



# NCC Carers Week Schedule

## 8th - 13th June 2026

**Bookings and further info:**  
info@newhamcarerscommunity.org.uk  
02039 543 143

MON 8th

### Unpaid Carers Information Fair

10:00 am - 12:30 pm

The Renewal Programme

BOOKING REQUIRED

### Young Carers Celebration

4:00 pm - 6:30 pm

East Ham Library

TUE 9th

### Pamper Day Massage

10:00 am - 5:00 pm

Durning Hall

BOOKING REQUIRED

### Carers Playlist for Life:

*Get together and listen to your favourite tunes in this fun & social online gathering.*

10:00 am - 11:00 am

Zoom

BOOKING REQUIRED

WED 10th

### Japanese Book Binding Workshop

10:30 am - 12:30 pm

NCC

BOOKING REQUIRED

### Quiz/Prize Bingo

2:00 pm - 4:00 pm

St Mark's & Zoom

BOOKING REQUIRED

### Young Carers Celebration

4:00 - 6:00 pm

East Ham Library

### Online Carers Rights Workshop

6:30 - 8:30 pm

Zoom

THUR 11th

### Seaside Coach Trip: Margate

All day

BOOKING REQUIRED

### Pamper Day

10:30 am - 3:00 pm

Sobco Trust

Contact 0208 548 0070 for bookings

FRI 12th

### Carers Morning: Tea & Chat

10:30 am - 12:30 pm

Forest Gate

### Yoga

2:30 - 3:30 pm

East Ham Library

& Zoom

BOOKING REQUIRED

SAT 13th

### Young Carers Funday

11:00 am - 2:00 pm

The Renewal Programme

Please turn over for event addresses



# VENUE ADDRESS LIST

01

**NEWHAM CARERS  
COMMUNITY (NCC)**

655 Barking Rd,  
London, E13 9EX

03

**DURNING HALL**

Durning Hall Community  
Centre, Earlham Grove,  
Forest Gate, E7 9AB.

06

**ST MARK'S COMMUNITY  
CENTRE**

218 Tollgate Road, E6  
5YA

02

**THE RENEWAL  
PROGRAMME**

395 High ST North,  
London, E12 6PG

04

**EAST HAM LIBRARY**

328 Barking Rd,  
London, E6 2RT

07

**SUBCO TRUST**

107-109 The Grove  
Stratford E15 1HP

05

**FOREST GATE  
COMMUNITY GARDEN**

136 Earlham Grove,  
London, E7 9AD



## Zoom Links

**CARERS PLAYLIST FOR  
LIFE DETAILS**

Meeting ID: 82048024505  
<https://us06web.zoom.us/j/82048024505>

**CARERS QUIZ/BINGO**

Meeting ID: 84399958156  
<https://us06web.zoom.us/j/84399958156>

**ONLINE CARERS  
RIGHTS WORKSHOP**

Meeting ID: 85317876638  
<https://us06web.zoom.us/j/85317876638>

**YOGA**

Meeting ID: 865 2465 2018  
<https://us06web.zoom.us/j/86524652018>