



PREVENTION & EARLY INTERVENTION CONTRACTS



Supporting Unpaid Carers

Enfield Carers Centre

 0208 366 3677
 info@enfieldcarers.org
 www.enfieldcarers.org



Supporting unpaid carers with:

- Helpful Information
- Services to support you in your caring role
- Maximising your health and wellbeing
- Supporting loved ones with long term conditions

Advocacy & Inclusion

Local Enfield Advocacy Partnership (LEAP)

 0208 906 7505
 enquiries@leapadvocacy.org.uk
 www.mindeb.org.uk/services-for-individuals/advocacy/community-advocacy



Supporting you to:

- Understand your rights
- Make informed decisions about your health, care and wellbeing
- Appeal welfare benefit decisions
- Navigate services

Information & Advice, Digital Inclusion & Assistive Technology

Disability Advice Network Enfield (DANE)

 03333 440 034
 dane@enfieldcab.org.uk
 www.citizensadviceenfield.org.uk






Supporting you with:

- Information and advice (disability rights, welfare benefits, debt and independent living)
- Digital options
- Assistive technology guidance
- Planning for later life and mental capacity advice
- Wellbeing navigation and support to find/access activities and services

Early Intervention

United Community Assistance Network (UCAN)

 0208 375 4120
 ucanenfield@ageukenfield.org.uk
 www.ucanenfield.co.uk



Supporting you to:

- Get involved in activities, exercise and healthy eating
- Manage your health and wellbeing
- Manage long-term health conditions and falls prevention

Home From Hospital

Alpha Care Specialists

 0208 373 6328 or 6299
 info@alphacares.org.uk
 www.alphacares.org.uk/new-home-from-hospital



Supporting you to:

- Get back home from hospital
- Recover well at home through support with shopping, medication collection and light housework
- Maximise your health and wellbeing
- Be independent