You can help Age UK Dudley in the following ways:

Volunteer in your community

With many volunteering roles you can give your time to make a difference to the lives of people in later life. For more information tel: 01384 356150.

You can make a donation to

Age UK Dudley in a variety of ways:

- Send a cheque made payable to Age UK Dudley
- Donate by mobile phone—text DUQW06 £amount to 70070
- Online Visit www.virginmoneygiving.com to donate by debit or credit card

Shop online via

www.easyfundraising.org.uk

You can help us fundraise

For more information: Tel: 01384 354668 or visit our website www.ageukdudley.org.uk.



Our Services

You can find out more information about all of our services by calling 01384 354508 or visit our website www.ageukdudley.org.uk.

Comments, Compliments or Complaints:

We welcome all comments and feedback about our Services.

Should you have any queries or concerns please do not hesitate to raise them with a member of staff.

Or contact us:
3 Dudley Court North
The Waterfront
Level Street
Brierley Hill
DY5 1XP

Email: mail@ageukdudley.org.uk www.ageukdudley.org.uk

Tel: 01384 354508



The Good Neighbour Scheme



The Good Neighbour Scheme

Having someone to talk to on a regular basis can make a real difference, particularly if you are used to sharing your home and time with others. Our Good Neighbour Scheme offers support to people who are housebound, or less mobile and who live alone. Our volunteer can visit you in your own home, or make regular telephone contact through our telephone buddy service.

We provide support in a number of ways:

- A sympathetic ear
- Confidential support
- Regular contact
- Easy conversation
- Keeping you in touch



Brenda and Brenda were both teachers and now enjoying each others company.

How does the scheme work?

If you find it difficult to get out and about, a friendly volunteer will visit you at home, or call you, to have a chat to see how you are getting on.

You can choose to receive a weekly visit, or telephone call at a pre-arranged time, by one of our friendly, trained and supported volunteers.

Who qualifies for the Good Neighbour Scheme?

We offer a free service to those who are lonely, receive few or no visitors, or you are only able to get out and about with the support of others . You must also be aged 60 or over and living within the Dudley Borough.

You could be:

- Living alone
- Living away from family
- Recently bereaved
- Receive few visitors
- Isolated from your community due to health problems
- Assessed as benefiting from the service



If you are interested and would like more information about the scheme, please contact the Good Neighbour Team on: tel: 01384 354512

email: goodneighbour@ageukdudley.org.uk