



Volunteering Opportunity

Dementia Activities Facilitator

What You'll Do

Bring joy and stimulation to people living with dementia by planning and running creative, engaging activities at our day care centre. You'll use your imagination to create sessions that encourage connection, laughter, and participation through music, movement, theatre, storytelling, or arts.

You will:

- Plan and deliver fun and inclusive activity sessions for day centre members living with dementia
- Adapt activities to suit individual needs and abilities
- Encourage participation and build confidence among members
- Work alongside staff to ensure sessions run safely and smoothly

Skills You'll Use or Develop

- Creativity and the ability to engage people
- Good communication and interpersonal skills
- Patience, empathy, and understanding of dementia
- Organisation and planning skills
- Confidence leading small group activities

Time Commitment

Flexible – ideally a regular session each week.

Monday to Friday, between 10:00 am and 4:00 pm

Location: The Mabel Churn Centre, 55b The Sunny Rd, EN3 5EF

Reports to: Day care center manager

How to Apply

If you're interested in this role or would like to find out more, please contact:

Email: volunteering@ageukenfield.org.uk

Phone: 020 8375 4120

Or visit our website: www.ageuk.org.uk/enfield/get-involved/volunteer/