



NCC Carers Week Schedule

9th - 13th June 2025



MON 9TH

TUE 10TH

WED 11TH

THU 12TH

FRI 13TH

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| <p>Hand Massage 11:00 am - 12:30 pm</p> <p>Venue: NCC (See overleaf for address details) BOOKING REQUIRED</p> | <p>Pamper Day Massage 10:00 am - 5:00 pm</p> <p>Venue: NCC (See overleaf for address details) BOOKING REQUIRED</p> | <p>Information Fair 11:00 am - 1:30 pm</p> <p>Venue: St Marks Community Centre (See overleaf for address details)</p> | <p>Therapeutic Gardening 11:00 am - 12:30 pm</p> <p>Venue: Forest Gate Garden (See overleaf for address details)</p> | <p>Coffee Morning 11:30 - 1:00 pm</p> <p>Venue: NCC (See overleaf for address details)</p> |
| <p>Keyring & Brooch Making Workshop 12:30 - 2:30 pm Venue: NCC (See overleaf for address details) BOOKING REQUIRED</p> <p>Young Carers - Caring About Equality Session 4:00 - 6:30 pm Venue: East Ham Library</p> | <p>Online Quiz Test your knowledge and have fun, covering a range of topics 2:00 pm - 3:00 pm Zoom (See overleaf for Zoom details)</p> | <p>Online Playlist for Life Choose tunes you love to hear 10:00 am - 11:00 am Zoom (See overleaf for Zoom details)</p> <p>Young Carers - Carers Celebration Session 4:00 - 6:30 pm Venue: East Ham Library</p> | <p>Live Violin Session with international violinist Callum Smart</p> <p>Venue: NCC & Zoom 2:00 pm - 3:00 pm (See overleaf for address/Zoom details)</p> | |

For bookings and further info please
Email: info@newhamcarerscommunity.org.uk

Venue address's listed overleaf

VENUE ADDRESS LIST

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| 01 | NEWHAM CARERS COMMUNITY (NCC) | 655 Barking Rd, London, E13 9EX |
| 02 | FOREST GATE GARDEN | 136 Earlham Grove London, E7 9AD |
| 03 | St MARK'S COMMUNITY CENTRE | 218 Tollgate Rd, London E6 5YA |
| 04 | EAST HAM LIBRARY | 328 Barking Rd, London E6 2RT |
| 05 | ONLINE QUIZ ZOOM DETAILS | Meeting ID: 815 1830 5139 https://us06web.zoom.us/j/81518305139 |
| 06 | PLAYLIST FOR LIFE ZOOM DETAILS | Meeting ID: 889 5547 0742 https://us06web.zoom.us/j/88955470742 |
| 07 | LIVE VIOLIN SESSION ZOOM DETAILS | Meeting ID: 814 1456 6636 https://us06web.zoom.us/j/81414566636 |