

ENFIELD DEMENTIA NETWORK

Listening and learning from people affected by dementia Dec 2024



SEASON'S GREETINGS

It's been a busy year at EDN and we'd like to thank you all for your commitment and participation in our awareness raising events and regular meetings.

As 2024 draws to a close, here's a round up of our activity in 2024 and some dates for next years meetings. I look forward to another year working together to achieve even more.

All the best

Alison

DEMENTIA AWARENESS WEEK MAY 2024

*This year was hectic. We created an action packed programme and delivered **11** events between 13th and 18th May, reaching over **300** people. Huge thanks to **Better, Age UK Enfield, MHA, RWC, Southgate Fire Station, The Greenery Palmers Green, Enfield Libraries, Tottenham Hotspurs Foundation, Chicken Shed, Home Instead, Dementia Prevention UK, North Middlesex University Hospital.***



PUBLICITY & MATERIAL

*We welcomed **Enfield Local Motion** as a member and Enfield Dispatch reported on our event held at Chicken Shed. Featuring Let's Dance Again film by Donna Marie. (See below)*

Age UK Enfield created and donated t-shirts and publicity material to support the cause. Home Instead printed our Dementia Action Week fliers and helped distribute them

<https://enfielddispatch.co.uk/making-enfield-dementia-friendly/>



Alzheimer's Awareness Month 1st - 30th September 2024

Sunday 1st September
What: Virtual Dementia Tour FREE
Where: Palmers Green Festival
Time: 10am - 2pm



Come and find out more about local dementia activities, services, and support. Meet local organizations that deliver support including: Home Instead



Thursday 5th September
What: Dementia Friends Awareness Session FREE
Where: Elsyng House,
Time: 10am -



Come and learn about signs, symptoms of dementia



Thursday 19th September
What: Alzheimer's Walk with Tottenham Foundation FREE
Where: Forty Hall, Forty Hill, EN2 9HA
Time: 11am -



Everyone is welcome to attend, wheel chair accessible



Saturday 21st September
What: Music for Memory Lunch Party
Where: Firs Farm Community Hub
Time: 12.30pm - 3pm £4 book a place
ffch@homecarepreferred.com
020 8004 1603



Monday 23rd September
What: Dementia Virtual Tour FREE
Where: Brookwater House
Time: 10.00am - 1.00pm and 1.30pm - 4.30pm
Booking required 0203 5409700



Monday 23rd September
What: Dementia Awareness & Chat
Where: Southgate Fire Station
Time: 2pm - 3pm



Thursday 26th September
What: Monthly Community Hub FREE
Where: Elsyng House,
Time: 3pm - 4pm



Friday 27th September
What: Silver Surfers Tech Hub FREE
Where: Enfield Town Library
Time: 11am - 12pm

ALZHEIMER'S AWARENESS MONTH

September was **Alzheimer's Awareness Month** and we created another ambitious awareness programme. We delivered **8** activities. **Home Instead** attended the popular Palmers Green Festival with a virtual dementia tour bus. **Firs Farm Community Hub** held a musical event with the **Enfield Mayor** in attendance. Thank you to **Enfield Council** for lighting up both Forty Hall and Enfield Civic Centre blue! Janice was busy leading Dementia Friends sessions across the borough. We reached over **500** people in person, this period throughout our awareness campaign. This is not measuring our social media awareness.

OUR 1ST DONATION

In July we had an unexpected generous donation from an individual which has significantly helped us to raise awareness. Thank you so much for your kindness This enabled us to fund, **Dementia Prevention UK** who have delivered 6 brain health sessions to over **140** people.

A **7 week course** at Albany Leisure Centre in partnership with **BETTER**. More dates to follow.

We've delivered **nutrition sessions** with **Cooking Champions** and **Rozali** for improving health and cooking for people with dementia. **Headway Sports** held 6 sessions at Dugdale Centre as an additional offer.

We've been able to support local **dementia cafes and memory clubs** to support their weekly activities.

We held our first **Living Well with dementia** conference, introducing new innovation through speakers, tasters and stalls. 120 people were squeezed in and we are super grateful to Park Avenue Resource Centre.



Enfield Dementia Network and ICAN Invite you



Living well with dementia

A day full of inspiration and innovation suitable for all



Wednesday 30th October 2024

10am- 3:30pm

(please arrive at 9:30am for registration)

Park Avenue Resource Centre,

65c Park Avenue,

Enfield, EN1 2HL

Bus stops: W8, 329 or 192 (6 minute walk)

Overground: Bush Hill Park Station (10 min walk)

Parking is available on resident streets for free

What next



*Our bi monthly meetings will continue on 2nd Tuesday of every month. Teams meetings will be sent out, and we kick off on **Tuesday 14th January 2025**.*

*Our new **Workstream Meetings** will be alternate months - and workstream members will feedback into the main meeting. Starting **11th February 2025**.*

Workstreams were developed from our planning meeting earlier this year, following the focus group held at Chicken Shed where we defined our priorities.

They are as follows

Workstream 1 - *Raising dementia awareness across the borough (Objective One) and ensuring information is accessible for all (Objective two)*

This will include supporting the implementation of new NCL ICB Dementia Friendly initiative and creating more Dementia Friends.

Workstream 2 - *Objective Three, raising awareness of how to reduce risk of developing dementia, Objective Four, ensuring timely and early diagnosis: and Objective Five : Contacting harder to reach communities.*

Local Launch of NCL ICB Dementia Friends

We're in discussion to film and photograph local partners receiving the new branded DF signage. We will be actively recruiting new members to sign up, pledge and be part of our ongoing work. A reminder to you all, if you haven't pledged to please do so and if you have Caroline will be in touch to see how you are progressing.

<https://nclhealthandcare.org.uk/get-involved/become-a-dementia-friendly-organisation/>

Age Well Champion Training

We invite all Enfield and Haringey organisations to sign the Age Well Pledge and commit to supporting the 50+ population in their borough [please click here to sign the Age Well Friends Pledge](#).

If you are a healthcare professional in Enfield and Haringey, or a senior leader working with 50+ groups, please register your interest in the Age Well Champion Training Programme. You can find all the relevant information here: [Age Well Champion Programme](#). To submit your EOI of a nomination, please use this

<https://share-eu1.hsforms.com/1BSdTwV6WScyA8FXnEr9c4wffdj8>