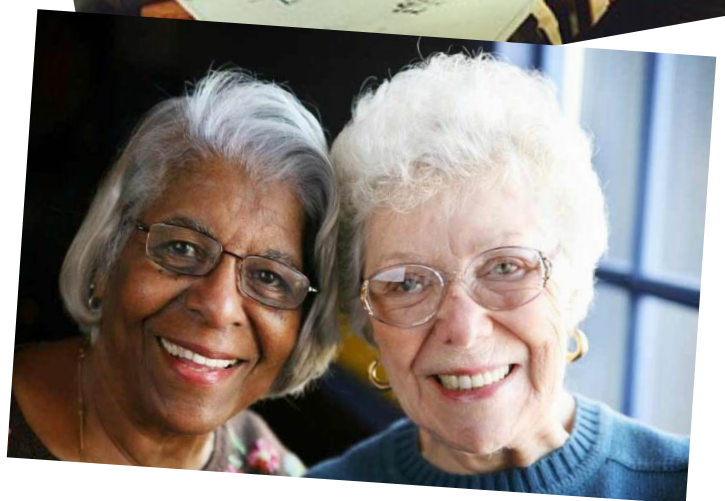


# ARE YOU AGED OVER 50 AND LIVE IN **TOWER HAMLETS**? WOULD YOU LIKE THE CHANCE TO HAVE YOUR SAY ABOUT SERVICES IN THE BOROUGH?

Your voice and opinion as an older person is the most important when it comes to planning services that affect your life.

Come along to the Older People's Reference Group for information, meet speakers from service providers to give your views about the services they offer. Take part in small discussion groups & attend special events. Meet other older people.

The Older People's Reference Group is here to listen to you, and to help you tell local health and other services what you want. We will work together with the borough and the health services to improve their services by listening to you and learning from your experiences.



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