



Ready to help Dyfed love later life?

A few key things to know

- You must be 18+
- This is a voluntary role
- Expenses can be claimed
- Trustee eligibility rules apply

For information contact:



Telephone

03333 447 874



Website

(about us → board of trustees)
www.agecymrudyfed.org.uk



Email

reception@agecymrudyfed.org.uk

If you'd like an informal, no obligation discussion about the role, we can arrange a phone chat to discuss the role further. Email us with your contact number and we can arrange this.

To apply, you can fill in a trustee enquiry form via the QR code



Become a trustee

Help Dyfed love later life

Want to make a real difference where it matters most? Join Age Cymru Dyfed, help shape brighter, more connected futures for older people across our local communities.

What's involved?

- 4 meetings a year (2.5 hours)
- Some light preparation
- Optional involvement in events
- Networking lunch after with other trustees (expenses paid)

you'll gain:

- A chance to make a meaningful impact
- New skills and experience
- Connections and friendships
- short online induction training



About our work

Age Cymru Dyfed operates across Pembrokeshire, Carmarthenshire, and Ceredigion, supporting individuals over 50 to maintain independence and make the most of later life by providing range of services:

- Information, advice, and assistance
- Digital support
- Home help
- Advocacy
- Dementia support
- Veteran support
- Befriending, events and activities
- Bereavement support



The difference we make (2025/6)

We are looking for people from a wide range of backgrounds to join our Trustee Board and contribute towards leading the Charity and delivery of services to the older people of Dyfed. Last year, thanks to people like you, we:

- Supported **1,529** people living with dementia & their carers
- Provided Mental health support for **250** people
- Connected **474** older people through befriending
- Helped **269** through additional community projects
- Helped **458** build digital skills
- Delivered information and advice to **2,185** people
- Secured **£2.3m** in unclaimed benefits



What you will bring

As a trustee you will make a difference to local community and through the wider Age UK Network, society. Trustees ensure a clear strategy, so work and goals align with our vision.

- Help set direction and priorities
- Ensure people remain at the heart of every decision
- Support strong governance and sustainability
- Be an ambassador for our work

You will need to bring:

- Fresh thinking, good judgement
- Willingness to contribute
- A desire to make a difference
- Strategic vision, creativity

We welcome people from all backgrounds, especially (but not necessarily) experience in finance, digital, legal or community work.