



Volunteering Opportunity Kitchen Assistant – Day Care Centre

What You'll Do

Work alongside the chef to help prepare and serve food for older people attending the centre. You'll assist with food prep, keeping the kitchen clean, and ensuring mealtimes run smoothly.

You will:

- Prepare ingredients (e.g. peel and chop vegetables)
- Help make tea and coffee trays
- Wash dishes and maintain hygiene standards
- Keep kitchen surfaces and equipment clean
- Organise supplies and groceries
- Interact respectfully with clients when appropriate

Skills You'll Use or Develop

- Willingness to learn food prep tasks
- Understanding of food hygiene (training provided)
- Organised and detail-oriented
- Good communication and teamwork
- Reliable and committed
- Suitable for those with or without catering experience

Time Commitment

2–4 hours between 10:00 am and 2:00 pm
(Weekdays)

Location: The Parker Centre, 6 Houndsfield Road, Edmonton, N9 7RA

Reports to: Day Centre Manager and Head of Care Services

How to Apply

If you're interested in this role or would like to find out more, please contact:

Email: volunteering@ageukenfield.org.uk

Phone: 020 8375 4120

Or visit our website: www.ageuk.org.uk/enfield/get-involved/volunteer/