



NCC Carers Week Schedule

8th - 13th June 2026

Bookings and further info:
info@newhamcarerscommunity.org.uk
02039 543 143

MON 8th

Unpaid Carers Information Fair

10:00 am - 12:30 pm

The Renewal Programme

BOOKING REQUIRED

Young Carers Celebration

4:00 pm - 6:30 pm

East Ham Library

TUE 9th

Pamper Day Massage

10:00 am - 5:00 pm

Durning Hall

BOOKING REQUIRED

Carers Playlist for Life:

Get together and listen to your favourite tunes in this fun & social online gathering.

10:00 am - 11:00 am

Zoom

BOOKING REQUIRED

WED 10th

Japanese Book Binding Workshop

10:30 am - 12:30 pm

NCC

BOOKING REQUIRED

Quiz/Prize Bingo

2:00 pm - 4:00 pm

St Mark's & Zoom

BOOKING REQUIRED

Young Carers Celebration

4:00 pm - 6:00 pm

East Ham Library

Online Carers Rights Workshop

6:30 pm - 8:30 pm

Zoom

THUR 11th

Seaside Coach Trip: Margate

All day

BOOKING REQUIRED

Pamper Day

10:30 am - 3:00 pm

Subco Trust

Contact 0208 548 0070 for bookings

FRI 12th

Carers Morning: Tea & Chat

10:30 am - 12:30 pm

Forest Gate

Yoga

2:30 pm - 3:30 pm

East Ham Library

& Zoom

BOOKING REQUIRED

SAT 13th

Young Carers Funday

11:00 am - 2:00 pm

The Renewal Programme

Please turn over for event addresses



VENUE ADDRESS LIST

01

**NEWHAM CARERS
COMMUNITY (NCC)**

655 Barking Rd,
London, E13 9EX

03

DURNING HALL

Durning Hall Community
Centre, Earlham Grove,
Forest Gate, E7 9AB.

06

**ST MARK'S COMMUNITY
CENTRE**

218 Tollgate Road, E6
5YA

02

**THE RENEWAL
PROGRAMME**

395 High ST North,
London, E12 6PG

04

EAST HAM LIBRARY

328 Barking Rd,
London, E6 2RT

07

SUBCO TRUST

107-109 The Grove
Stratford E15 1HP

05

**FOREST GATE
COMMUNITY GARDEN**

136 Earlham Grove,
London, E7 9AD



Zoom Links

**CARERS PLAYLIST FOR
LIFE DETAILS**

Meeting ID: 82048024505
<https://us06web.zoom.us/j/82048024505>

CARERS QUIZ/BINGO

Meeting ID: 84399958156
<https://us06web.zoom.us/j/84399958156>

**ONLINE CARERS
RIGHTS WORKSHOP**

Meeting ID: 85317876638
<https://us06web.zoom.us/j/85317876638>

YOGA

Meeting ID: 865 2465 2018
<https://us06web.zoom.us/j/86524652018>