

NCC Carers Week Schedule

9th - 13th June 2025

MON 9TH

Hand Massage
11:00 am - 12:30 pm

Venue: NCC
(See overleaf for address details)
BOOKING REQUIRED

TUE 10TH

**Pamper Day
Massage**
10:00 am - 5:00 pm

Venue: NCC
(See overleaf for address details)
BOOKING REQUIRED

WED 11TH

Information Fair
11:00 am - 1:30 pm

Venue:
**St Marks Community
Centre**
(See overleaf for address details)

THU 12TH

Therapeutic Gardening
11:00 am - 12:30 pm

Venue: Forest Gate Garden
(See overleaf for address details)

FRI 13TH

Coffee Morning
11:30 - 1:00 pm

Venue: NCC
(See overleaf for address details)

**Keyring & Brooch Making
Workshop**
12:30 - 2:30 pm
Venue: NCC
(See overleaf for address details)
BOOKING REQUIRED

**Young Carers - Caring About
Equality Session**
4:00 - 6:30 pm
Venue: East Ham Library

Online Quiz
Test your knowledge and have fun, covering a range of topics
2:00 pm - 3:00 pm
Zoom
(See overleaf for Zoom details)

Online Playlist for Life
Choose tunes you love to hear
10:00 am - 11:00 am
Zoom
(See overleaf for Zoom details)

**Young Carers - Carers
Celebration Session**
4:00 - 6:30 pm
Venue: East Ham Library

Live Violin Session
with international violinist
Callum Smart
Venue: NCC & Zoom
2:00 pm - 3:00 pm
(See overleaf for address/Zoom details)

For bookings and further info please
Email: info@newhamcarerscommunity.org.uk

Venue address's listed overleaf

VENUE ADDRESS LIST

01	NEWHAM CARERS COMMUNITY (NCC)	655 Barking Rd, London, E13 9EX
02	FOREST GATE GARDEN	136 Earlham Grove London, E7 9AD
03	St MARK'S COMMUNITY CENTRE	218 Tollgate Rd, London E6 5YA
04	EAST HAM LIBRARY	328 Barking Rd, London E6 2RT
05	ONLINE QUIZ ZOOM DETAILS	Meeting ID: 815 1830 5139 https://us06web.zoom.us/j/81518305139
06	PLAYLIST FOR LIFE ZOOM DETAILS	Meeting ID: 889 5547 0742 https://us06web.zoom.us/j/88955470742
07	LIVE VIOLIN SESSION ZOOM DETAILS	Meeting ID: 814 1456 6636 https://us06web.zoom.us/j/81414566636