



Job Description

Home Support Worker

Main purpose of role:	To provide a home support service of high quality and standard to clients aged 50+ living in Dyfed.
Reports to:	Age Cymru Dyfed - Byw Adref Manager
Place of work:	Out in the community (client's home)
Hours of work:	Variable & flexible, around employee's availability
Rate of Pay:	£10.00 per hour

Age Cymru Dyfed provides a support service to clients aged 50+ in their own homes when they are no longer able to maintain their home to the standards they would like. Provision of this service is delivered to meet the client's needs and at an affordable cost.

Main Duties & Responsibilities:

- To undertake support as requested by and agreed with the client. These tasks will include general housework such as vacuuming, dusting, and polishing, mopping floors, cleaning baths, showers and toilets, cleaning inside windows, spring cleaning.
- Laundry work to include changing and making beds, washing, and ironing.
- Shopping duties if requested by the service user and agreed by the Byw Adref manager.
- Provide sitting/companionship service if requested.
- An ability to provide patient, positive encouragement to maintain client's independence where appropriate.
- Provide prompt, reliable, high-quality service to clients.
- Show sensitivity and an interest in the well-being of vulnerable adults.
- Ability to work independently and as an effective member of a team.
- Report back to the Manager any concerns regarding clients
- Attend training and information sessions as decided by the Manager.
- Comply with all Safeguarding, Health & Safety and Fire Regulations.
- Notify Manager immediately when unable to carry out services to clients.
- Provide medical certificate for illness lasting more than 7 days.

Post Covid-19 Guidance:

- If you or the client are showing any signs of Covid19, you must inform the office immediately on 01239 615556 and cancel a scheduled visit.
- All home support workers must carry out Coronavirus training, go the website - <https://greymatterlearning.co.uk/social-care-courses/coronavirus-course/>
- You will be provided with personal protective equipment, and this must be worn at all times. A new set will be used for each client and visit and disposed of safely. Please remember, gloves do not replace good hand hygiene practices in any case, and this remains the most important aspect of infection control. Washing hands for a minimum of 20 seconds or using hand gel with a minimum



60% alcohol content where hand washing is not possible, is essential. Masks are not compulsory at present, but you must wear one if the client asks you to.

- All clients need to be in another room whilst a particular room is being cleaned, social distancing must be always followed.
- No visitors to be in the home whilst cleaning is in progress.
- Household products, such as detergents and bleach should be used as these will be very effective at getting rid of the virus on surfaces. Frequently touched surfaces should be cleaned regularly.
- Personal waste (for example, used tissues, continence pads and other items soiled with bodily fluids) and disposable cleaning cloths can be stored securely within disposable rubbish bags. These bags should be placed into another bag, tied securely, and kept separate from other waste. This should be put aside for at least 72 hours before being put in the usual household waste bin for disposal as normal.
- If home support workers assist the individual with laundry, then they should not shake dirty laundry before washing. This minimises the possibility of dispersing virus through the air. Wash items as appropriate, in accordance with the manufacturer’s instructions. Dirty laundry that has been in contact with an ill person can be washed with other people’s items. If the individual does not have a washing machine, wait a further 72 hours after the 7-day isolation period has ended; the laundry can then be taken to a public laundrette. Items heavily soiled with body fluids, for example, vomit or diarrhoea, or items that cannot be washed, should be disposed of, with the owner’s consent.
- Do not empty commodes.
- You can undertake light shopping from a local shop on a client’s behalf but will not be permitted to take them out in the car or for a walk.
- To risk cross infection, guidance advises that once home, you put all clothes in the washing machine daily, and shower immediately.

Salaries will be paid monthly on the 25th of each month.

Travelling time in between clients will be paid at the rate of £10.00.

Travelling expenses may be paid if employee must travel over 5 miles from home to visit a client or between clients. Travelling will be paid at 45 pence per mile for every excess mile over 10 miles, round trip. You must make the journey viable to warrant expenses being paid.

Person specification	
Organised and methodical	Essential
A flexible, can-do attitude	Essential
A team player with good communication skills	Essential
Able to maintain good working relationships	Essential
Understanding of issues facing older people	Desirable
Welsh speaker	Desirable
Own transport	Desirable

This job description is intended as a summary of the main elements of the job described. They may be varied from time to time in consultation with the job holder without changing the general character of the duties or the level of responsibility entailed. Such variations are a common occurrence and cannot of themselves justify a reconsideration of the grading of the post.