

**You can help Age UK Dudley in the following ways:**

**Volunteer in your community**

With many volunteering roles you can give your time to make a difference to the lives of people in later life. For more information tel: 01384 356150.

**You can make a donation to**

Age UK Dudley in a variety of ways:

- Send a cheque made payable to Age UK Dudley
- Donate by mobile phone—text DUQW06 £amount to 70070
- Online - Visit [www.virginmoneygiving.com](http://www.virginmoneygiving.com) to donate by debit or credit card

**Shop online via**

[www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

**You can help us fundraise**

For more information:  
Tel: 01384 354668 or visit our website [www.ageukdudley.org.uk](http://www.ageukdudley.org.uk).



**Our Services**

You can find out more information about all of our services by calling 01384 354508 or visit our website [www.ageukdudley.org.uk](http://www.ageukdudley.org.uk).

**Comments, Compliments or Complaints:**

We welcome all comments and feedback about our Services.

Should you have any queries or concerns please do not hesitate to raise them with a member of staff.

Or contact us:

3 Dudley Court North  
The Waterfront  
Level Street  
Brierley Hill  
DY5 1XP

Email: [mail@ageukdudley.org.uk](mailto:mail@ageukdudley.org.uk)  
[www.ageukdudley.org.uk](http://www.ageukdudley.org.uk)  
Tel: 01384 354508



## The Good Neighbour Scheme *Volunteering*



## ***The Good Neighbour Scheme***

**Having someone to talk to on a regular basis can make a real difference, particularly if you are used to sharing your home and time with others.**

**Our volunteers befriend those who are housebound, or less mobile and who live alone.**

### **Can you help?**

Do you enjoy chatting with older people?

Can you spare at least one hour per week to chat to an older person who is feeling lonely and isolated.



**As a Good Neighbour you may choose to:**

- visit someone in their own home to have a chat and a cup of tea.
- be part of our Home Buddy service and visit someone who lives in Supported Accommodation or Residential Care.
- become part of our Telephone Buddy service, designed to offer friendship over the telephone from your home or our head office.

### **What does the role involve?**

- Having a friendly chat with an older person in their home or on the phone.
- Providing a listening ear.
- Keeping the older person informed about other services.

You will never be asked to provide personal care or undertake domestic tasks.

Age UK Dudley staff will offer you all the information, support and training you need to undertake the role.

All out of pocket expenses will be paid.



Joining our team is a great way to meet new people and have fun whilst putting something new back into the community.

**If you are interested and would like more information about volunteering please contact the Good Neighbour Team on:  
tel: 01384 354512  
email: [goodneighbour@ageukdudley.org.uk](mailto:goodneighbour@ageukdudley.org.uk)**