak, Myles Court, involves tea and toast on arrival, a morning activity, a three course home cooked lunch, finishing with an afternoon activity or a trip out followed by tea and homemade cake. Clients can also separately purchase a sandwich tea to take home with them. Come and try a free Taster session!

The cost of a day at Daybreak is **£29.50**

Visit us to see what you think. If you are interested for yourself or a family member please contact Mandy Hopeton, Daybreak

Co-ordinator on **01384 340608** or email mandy.hopeton@ageukdudley.org.uk
Monday to Friday, 8.30am to 4.30pm