



January Events at the Merchant Street Hub

Bow Road Methodist Church, 1 Merchant Street, Bow, E3 4LY

0208 981 7124, Ext. 3, Option 1

www.MerchantStHub.co.uk merchantsthub@ageukeastlondon.org.uk

Opening hours: Mon 9am - 3:45pm, Wed & Thurs 9am - 5pm



Thursday 8th:

Quiz & Trivia

2:30pm - 4:00pm, Free

Test your knowledge with this fun and friendly quiz—plenty of questions, a lot of laughs, and a bit of friendly competition!

Thursday 15th:

Stroke Group

10:30am - 12:30pm, £1

Support group for stroke victims and survivors

Afternoon Bingo

2:30pm - 4:00pm, £2

A fun-filled afternoon of Bingo, great company, and a range of prizes to be won!

Thursday 22nd:

Karaoke

2:30pm - 4:00pm, free

Join us for an afternoon of music, laughs, and sing-along fun - whether you're on the mic or in the crowd!

Thursday 29th:

Stroke Group

10:30am - 12:30pm, £1

Support group for stroke victims and survivors.

Merchant Street Forum

1:30pm - 2:30pm, Free

A chance for you to speak openly about your experiences at the hub and influence what we do next. Share ideas, raise issues, and help shape activities and services that truly reflect what matters to you.

National Puzzle Day Fun

2:30pm - 4:00pm, Free

Let's celebrate National Puzzle Day with brain teasers and riddles, crosswords, jigsaws and more! We'll keep our minds active and enjoy the challenges together.





November Events at the Merchant Street Hub

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Please turn over for events

